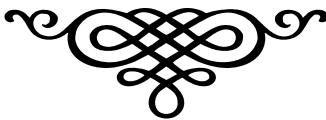


## 4-H Clothing and Textiles Project Lubbock County - Spring 2015

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Dear 4-H Family,

Your child is invited to participate in the 4-H Clothing and Textiles Project. Not all 4-H clubs have clothing project groups meeting, therefore there are a variety of county-wide activities that have been planned.



### What Is A Clothing and Textiles Project?

A "Project" is a series of educational experiences that 4-H'ers may participate in for in-depth learning about a specific project area. The "Project" may be conducted in a couple of sessions or all in one day. If your club does not currently have a project group meeting, you may form your own project group or project activities may be done on an individual basis. Please let me know if you have any questions or need assistance in coming up with project activities.

A variety of clothing and textiles project resources and materials are available from the Extension Office. Please check these out from Ronda.

### Opportunities

There are several experiences a 4-H'er can participate in that go along with the project. These include tours, demon-strations, project tables, and news articles. These activities may be done as a group or as an individual. Just write it down so that you can keep up with what is done for the project record form.

### What Can Parents Do?

Parents can assist in many ways. Contact your project leader or club manager and ask them if there is anything that can be done to assist. Also, be timely in taking and picking up your kids from project meetings. You will also need to assist your children in preparing their entry for the Fashion Show, if they choose to participate.



### Clothing and Textiles Objectives:

4-H'ers will:

- develop self-confidence and poise by enhancing personal appearance.
- develop skills in wardrobe planning, selection, storage and care.
- develop skills in purchasing clothing and accessories.
- learn sewing skills by making clothing for themselves and others.
- understand fibers, yarns and processes for making fabric.
- explore careers in clothing, textiles, and related fields.
- develop skills in evaluating garments quality, fit and fashion interpretation.

### PROJECT RECORD FORMS

Project record forms may be completed at the end of any 4-H project. At least one form is required to be turned in to be eligible for year end project and year pins. These forms are filled out at the beginning, during and at the completion of any 4-H project. Forms may be picked up at any time at the Extension Office. This is an excellent way for 4-H'ers to begin developing their record-keeping skills. Completed forms are also used in compiling the 4-H Record Book. Please call if you have questions.

## COUNTY-WIDE WORKSHOP



### “Beginner’s Sew Session” Workshops

For 4-H’ers who want to develop their sewing skills, we will be offering a series of “Sewing Workshops.” Projects take approximately 3-4 hours to complete. Four sessions will be offered on February 16 from 2-8 pm (this is a holiday for some schools - can come either at 2 pm or at 4 pm), February 24 - 4-8 pm, February 26 - 4 - 8 pm, March 2 - 4-8 pm, and March 11 - 4-8 pm. Sessions are limited to five 4-H’ers per session, and are available on a first-come/first sign-up basis; an adult must also plan on attending with the 4-H’er. 4-H’ers will leave with a completed project. Sign-up for sessions will begin on February 13, by calling Ronda at 775-1740.

The project we will be constructing will be a straight skirt. For any boys who want to participate, please contact Ronda to determine a project. We will schedule all boys on a separate evening. We will not be taking a dinner break, so you will want to bring your own snacks!

The finished skirt may be entered in the County Fashion Show for Junior and Intermediates in the Everyday Living category.

### *What should you bring?*

For the skirt:

- one yard of coordinating cotton or cotton/polyester fabric; more or less dependent upon the child’s size, discuss with Ronda for specifics
- matching thread
- ½" elastic (enough to go around waist) - sewing machines are available; however if you want to sew on your own machine, please bring it.

We do have sewing kits (include scissors, pins and measuring tapes) available for you to use, so you don’t have to go purchase these items.

## 4-H FASHION STORYBOARD CONTEST AND WORKSHOP

The 4-H Fashion Storyboard is an industry-inspired method of displaying of original designs. The storyboard “tells the story” of the designer’s idea. The storyboard includes original illustrations and flats, as well as, additional materials (such as photos from the internet or magazines, paper, fabric swatches, patterns, etc.) that have influenced the unique design.

The purpose of the Fashion Storyboard contest is to give 4-H members an opportunity to create a storyboard of their original design. It also provides the members an opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator, enhance creativity and originality, and develop visual communication skills.

This years theme is: “Inspired by Art.”

A county-wide workshop to begin developing your Storyboard entry will be held on Saturday, March 7 from 9:30 am - 12 pm at the County Extension Office. Some decorating materials such as fabric and paper will be provided, however 4-H’ers must bring the following: 20" by 30" foam core or mat board, scissors, and modge podge/brush; other items to bring include fabric scraps, fashion magazines, decorative scissors, colored/scrapbook paper. Please RSVP to the Extension Office by March 4, if you plan to participate. To learn more about 4-H Fashion Storyboards, you may want to visit the state website at: <http://fcs.tamu.edu/clothing/4h/packet/index.php>. We will also have a county contest this year for Storyboard entries. They are due to the County Extension Office by Wednesday, March 20; all entries will then advance to District.



## COUNTY-WIDE CLOTHING TOUR

Mark your calendars for Thursday, March 19; we have two great tours lined up 2-5 pm. We are waiting for tour confirmation, but you'll enjoy these tours and learn a lot.

Please RSVP to the Extension Office by Wednesday, March 18, if you plan to attend. Please check the 4-H Facebook page for specific information on tour locations or call and sign up. We will then notify those on the tour list, where the locations will be.



## DUDS TO DAZZLE

This year we have a new 4-H clothing competition. It is the clothing and textiles answer to food challenge. The Duds to Dazzle competition utilizes the 4-H'ers knowledge and skills learned in the clothing and textiles project, while increasing their awareness of the impact of the clothing industry on the environment. In this competition, teams consisting of 3-5 4-H'ers, will redesign and repurpose discarded garments or textiles into new, viable consumer products. The three categories include: wearable, non-wearable and accessory/jewelry. Team members must furnish their own equipment kit for the competition (we currently have two kits available through the County 4-H Program.) If you haven't seen the practice round for this competition yet, please visit with Ronda to find out the specific details. This will be a District and State qualifying competition. We will have a county competition for qualification for District. Only two junior/intermediate and two senior teams will be able to advance to District.

The County competition will be held on Monday, March 30 at 5 pm at the County Extension Office. Please sign up your team by Monday, March 23, by call the Extension Office - 775-1740. This is a great project to let your creativity flow!

## SENIOR SEW SESSIONS

For experienced clothing project members or Senior 4-H'ers we will have two senior sewing sessions with Ronda on Tuesday, February 17 and March 10 from 4-8 pm. Contact Ronda by February 16 to sign up to attend and then bring your pattern and fabric and we'll get your outfit made for the County Fashion Show!

## COUNTY FASHION SHOW

This is an optional activity, in which 4-H'ers construct or purchase a garment and participate in an interview with judges to demonstrate what they have learned through their project.

**WHEN:** Monday, March 23 (judging to begin at 5:00 pm.)  
Awards Program held following completion of judging.

**WHERE:** Lubbock County Extension Office

**ENTRY DEADLINE:** Friday, March 12, 5 pm

If you have special circumstances for judges times, please contact Ronda as soon as possible so that we can make changes as possible.

*According to UIL rules for extra-curricular activities, 4-H'ers must meet school eligibility requirements in order to participate in any competitive event.*

## AGE DIVISIONS

Junior - 3rd grade or 9 years old as of August 31, 2014 and not 11 as of August 31.

Intermediate - 11 years old as of August 31, 2014, and not 14 as of August 31.

Senior - 14 years old as of August 31, 2014, and not 19 years old as of August 31.

Clover - age 5-8 (but not in 3<sup>rd</sup> grade); may participate, but do not advance to District.

## **SENIOR CATEGORIES**

**CONSTRUCTION** (all garments visible must be constructed):

- Casual Everyday Living: includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends
- ReFashion: result of modifying existing clothing or fabric item into something more fashionable; main purpose is creativity and sewing skills; member designs and sews a wearable garment from previously used garments or fabric items; completed garment is different from original use - not just an alteration; (examples: neck ties sewn together for a skirt or old t-shirts made into a skirt;) Must submit a before and after picture of garment entered.
- Semi-formal to Formal: Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same; original material must be fabric and not from recycled items;
- Theatre/Costume: garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable;

**BUYING** (all garments that are visible, must be purchased and included on the buying worksheet;

Business/Interview Attire: entry should be an outfit you would wear for a job interview, scholarship interview, job fair or other professional event. 1. Professional - more traditional, conservative approach; e.g. business suit or blazer, tie and dress slacks for men; business suit, pantsuit, or jacket and dress for women; 2. Business Casual - this trend is more relaxed and comfortable but demonstrates good judgement in choices and displays a neat appearance; e.g. polo shirt with a collar or sweater, khakis or other slacks, dress; moderate length dress or skirt for women;

Fantastic Fashions Under \$25: category designed to expand 4-H'ers shopping experience to include different shopping venues; Outfits must be purchased at a garage sale, consignment sale, Goodwill, Salvation Army or other retail business. Receipts are required for everything that is visible during the interview, except shoes - including accessories; receipts from garage sales may be handwritten; do not need to account for sales tax;

Semi-Formal to Formal: entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. This includes men's suits and tuxedos and women's dressy dresses, formal gowns, wedding dresses, and bridesmaid dresses;

Special Interest: entry should be a specific outfit that you NEED to know how to purchase wisely; should be something that reflects a special interest of the participant such as equestrian clothing and riding apparel, dance costumes, hiking clothing or rock climbing clothing.

### **NATURAL FIBERS:**

Cotton - each garment entered must contain a minimum of 60% cotton; may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.

Wool/Mohair/Alpaca - Each garment entered must contain a minimum of:

- 60% wool and 40% other fiber.
  - 60% mohair and 40% other fiber.
  - 60% blend of the two fibers and 40% other fiber.
  - 100% wool/mohair blend is also acceptable;
- may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.



## **JUNIOR and INTERMEDIATE CATEGORIES**

(a minimum of one garment is all that is necessary to enter the construction or buying category - participant must specify on entry form garment to be judged)

### **CONSTRUCTION:**

- Casual Everyday Living, Dressy, Theatre/Costume, or ReFashion and Embellished/Recycled
- refer to above category descriptions,
- Dressy: ensembles to be worn to church, dinner

dates, theater, banquets, job/scholarship interviews.

- ReFashion or Embellished/Recycled: any purchased or constructed garment that has been embellished with various trims, beads, paints, etc. or has been re-made for another purpose or look. Iron-ons are allowed if used with other embellishments; no additional items may be carried except for props. Must submit a before and after picture of garment.

**BUYING:**

- Casual Everyday Living, Fantastic Fashions Under \$25, Dressy, or Special Interest;  
- refer to above category descriptions;

**CLOVER:**

- may participate with constructed purchased, or embellished/recycled garment.  
-only participates at the county level.

**ENTRY REQUIREMENTS**

**SENIORS**

- Entry Form with Narration  
- Construction or Buying Division Worksheet (may be picked up from the CEO or downloaded from the County website under 4-H publications, must be submitted with entry)

**JUNIOR AND INTERMEDIATE**

- Entry Form with Narration

**CLOVER**

- Entry Form with Narration

Entry materials for the Fashion Show are due no later than 5:00 p.m. on Friday, March 13, to the County Extension Office.

Entry form is included with this newsletter.

**4-H PROJECT SHOW**

This year we will again have a project show for both County and District (tentative), held in conjunction with the County and District 4-H Fashion Shows. For District, members will compete in appropriate age divisions: Junior, Intermediate, Senior and Clover; for County we will not have specific age divisions.

Categories will include:

- Yarn: Crocheting, Knitting and Weaving
- Counted Cross Stitch
- Sewing: Apron, Pillow/case, Household, and Personal Use
- Quilting: Machine Pieced Quilt - Hand Quilted and Machine Pieced Quilt - Machine Quilted
- Crafts: Holiday, Wood Working, Leather Work, Jewelry, Paper Work, Home Decor and Misc.
  - Embroidery: Hand Embroidery, Machine Embroidery
  - Art Work: Drawing - Black and White, Color; Painting - Oil, Water Colors

This is a total of 21 categories that may be entered. All entries for District must participate at the County level; for County there isn't an entry fee, however for District there is a \$12 entry fee per participant (may enter 1 or up to 21 categories).

There are two entry forms at the end of this newsletter, you may copy and use them for county entries.

Entry Information: for County, entries will be taken from 5-5:30 pm on March 23, during Fashion Show Judging; awards for 1<sup>st</sup> - 3<sup>rd</sup> place will be given during the County Fashion Show. You do not have to participate in the Fashion Show to enter the project show. It is the 4-H'ers responsibility to enter their items in the District Project Show. Entries will be taken on Tuesday, April 14 from 4-4:30 pm at Christ the King (District Fashion Show Location) and the entry fee will be paid by the member at that time. An entry form is also included for your convenience; for District, members also need 3 printed labels for each item entered (similar to what is done at the Fair). Label should include: Name, County, Age Division and Category Information.

Any District Contest updates will be posted on the County 4-H Facebook page.



## **COUNTY-WIDE CLOTHING PROJECT COMMUNITY SERVICE**

This year we will conduct the Clothing Community Service during the County 4-H Fashion Show. We will be making blankets for the “Night Night” project sponsored by the Working Warriors 4-H Club. If each family will bring 1 ½ yards of fleece and scissors (we will match fabrics here to make the blankets). While we have down time during the Fashion Show, 4-H’ers can cut the strips and then tie the pieces together to make a blanket.

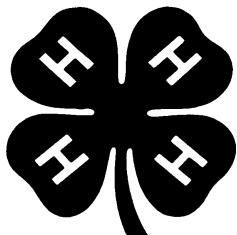
## **OTHER CLOTHING RELATED OPPORTUNITIES**

### **Public Speaking/County 4-H Roundup**

There are several other opportunities for a 4-H’er to continue their clothing and textiles activities. In the Public Speaking project, a 4-H’er may put together a demonstration or illustrated talk. There are a variety of categories available for almost any educational subject matter, including clothing and textiles or even being a consumer (and using those shopping skills). A Public Speaking Project training will be held in March to help you in preparing the speech. Be sure to look for it in the March 4-H Newsletter.

### **4-H Recordbooks**

There is also a clothing and textiles recordbook category. In submitting the recordbook for this category, a 4-H’er would include all of their information related to their clothing and textiles activities, as well as other 4-H projects. Check out the March 4-H Newsletter for the next Recordbook training, if you haven’t been to one yet.



## **District Fashion Show Narrator Contest**

Senior 4-H’ers may also apply to serve as a narrator for the District 4-H Fashion Show which will be held on Tuesday, April 14. To apply 4-H’ers must submit an application and an audio tape using a selected narration. Information is available from the County Extension Office. Entry materials for the Narrator Contest are due by March 30, to the Bailey CEA-FCS.

## **DISTRICT 4-H FASHION SHOW**

4-H’ers placing first in their age division category at the County Fashion Show are eligible to compete in the District 4-H Fashion Show which will be held in Lubbock on Tuesday, April 14. For this competition, 4-H’ers participate in the same process as at county.

First place winners in the senior age category will advance to the State 4-H Fashion Show which is held during State 4-H Roundup in June.

## **District Educational Exhibit**



All 4-H’ers are invited to set up an exhibit or display related to clothing and textiles at the District 4-H Fashion Show. Exhibitors must provide their own table or easel and set the exhibit up themselves and take it down by 7 pm. Applications to participate in the exhibit are due to the Extension Office by Wednesday, April 8th.

## **Texas 4-H Trashion Show**

Intermediate and Senior 4-H’ers (up to 4 team members) may design their own wearable fashion garment out of recycled materials. Groups will design a garment and then upload a video through YouTube to state for judging by April 1. Ten entries will be selected to compete at State. The District 2 4-H Fashion Show will host anyone who wants to exhibit their garment at the District Fashion Show. Please let Ronda know if you would like to exhibit at the District Fashion Show. Check out the State 4-H Clothing website for contest rules.

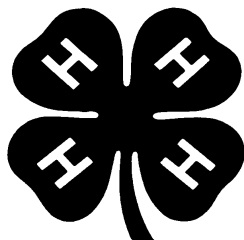
## TOP 10 REASONS TO PARTICIPATE IN THE COUNTY 4-H CLOTHING PROJECT

- 10 - It is a reason to go shopping!
- 9 - Learning how to sew!
- 8 - Explore your creativity!
- 7 - Learn how to care for your skin!
- 6 - Improve your posture, self-esteem and self-confidence.
- 5 - Develop your public speaking skills!
- 4 - You might learn something new!
- 3 - Do something different!
- 2 - Make your clothes or accessories!
- 1 - You'll have a great time!

Please give me a call or make an appointment to come in and visit with me if you have any questions.

Sincerely,

*Ronda Alexander*  
 Ronda Alexander  
 CEA 4-H



The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_  
 4-H Club \_\_\_\_\_  
 Age Division:  
 Clover  Intermediate   
 Junior  Senior   
 Will Enter at District

Embroidery: Hand Embroidery   
 Machine Embroidery

Yarn: Crocheting   
 Knitting   
 Weaving

Counted Cross Stitch

Sewing: Apron   
 Pillow/case   
 Household   
 Personal Use

Machine Pieced Quilt: Hand Quilted   
 Machine Quilted

Crafts: Holiday   
 Wood Working   
 Leather Work   
 Jewelry   
 Paper Work   
 Home Decor   
 Misc.

Art Work: Drawing (black & white/color)   
 Painting (oil/water color)

## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_  
 4-H Club \_\_\_\_\_  
 Age Division:  
 Clover  Intermediate   
 Junior  Senior   
 Will Enter at District

Embroidery: Hand Embroidery   
 Machine Embroidery

Yarn: Crocheting   
 Knitting   
 Weaving

Counted Cross Stitch

Sewing: Apron   
 Pillow/case   
 Household   
 Personal Use

Machine Pieced Quilt: Hand Quilted   
 Machine Quilted

Crafts: Holiday   
 Wood Working   
 Leather Work   
 Jewelry   
 Paper Work   
 Home Decor   
 Misc.

Art Work: Drawing (black & white/color)   
 Painting (oil/water color)

# LUBBOCK COUNTY 4-H FASHION SHOW ENTRY FORM

Entry Form Due to CEO by March 13, 2015

Name \_\_\_\_\_

Address \_\_\_\_\_ City, Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Date of Birth \_\_\_\_\_

School Name \_\_\_\_\_ Principal's Name \_\_\_\_\_

4-H Club \_\_\_\_\_

Description of Fashion Show Entry \_\_\_\_\_

## Division:

Junior \_\_\_\_

Construction: Casual Everyday Living \_\_\_\_ \*ReFashion/Embellished/Recycled \_\_  
Dressy \_\_\_\_ Theater/Costume \_\_\_\_

Buying: Casual Everyday Living \_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_  
Dressy \_\_\_\_ Special Interest \_\_\_\_

Intermediate \_\_\_\_

Construction: Casual Everyday Living \_\_\_\_ \*ReFashion/Embellished/Recycled \_\_  
Dressy \_\_\_\_ Theater/Costume \_\_\_\_

Buying: Casual Everyday Living \_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_  
Dressy \_\_\_\_ Special Interest \_\_\_\_

Senior \_\_\_\_

Construction: Casual Everyday Living \_\_\_\_ \*ReFashion \_\_\_\_  
Semi-Formal to Formal \_\_\_\_ Theater/Costume \_\_\_\_

Buying: Business/Interview Attire \_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_  
Semi-Formal to Formal \_\_\_\_ Special Interest \_\_\_\_

Natural Fiber: Cotton \_\_\_\_ Wool/Mohair/Alpaca \_\_\_\_

\* Before/After Photo Required for entry \_\_\_\_

Clover Kid \_\_\_\_

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NARRATION: Please keep to less than 30 words. List name, parents, county and one thing about 4-H/favorite thing about 4-H/or something you are looking forward to.)

EXAMPLE: Rae Johnson, daughter of Jim and Sue Johnson of Lubbock County has really enjoyed her first year in the clothing project and learning how to cover buttons. (List

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