

# S4ir Up Some Fun at Kids Cooking School July 24 - 26, 2013

Come learn about nutrition, cooking fundamentals  
and healthy snacks in a hands on environment.

Cost: \$15.00 per child to cover materials and food supplies  
Kids age 8 and up are welcome to register for one of the 5-two hour sessions.

Each session will be held at 916 Main Street, 2<sup>nd</sup> Floor Auditorium

Please choose ONE session:

Wednesday, July 24: 10-12 noon OR 2 pm – 4 pm

Thursday, July 25: 10-12 noon OR 2 pm – 4 pm

Friday, July 26: 10-12 noon

**Registration and fee required by Friday, July 19, 2013**

Make checks payable to: "Lubbock FCS Fund"

Mail your Name, Phone Number, Session Choice and your \$15.00 payment to:

Texas A&M AgriLife Extension Service, Lubbock County

P.O. Box 10536

Lubbock, TX 79408

For More Information call 806-775-1680

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in Extension sponsored meetings are encouraged to contact the County Extension Office at 775-1680 to determine how reasonable accommodations can be made.

Educational program of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin  
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating