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Pete Christy will be the keynote speaker for the **<u>18<sup>th</sup> Annual Building Strong Families</u>** Parenting Conference taking place on October 24<sup>th</sup> from 9:00-2:30! In addition to our exciting keynote speaker the following topics will be covered in the sessions:

- **Toxic Stress**  $\checkmark$
- Substance Abuse  $\checkmark$
- Nutrition
- Power to Wait
- Parent Engagement
- **Special Needs**

- Dads
- Early Childhood Development
- **Texting & Driving**
- Cyberbullying
- **Family Violence**
- **Spanish Sessions**

Registration is limited: To register visit the "workshops" tab at <u>www.esc17.net</u> or call Sharon Bradley at 806-281-5701. More information on our website:

www.buildingstrongfamilieslubbock.org

Sponsored By: Amerigroup, Children's Connections Inc., Communities in Schools, DSHS Region 1, Family Guidance and Outreach Center of Lubbock, Lubbock ISD, Managed Care Center for Addictive/Other Disorders Inc., National Center for Parenthood Enrichment, Region 17 Education Service Center, Southwest Dairy Farmers, SPCAA Head Start & Early Head Start, Superior Health Plan, Texas A&M AgriLife Extension Service - Lubbock County, Texas Council for Developmental Disabilities, United Way Success By 6, YWCA of Lubbock There is a \$10 conference fee.



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