



# Lubbock County 4-H News



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January - February, 2017

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## Welcome Cathy

If you haven't met Cathy yet, be sure to introduce yourself the next time you come by the Extension Office. We are pleased to have Cathy Perez join our staff as the new Receptionist.

## 4-H ENROLLMENT REMINDER

If you are receiving this 4-H Newsletter, you are an official enrolled member in 4-H. With the changes as of September 1, an enrollment fee of \$25 per year is now required for all 4-H members. (Clovers do not have to pay an enrollment fee.) Enrollment is now done only "on-line through 4-H Connect." Youth may join at any time through this online process. Please remember that to compete or participate in any 4-H project meeting, activity, club meeting or contest – all youth must be official 4-H members.

## DISTRICT GOLD STAR BANQUET RECOGNIZES WINNERS

District 2 Gold Star winners were recognized at the 59<sup>th</sup> Annual Gold Star Awards Banquet on November 21 at the Frazier Alumni Pavillion. Lubbock County 4-H'ers recognized were: Andi McMillin, Carolyn Benitez, Marisa Pesina and Mary Kathryn Paxton. Donna Smith was also recognized as the Distinguished Leader Award recipient.

## 4-H TEENS

### Teen Council

All Lubbock County 4-H'ers, age 13 and older, are invited to participate on the Lubbock County 4-H Teen Council. The Council is made up of officers elected from the prior years membership, delegates from each 4-H club in Lubbock County, and any other youth who are interested in participating in Council activities. The next meeting

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.  
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

will be held on **Monday, January 23 at 6:30 p.m.** at the County Extension Office, 916 Main Suite 201. For February, we will participate in the community service activity serving as hosts at the Meals on Wheels Mardi Gras, there will not be a regular monthly meeting. To assist with the Meals on Wheels Community Service, 4-H'ers must sign up at the January meeting.

#### 4-H CLOVER PROJECT MEETING

It isn't too late to get started with the 4-H Clover project meetings! Our next meeting will be held on **Wednesday, January 11 at 5:30 p.m.** at the County Extension Office. This month's project focus will be on Photography. Please RSVP by *January 9* if you plan to attend. There isn't a cost to participate, however youth must be enrolled as a "Clover 4-H'er." For February we will meet on **Wednesday, February 15 at 5:30 p.m.**

#### 4-H PARENT LEADERS ASSOCIATION

Membership of the Lubbock County 4-H Parent Leader's Association is open to all parents, adults and leaders, and anyone else interested in the Lubbock County 4-H program. Many important activities and events are planned and discussed at these meetings. Your attendance and participation will ensure that you are aware of all of these happenings. The 4-H Program is dependent upon our parents and leaders to keep going; we need your assistance and input at these meetings. Meetings are normally held on the 3<sup>rd</sup> Monday of every month. Our next meeting will be held on **Monday, January 23 at 6:30 p.m.** at the County Extension Office, 916 Main Suite 201. We will not meet in February.

#### CAPITAL CITIZENSHIP TOUR

Our next planning meeting for the Capital Citizenship Tour (Washington D.C.) will be held on **Monday, January 23 at 6 p.m.**, prior to the Teen Council and Parent Leaders Association meetings. We will also be planning some fundraisers at this time to offset costs for 4-H'ers attending. At this time (or by February 1st) your \$100 deposit will be due for your reservation for the tour. 4-H'ers ages 13 and older may attend the trip without a parent chaperone; anyone younger must have a parent with them. Our estimated cost is about \$1,000 per person; however the number staying your hotel room will determine the final cost (a family of 2 or 3 will pay for each night - if you are sharing with someone else, then the room cost will be split). We are using a travel agent to try to keep costs to a minimum. Airline reservations and hotel costs will be booked on February 1, and may require further payment/deposits. Our estimated travel will be for 5 days and 4 nights, somewhere between July 14 and July 21, depending upon airline and hotel costs (booking

airlines and hotels are usually cheaper on some dates than others.)

#### TEXAS TECH BASKETBALL GAME OPPORTUNITIES

Texas Tech is offering two basketball games for 4-H'ers to attend in February at a reduced cost. Please see the attached flyer for ticket reservation information. Be on the lookout for further opportunities with the Texas Tech Athletic programs.

#### SCHOLARSHIPS

##### *Aubrey W. Russell 4-H Scholarship*

The Aubrey W. Russell Scholarship is a \$600 scholarship to assist a worthy District 2 4-H member to attend a college or university in the South Plains District (2) to major in home economics or a related field. An additional scholarship(s) may be awarded if there are two or more eligible applicants and contributions are adequate. The scholarship is awarded as follows: \$300 for the Fall semester following the judging, and \$300 for the Spring semester following judging.

##### Donors:

This scholarship fund is made up of voluntary contributions from Family and Community Education Clubs, individuals, and other groups in the Extension South Plains District (2).

##### Eligibility:

1. Has completed or is enrolled in the third year of 4-H in the South Plains District.
2. Has not previously won this scholarship.
3. Plans to major in home economics or related field, including education, food technology, or pre-nursing.
4. Plans to attend (or is attending) a college or university in the South Plains District that offers a pre-home economics degree or bachelor's degree in home economics or related field, as mentioned above.
5. Plans to attend the Fall and Spring semesters following scholarship judging.
6. Meets entrance requirements at the selected college or university.

##### Materials to be Submitted:

1. A completed 2017 Aubrey W. Russell 4-H Scholarship Application Form (abbreviated copy). Available from the Extension Office.
2. One copy of high school transcript or college transcript, if applicable.

##### Due Date:

The application materials are due to the Lubbock County Extension Office by *February 15, 2017*. Let us know if you are interested.

### ***TX 4-H Foundation Scholarship***

Texas 4-H Scholarship applications are due to the County Extension Office by *Monday, January 30*.

Qualifications for submitting a 4-H Foundation Baccalaureat Scholarship application include: Texas resident who will graduate from a Texas high school during the 2016-2017 school year, has a minimum SAT score of 1350 (old score) or ACT score of 19, has passed the TAAS/TASP test and plans on attending a Texas college or university. If you have any questions, please give us a call. A completed FAFSA is also required.

There are two other categories of 4-H Foundation Scholarships. These include: Technical-plan to attend a technical school for specialized training; and Courageous Heart - nominated by an individual or leader, must have documentation of overcoming a life obstacle such as medical, family or education (may not be nominated by a relative). Applications may be picked up from the Extension Office or from the State 4-H Website. Please contact Ronda if you need assistance or have questions.

### ***TEEA 4-H Scholarship***

The Texas Extension Education Association is once again offering on \$1,000 scholarship in each Extension district (total of 12) for deserving Texas 4-H members.

The eligible requirements for those applying are:

- Be a United States citizen.
- Be currently an active senior 4-H member in good standing with county 4-H program for the last four (4) years.
- Demonstrate leadership and personal development through 4-H.
- Will attend an accredited institution of higher learning: university, community college, trade or technical school in fall following judging.
- Have not passed 19<sup>th</sup> birthday before January 1 of current year.
- Have not previously received the State TEEA scholarship.
- Complete a Texas 4-H Recordbook (updated through previous year's Texas 4-H Recordbook judging deadline).
- Complete TEEA 4-H Scholarship Application and provide other required materials.

Application submission process includes:

1. Postmarked on or before *February 15*, submit to the county AgriLife Extension office in a manila envelope:
  - ❖ Envelope labeled with the applicant's name and county.
  - ❖ Only a black and white copy of Texas 4-H Recordbook from the previous year's Texas 4-H Recordbook judging deadline of August 31 accepted.

- ❖ Official high school transcript with ACT and/or SAT scores included.
- ❖ Completed TEEA 4-H Scholarship Application.
  - ❖ Two letters of recommendation: one from a county Extension agent or 4-H club manager and one from a teacher, employer, or community leader (not a relative).
- 2. If the applicant wants these materials returned, include a postage-paid, self-addressed envelope and letter of request.

Deadline for submission to County Extension Office is *February 15, 2017*.

Additional information and application for this scholarship and for all Texas 4-H Scholarships are posted on line at: <http://teea.tamu.edu/manual/chapter12.pdf>

### ***TEEA Alumnae Young Adult Scholarship***

The number of scholarships and the amount are dependent on availability of funds. Funds for the scholarship are raised by donations, memorials, and fundraisers by members of the Alumnae Committee. Anyone may contribute to this scholarship fund.

#### **General Information**

1. The applicant must be a former 4-H member **or** the son/daughter or grandson/granddaughter of a current TEEA member.
2. The applicant must be between the ages of 19 and 24 at the time of application.
3. Applications are available from County Association Chairs, District Directors, and the Chair of the Alumnae Committee. A copy of the application is also located in the TEEA Manual (Chapter 12) and on the TEEA website (<http://teea.tamu.edu/manual/chapter12.pdf>).
4. Applications are due by *March 1* to the Chair of the TEEA Alumnae Committee.
5. Applications will be judged at the TEEA Spring Board meeting and winners will be notified after the meeting.
6. The applicant must remain a full-time student, or the amount will be returned to TEEA.
7. The scholarship may be applied for use at the beginning of the school semester and used as needed.

### ***Lubbock County Parent Leaders Scholarship***

The Lubbock County Parent Leaders Association and South Plains Fair are sponsoring a Scholarship program for 4-H youth completing their Senior High School year. These applications are due to the County Extension Office the same time record books are due. The information needed covers three years of your Senior 4-H career with the final year being your Senior High School year. If you did not receive a form, or have misplaced yours, contact the County Extension Office to receive another form. The form is your responsibility to complete the required items and to keep track of.

**2017 AWARDS PACKET**

The Lubbock County 4-H Awards Packet is available now on the Lubbock County website, under 4-H Publications. The packet includes information about available awards as well as guidelines. Please review the packet, noting that Recordbooks (what you submit to be considered for an award) are due *June 26, 2017*. Several Recordbook trainings will be held this Spring to assist you in completing a recordbook - be on the lookout for these upcoming dates.

**4-H RECORDBOOKS**

A beginner's training has been scheduled for **Monday, January 30 at 6:30p.m.** at the County Extension Office. Trainings will be scheduled once a month for March, April, May and June. Club managers are also welcomed to schedule a training just for your club members. *Please RSVP to CEO (775-1740) by Monday, January 30.*

An Advanced Recordbook Training will be held on **Wednesday, February 22** at the CEO at 5:30 p.m. This training is for those who have several years of practice with Recordbooks and want to have a more competitive Recordbook - as well as for Senior 4-H Competitions.

**LUBBOCK COUNTY 4-H ON-LINE**

If you lose your 4-H newsletter, there's still hope. You may now access the 4-H newsletter as well as various other sources of information at: <http://lubbock.agrilife.org/>

**ARE YOU A MEMBER ?**

The Texas 4-H Friends and Alumni Association would like to have you as a member! To find out more about them, visit [www.texas4hfriends.org](http://www.texas4hfriends.org)

**2017 BEEKEEPING ESSAY CONTEST**

For the 2017 essay contest, the essay topic is: ***"How can MP3 more effectively protect honey bees from pesticide exposure?"*** The contest is open to active 4-H club members only. 4-H'ers who have previously

placed first, second, or third at the national level are not eligible; other state winners are eligible to re-enter.

Individuals must send all essays electronically to the Texas 4-H and Youth Development Program by **January 27, 2017**. More information is available at: <http://texas4-h.tamu.edu/projects/entomology/>

**LUBBOCK COUNTY 4-H HANDBOOK**

It is online and accessible for all! The 4-H Handbook is located online at the county website (<http://lubbock.agrilife.org/>); it is located under the publications tab - in its own 4-H Handbook section. The following sections are currently available: 4-H Calendar, 4-H Facts, 4-H Fundraisers, 4-H Projects and 4-H Websites.

**4-H PROJECTS****CLOTHING AND TEXTILES PROJECT*****Clothing Leader Training***

The 4-H Clothing Project Leader Training will be held on **Tuesday, January 24 at 5:30 p.m.** at the County Extension Office. Our training topic will be "Clothing Community Service Activities." Plans for clothing project activities will be made at this time as well as training ideas for working with clothing project participants. If you are interested in helping to plan the project activities be sure to attend the meeting. If you can't attend the meeting, let Ronda know any suggestions that you have.

***4-H Clothing Project Opportunities***

Who doesn't enjoy new clothes! The 4-H Clothing Project provides the perfect opportunity for youth to learn about clothing selection and care. For those who enjoy being creative, this project provides opportunities to develop design and construction skills. So whether you want to get the most for your clothing dollars at the ready-to-wear store or want to learn to sew in order to make your own creations, the 4-H Clothing project is for you!

***4-H Fashion Show***

The District 2 Fashion Show *for juniors, intermediates and seniors* will take place on the evening of **Thursday, April 20**. Participants model a garment that they have made or purchased. It is possible for twenty-two Lubbock County 4-H'ers to advance to district!

The District Duds to Dazzle Contest will be held during the day on **April 20** in Lubbock.

First place winners from the County Fashion Show will advance to the District Competition. The **County Fashion Show** is tentatively scheduled to be held in March. More info will be sent when all plans are finalized.

The entry divisions include:

**Construction:** garments made by sewing, knitting, or crocheting.



**Buying:** clothing purchased at a department store, specialty store, in a catalog, outlet or resale store, or from a professional seamstress. The 4-H'er must comparison shop, comparing 3 similar garments, and then purchase the one of their choice.

The categories have changed this year - they are:

Construction: Casual Everyday Living  
Re-Fashion  
Semi-Formal/Formal  
Theater/Costume Garment

Buying: Business/Interview Attire  
Fantastic Fashions under \$25  
Semi-Formal/Formal  
Special Interest

### ***Texas 4-H Fashion Storyboard Contest***

The Fashion Storyboard is a version of the presentation boards that are used in the fashion industry for selling and communicating ideas. The purpose of the Fashion Storyboard Contest is to give 4-H members an opportunity to create illustrations of their original design and display their work in a storyboard format, similar to that used in the fashion industry. Through project work, the 4-H member has the opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator, enhance creativity and originality and develop visual communication skills.

The Clothing Project Newsletter will be mailed early February and will contain details about due dates for the Storyboard contest and Fashion Show.



### **4-H PHOTOGRAPHY INFORMATION**

For the county Photography contest, participants may simply submit a regular size print of the photo (4x6) - Guidelines for District and State will be provided to those advancing on. Mounting is not required for County. Please see the Participant Photography Guide on our county website for entry categories. First place entries at the county contest advance directly to State for Seniors; and District for Junior and Intermediates.

Our County entries will be due *March 20*. Winners in the Junior and Intermediate Categories will advance to the District Contest which will have entries due *in April*. Senior entries will be due to State by *April 15*. A workshop series will be held in February and March; please sign up by *February 1* and you will be notified about meeting dates.



**Ask to join the Lubbock 4-H Livestock Facebook group.**

### **HORSE PROJECT**

#### ***Project Opportunities***

If your 4-H club would like to schedule a program on opportunities in the 4-H Horse project, please contact Carolyn Benitez at [jbenitez@frenship.us](mailto:jbenitez@frenship.us). Carolyn is serving as a 4-H Horse Ambassador and would be happy to come and present a program on the 4-H horse program for your club members.

#### ***4-H Horse Judging***

If you are interested in participating in this project activity please sign-up through the Extension Office ASAP. Samantha Kendrick is coordinating the County 4-H Horse Judging Practices. They are currently meeting on Sunday afternoons. You will be provided with meeting information.

### **LIVESTOCK PROJECTS**

#### ***Lubbock County Stock Show Schedule***

**Friday, January 13, 2017, Texas Tech Livestock Pavilion**

**9:00 a.m. . . Weight due and Steer classifying begins**  
12:00 noon . . . . . Steer Show  
4:00 p.m. . . . . Lamb breeds & weights due  
6:00 p.m. . . . . Lamb Show

**Saturday, January 21, 2017 -**

8:00 a.m. . . . . BARROW SHOW

**Saturday, January 28, 2017**

**(Activities located at the Texas Tech Livestock Arena)**

5:30 p.m. . . . . Buyers Meal  
6:30 p.m. . . . . Premium Auction

**GOAT PROJECT*****Meat Goat Jackpot*****Wednesday, January 11, 2017; 6:30 pm**

Located at the Texas Tech Livestock Pavilion.

Show Rules and Guidelines

1. Open to any meat goat exhibitor residing in Lubbock County - No minimum age, must not exceed the age of 19 or a Senior in High School (All ages will be determined as of January 1, 2015.)
2. Must be state validated.
3. Weathers and/or does allowed.
4. Minimum weight 50 lbs. - no maximum
5. Horns allowed, but must be tipped.
6. Must be uniformly slicked sheared, no longer than 3/8 inch above the hocks.
7. Complete set of milk teeth, not required.
8. Official weigh-in 5:00-6:00 pm.
9. Buckles awarded for Grand, Reserve Grand.
10. Showmanship will be judged this year! **4 Classes**
11. Buckles to Showmanship Winners - Sr. (15-19 years old), Intermediate 12-14 years old), Junior (8-11 years old), PeeWee (7 years old and under).
12. Show out of trailer.

***SCHOOL EXCUSES***

The form for School Excuses were due **December 2016** to the County Extension Office. If you are going to miss school due to Stock shows, and have not turned in a form, obtain a form and return it to the Extension Office **immediately**. Unless a form is turned in, a letter for an excused absence on your behalf will not be sent to your school.

**REMINDER:** Blanket excuses and eligibility information has been requested by our office for the shows entered. Parents, please notify your 4-H's principal of the exact dates of upcoming school absences. Make sure that you understand your school district's policy for the 10 day/90% attendance requirements. Visit with school instructors to determine plans concerning homework, tests, projects, etc. and to make sure that your 4-Her is passing all subjects prior to and during the absence period. Eligibility for competing in any event must be determined prior to the event, whether you are missing school or not. The Extension Office sends correspondence for all events to each school prior to the competition. In order for youth to compete they must be considered academically eligible by your school.

**4-H CONCESSION HELP**

We will be having 2 separate Concession Stands for the 2017 Lubbock County Jr. Livestock Show.

The *Steer and Lamb Show* **January 13** will be held at the Texas Tech Livestock Pavilion.

We will not have the regular 4-H Concession Stand at this show. There are still opportunities to assist though.

Due to changes in the Livestock Show schedule, we will only be open on Friday and will have a limited menu.

**Thursday, January 12** - set-up, Texas Tech Livestock Pavilion.

5-7 p.m. - unload concession supplies and set-up  
..... 3 volunteers

**Friday, January 13** - Concession Operation, Texas Tech Livestock Pavilion.

8:00 - 10:00 a.m. .... 2 volunteers  
10:00 - 12:00 p.m. .... 2 volunteers  
12:00 - 2:00 p.m. .... 2 volunteers  
2:00 - 4:00 p.m. .... 2 volunteers  
4:00-6:00 p.m. .... 2 volunteers  
6:00-8:00 p.m. .... 2 volunteers

The *Swine Show* held on **Saturday, January 21** will be another opportunity to assist with a Concession Stand.

**Wednesday, January 18** - Concession Clean-up and Move Equipment

2-5 p.m. (clean-up) .... 2 volunteers  
5-8 p.m. (move equipment) .... 2 volunteers

**Thursday, January 19** - Food Prep

3-6 p.m. .... 3 volunteers  
6-8 p.m. .... 3 volunteers

**Friday, January 20** - Concession Stand Opens

8-11 a.m. .... 3 volunteers  
11-1 p.m. .... 3 volunteers  
1-3 p.m. .... 3 volunteers  
3-6 p.m. .... 3 volunteers  
6 - ?? p.m. .... 3 volunteers

**Saturday, January 21**

7-9:30 a.m. .... 6 volunteers  
9:30-12 p.m. .... 9 volunteers  
11:30-2 p.m. .... 9 volunteers  
2-4:30 p.m. .... 6 volunteers  
4:30-7 p.m. .... 6 volunteers  
7-?? p.m. .... 3 volunteers

*Sr. 4-H members can use this as one volunteer opportunity listed on the Parent Leaders Scholarship Application.*

\*Please remember that Senior 4-H'ers must work at two (2) PLA fundraisers in order to have their expenses paid to a state contest (i.e. State Roundup, Horse Show) **Please call Ronda at the County Extension Office (775-1740)**

**to volunteer.** If you are unable to help at the designated times, but still available to help, please call and check with Ronda about other needs. If you need to contact her at the Concession stand, please call 806-782-7946.

#### 4-H JUDGING TEAMS

If you are interested in spring judging competition for Dairy, Entomology ID, Soils, or Grass ID, please contact our office and leave your name and phone number under the respective category and age division. For Livestock and Wool judging please contact Robert Scott at the County Extension Office.

#### 4-H DOG PROJECT



##### *4-H Dog Project Certification*

If you are interested in showing a dog in the State 4-H Dog show, the Dog Certification form verifying ownership is due on 4-H Connect by *January 10*. Please contact us if you have questions or plan to certify a dog for showing.

We do not have a local dog show or project meetings, however there are several 4-H dog shows across the state. Please let us know if you are interested.

##### *Pet Food Donations*

A big thank you is sent to each of you from Carolyn and Judy Benitez for your support with the Meals on Wheels Pet Food donations. Through your generosity many benefitted - both hungry pets and grateful seniors.

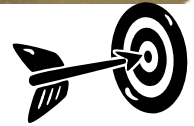
#### COUNTY-WIDE 4-H VETERINARY SCIENCE PROJECT INTEREST

Through the County 4-H Veterinary Science Project, 4-H'ers age 12 and up begin their studies towards a career in the Veterinary Science Certification Program. For the certificate program, students must complete 100 lessons and 50 activities, as well as 500 skill hours. This program will be done over a 3-5 year time frame.

Our next county project meeting will be held on **Wednesday, January 25 at 5:30 p.m.** at the County Extension Office. There is a \$10 registration fee per member per year, to cover the programming cost. *Please RSVP by Tuesday, January 24* if you are interested in participating. Please contact Ronda if you have questions. This is an on-going year round program.



#### AIMING FOR THE BULL'S EYE *4-H Shooting Sports Review*



The time is at hand to begin 2017 Spring 4-H Shooting Sports projects, which includes the smallbore rifle and archery projects. If you have not registered with the county office for these projects, please call 775-1740 at your earliest convenience to make sure you are on our contact list for 2017 Shooting Sports Updates.

##### *2017 3-Position Rifle Project*

The spring rifle project involves indoor target shooting in the prone, standing, and kneeling positions. Firearms and equipment are provided. The project is taught by NRA-certified volunteer coaches. Shooters must provide hearing protection (foam ear plugs work best) and eye protection. The project will include county, district, and state competition levels.

A project orientation for new shooters (including gun safety) will be held at the County Extension Office building, 916 Main Street on **Tuesday, January 17 at 7:00 p.m. on the first floor. Please enter through the East doors of the building.**

Practice sessions will be held at Patriot Shooting Range, 5840 49<sup>th</sup> St. Details regarding practice schedules will be sent to the participant list via e-mail.

Reminder - All shooters must be registered on-line as a Texas 4-H Member for the 2016-17 4-H Year.

##### *2017 4-H Archery Project*

The 4-H Archery Project involves target shooting with either traditional or compound bows. Because of the interest in this program, plans have been made to offer this project at two locations. County shooting equipment is available, but limited.

Participants who have their own shooting equipment should plan to bring it. The project is scheduled to begin for experienced shooters in Mid-February at each of the following 2 locations:

Tentatively, Thursday nights in

- 1) Idalou at Damon Cooley's Barn (301 E. 1<sup>st</sup>). This is the same location as last year. The building is a tan quonset barn on the North side of Hwy 62/82, approximately 1 mile East of Main Street.

Tentatively, Wednesday evenings at

- 2) Lubbock Indoor Archery (formerly Wilkinson Radiator) located at 19<sup>th</sup> and Ave C, approximately 1 block East of I27. There will be a discounted range fee per shooter for each practice session, payable to the range.

Practice session details will be sent to participant list via email.

Orientation/Safety Instruction for new shooters will be held on **January 25** and **February 1** at the Lubbock Indoor Archery. Please bring \$5 range fee and any equipment you have.



### ROBOTICS PROJECT

It is time to get signed up for the 4-H Robotics project. To get involved, please contact Alicia Chaloupka at [yellowrose15@yahoo.com](mailto:yellowrose15@yahoo.com). She and her husband conduct the county-wide robotics project. If any parents are interested in starting a project for your club, please contact Ronda to schedule a training/orientation to get started.

# CONTEST RESULTS

## County 4-H Consumer Practice Contest December 1, 2016

### Junior Placings

- 1<sup>st</sup> - 287 Aaron Chaloupka
- 2<sup>nd</sup> - 282 Jonathan Servantez
- 3<sup>rd</sup> - 275 Kyndra Messer
- 4<sup>th</sup> - 270 Madison Chaloupka
- 5<sup>th</sup> - 259 Eli Bowe
- 6<sup>th</sup> - 242 Annabeth Brannon
- 7<sup>th</sup> - 231 Lana Brickey
- 8<sup>th</sup> - 206 Mackenzie Hopkins
- 9<sup>th</sup> - 203 Logan House

### Intermediate Placings and Reason

- 1<sup>st</sup> - 314 Mac Chaloupka
- 2<sup>nd</sup> - 307 Jacob Everitt
- 3<sup>rd</sup> - 296 Jud Bowe
- 4<sup>th</sup> - 290 Ashlynn Messer
- 5<sup>th</sup> - 287 David Kendrick
- 6<sup>th</sup> - 274 Luke Stutzman
- 7<sup>th</sup> - 242 Lillian Guzman

### Senior Placings and Reasons

- 1<sup>st</sup> - 371 Taylor Everitt
- 2<sup>nd</sup> - 370 Jeremy Schwertner
- 3<sup>rd</sup> - 368 Nolan Ragan
- 4<sup>th</sup> - 364 Marisa Pesina

### District Consumer Results

#### Junior

- Lubbock 2 - 6<sup>th</sup> place - team
  - Logan House - Shallowater 4-H
  - Eli Bowe - Shallowater 4-H
  - Annabeth Brannon - Shallowater 4-H
  - Jonathan Servantez - Shallowater 4-H

#### Lubbock 1 - 7<sup>th</sup> place team

- Aaron Chaloupka - Wildcat 4-H
- Madison Chaloupka - Wildcat 4-H
- Mackenzie Hopkins - Shallowater 4-H
- Kyndra Messer - Frenship 4-H

#### Intermediate

- Luke Stutzman - 7<sup>th</sup> place High Individual

#### Lubbock 1 - 8<sup>th</sup> place team

- Luke Stutzman - Frenship 4-H
- Mac Chaloupka - Wildcat 4-H
- Ashlynn Messer - Frenship 4-H

#### Lubbock 2 - 9<sup>th</sup> place team

- David Kendrick - Shallowater 4-H
- Jud Bowe - Shallowater 4-H
- Lillian Guzman - Shallowater 4-H
- Jacob Everitt - Shallowater 4-H

#### Senior

- Marisa Pesina - 8<sup>th</sup> high individual

#### 2<sup>nd</sup> place team

- Marisa Pesina - Trinity 4-H
- Jeremy Schwertner - Frenship 4-H
- Nolan Ragan - Frenship 4-H
- Taylor Everitt - Shallowater 4-H

### County Food Show Results

#### Junior - Grains

- 1<sup>st</sup> place - Molli Harris - Wildcat 4-H

#### Junior - Fruits and Vegetables

- 1<sup>st</sup> place - Dalton Baldrige - Shallowater 4-H
- 2<sup>nd</sup> place - Kyndra Messer - Frenship 4-H
- 3<sup>rd</sup> place - Rylee Laws - Wildcat 4-H

#### Junior - Protein

- 1<sup>st</sup> place - Brynlee Edwards - Wildcat 4-H
- 2<sup>nd</sup> place tie - Reese Bading - Shallowater 4-H/Addison Mitchell - Frenship 4-H
- 3<sup>rd</sup> place - Logan House - Shallowater 4-H



**Intermediate - Grains**1<sup>st</sup> place - Ryan Holloway - Shallowater 4-H2<sup>nd</sup> place - Rylee Pointer - Cooper 4-H**Intermediate - Fruits and Vegetables**1<sup>st</sup> place - Ashlynn Messer - Frenship 4-H**Intermediate - Protein**1<sup>st</sup> place - Lexi Howard - Trinity 4-H2<sup>nd</sup> place - Lyndee Jo Stamps - Cooper 4-H**Senior - Grains**1<sup>st</sup> place - Carolyn Benitez - Frenship 4-H**Senior - Dairy**1<sup>st</sup> place - Andi McMillin - Shallowater 4-H**Senior - Protein**1<sup>st</sup> place - Colton Baldrige - Shallowater 4-H**Clover Participants**

Bradley Gray - Cooper 4-H

Bailey Pointer - Cooper 4-H

Rylan Messer - Frenship 4-H

Luke Howard - Trinity 4-H

Landri House - Shallowater 4-H

Lauryn Mitchell - Frenship 4-H

**District Food Show Participants****Junior - Grains**

Molli Harris - Wildcat 4-H

**Junior - Fruits and Vegetables**

Dalton Baldrige - Shallowater 4-H

**Junior - Dairy**

Kyndra Messer, Frenship 4-H

**Junior - Protein**

Brynlee Edwards - Wildcat 4-H

**Intermediate - Grains**

Ryan Holloway - Shallowater 4-H

**Intermediate - Fruits and Vegetables**

Ashlynn Messer - Frenship 4-H

**Intermediate - Protein**

Lexi Howard - Trinity 4-H

**Intermediate Dairy**

Lyndee Jo Stamps - Cooper 4-H

**Senior - Grains**

Carolyn Benitez - Frenship 4-H

**Senior - Dairy**

Andi McMillin - Shallowater 4-H

**Senior - Protein**

Colton Baldrige - Shallowater 4-H

**District Nutrition Quiz Bowl**

Senior Team Participant- Jeremy Schwertner, Nolan Ragan, Taylor Everitt, Colton Baldrige

**District Food Challenge Results****Junior - Lubbock 2 - Bread and Cereal #2**

3rd place- Ann Dugger, Callie Lain, Katie Holcomb, Khaki Bishop, Reese Bading

**Junior - Lubbock 3 - Fruit and Vegetables**2<sup>nd</sup> place - Dalton Baldrige, Kade Bobo, Judson Manning, Keegan Martin**Junior - Lubbock 4 - Main Dish**2<sup>nd</sup> place - Finley Jenkins, Jenny Sullivan, Molli Harris, Nevaeh Craig**Junior - Lubbock 1 - Nutritious Snacks**

3rd place - Abby Goen, Brynlee Edwards, Liliana Moyers, Paige Chowning, Halle Pounds

**Intermediate - Lubbock 1 - Fruits and Vegetables**3<sup>rd</sup> place - AJ Kendrick, Calan Foerster, David Kendrick**Intermediate - Lubbock 2 - participants**

Bax Edwards, Brier Griffis, Aubree Ayers, Joseph Fritz, Katelyn Turner

**Senior - Lubbock 2 - Breads and Cereals**1<sup>st</sup> place - Andi McMillin, Jace Morton, Colton Baldrige, Taylor Everitt**Senior - Lubbock 1 - Main Dish**1<sup>st</sup> place - Alyssa Elmore, Madison Taylor, Jesse Hughes, Nick Hughes and Travis McGougan**District 2 4-H Horse Quiz Bowl****Junior**1<sup>st</sup> - Lubbock County Team 2 - Declan Kelly, Troy Dever, Walker Dennis2<sup>nd</sup> - Lubbock County Team 3 - Brynlee Edwards, Paige Chowning, Molli Harris, Jayton Ayers3<sup>rd</sup> - Lubbock County Team 1 - Eli Bowe, Aubrey Whitworth, Madison Chaloupka, Tristen Dever**Intermediate**1<sup>st</sup> - Lubbock County Team 1 - AJ Kendrick, David Kendrick, Gracie Potter, Ashtyn Ellison2<sup>nd</sup> - Lubbock County Team 2 - Carlee Hall, Karleigh Jones, Abby Shannon, Aubrey O'Neal3<sup>rd</sup> - Lubbock County Team 3 - Jackson Shannon, Jud Bowe, Cameron Johnson, Ryan Whitworth4<sup>th</sup> - Lubbock County Team 4 - Bax Edwards, Brier Griffis, Katelyn Turner**Senior**2<sup>nd</sup> - Lubbock County Team 1 - Caitlin Davenport, Teghan Brooks, Kelsey Mattox, Karsen West3<sup>rd</sup> - Lubbock County Team 2 - Madyson Cook, Carolyn Benitez, Kylan Binder

## DISTRICT MEATS JUDGING RESULTS

### *Intermediate Teams -*

1<sup>st</sup> Place - Lubbock 1

Shaeffer Suttle, Wildcat 4-H Club - 2<sup>nd</sup> High Individual

Bryce Hutson, Wildcat 4-H Club - 3<sup>rd</sup> High Individual

Bonnor Wallace, Wildcat 4-H Club - 8<sup>th</sup> High Individual

Taylor Criswell, Wildcat 4-H Club

4<sup>th</sup> Place Team - Lubbock 2

Gene Salyer, Shallowater 4-H - 5<sup>th</sup> High Individual

Jacob Everitt, Shallowater 4-H

Colton Outland, Shallowater 4-H

Ryan Holloway, Shallowater 4-H

### *Senior - 2<sup>nd</sup> Place Team*

Shae Lynn Suttle, Wildcat 4-H Club - 3<sup>rd</sup> High Individual

Kelsey Mattox, Cooper 4-H club - 7<sup>th</sup> High Individual

Madyson Cook, Wildcat 4-H Club

Caitlin Davenport, Cooper 4-H club - 4<sup>th</sup> High Individual

### *Junior Individual*

Lily Moyers, Wildcat 4-H Club - 6<sup>th</sup> Place

Cayden Hodnett, Frenship 4-H Club - 7<sup>th</sup> Place

Molli Harris, Wildcat 4-H Club - 9<sup>th</sup> Place

### *Junior Team 2<sup>nd</sup> Place - Lubbock 2*

Molli Harris, Wildcat 4-H Club

Cayden Hodnett, Frenship 4-H Club

Lily Moyers, Wildcat 4-H Club

Jenny Sullivan, Wildcat 4-H Club

### *Junior Team - 5<sup>th</sup> Place - Lubbock 1*

Eli Bowe, Shallowater 4-H Club

Walker Dennis, Shallowater 4-H Club

LaDream Mallory, Shallowater 4-H Club

## KAY'S KORNER

### *The Common Cold: A Quiz*

When a cold hits, the most common symptoms experienced are a sore throat, runny nose, coughing, sneezing, watery eyes, headaches and body aches. Common colds are the main reason that children miss school and adults miss work. Each year in the U.S., millions of people get the common cold. Adults have an average of 2-3 colds per year, and children have even more.

### **Quiz: How much do you know about the common cold?**

Respond to these True/False questions.

1. Antibiotics will help you recover from a cold.
2. Rhinoviruses are the most common causes of colds.
3. Colds are never serious for anyone.
4. Colds are most common in the winter and spring.
5. You can get a cold from someone by shaking their hand.

### **Answers:**

1. **F** — Antibiotics do not work against viruses, and they may make it harder for your body to fight future bacterial infections if you take them unnecessarily. To feel better when you have a cold, you should get lots of rest and drink plenty of water.
2. **T** — Many different viruses can cause the common cold, but rhinoviruses are the most common. Rhinoviruses can also trigger asthma attacks and have been linked to sinus and ear infections. Other viruses that can cause colds include:
  - Respiratory Syncytial Virus (RSV) – a virus that infects the lungs and breathing passages. RSV is the most common cause of bronchiolitis and pneumonia in children younger than 1 year of age in the U.S. and a significant cause of respiratory illness in older adults.
  - Human Parainfluenza Viruses (HPIVs) – a group of viruses that cause different types of respiratory infections are most common in children and babies. Most HPIVs usually cause infections of the upper airway, such as a common cold, ear infections or sore throat.
  - Human Metapneumovirus (hMPVO) – a common virus that has been responsible for respiratory illnesses for at least 50 years worldwide.
3. **F** — See a doctor if you or your child has any of the following symptoms: temperature higher than 100.4 F, symptoms that last more than 10 days, symptoms that are severe or unusual. If your child is younger than three months of age or has a fever, it is important to call your doctor right away. Most people recover from colds within about 7-10 days. However, people with weakened immune systems, asthma or conditions that affect the lungs and breathing passages may develop serious illness, such as pneumonia.
4. **T** — Most people get colds in the winter and spring, but it is possible to get a cold anytime of the year.

5. **F** — Viruses that cause colds can spread from infected people to others through the air and close personal contact. This can happen when you shake hands with someone who has a cold after they have sneezed or coughed into their hands, or touch a doorknob that has viruses on it, then touch your eyes, mouth or nose.

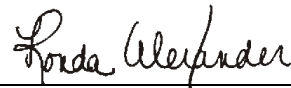
Protect yourself and others. Wash your hands often with soap and water. If soap and water are not regularly available, use an alcohol-based hand sanitizer. Viruses that cause colds can survive on your hands and regular handwashing can help protect you from getting sick.

Source: <http://www.cdc.gov/dotw/common-cold/index.html>

Sonja Koukel, PhD. NMSU Community and Environmental Specialist in Extension Home Economics Newsletter by Connie Moyers, Roosevelt Co., NM Extension Home Economist, Retired.

#### **Parents and 4-H'ers:**

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.



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Lubbock County

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Katelyn Kowles  
EA-IPM Lubbock & Crosby Counties

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.



# 4-H DAYS

## AT UNITED SUPERMARKETS ARENA



Join your fellow 4-H members, friends, and family when the Red Raiders host the Oklahoma Sooners and Lady Raiders take on the Kansas Jayhawks.



Saturday, February 4 | 6:00 PM



Saturday, February 18 | 2:00 PM



## HOW TO ORDER

Phone: Bradford Mason at (806) 834 -4404

E-mail: [bradford.mason@ttu.edu](mailto:bradford.mason@ttu.edu)

## TICKET PRICES:

Lady Raiders \$4 / Red Raiders \$10  
Significant Savings Off the Single Game Price

4-H Members May Participate in Our High-Five Tunnel – Limited Spots!




[TexasTech.com](http://TexasTech.com)





Texas Tech Athletics



@TechAthletics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;">Texas A&amp;M AgriLife Extension Service Lubbock County 4-H <b>JANUARY 2017</b></p>						
1 	2 County Holiday CEO Closed	3	4	5	6	7
8 ● Heifer Show	9	10 Dog Certification Due online for showing in State 4-H Dog Show	11 ●5:30 4-H Clover Project Meeting, CEO ●6:30 Meat Goat Jackpot	12	13 ●4-H Concession Stand at Steer, Lamb Show  ●LCJLS Steer, Lamb Show, Texas Tech Livestock Arena	14
15	16 County Holiday CEO Closed 	17 ●7 pm Rifle Project Orientation, 1 <sup>st</sup> Floor 916 Main St.	18	19	20	21
			4-H Concession Stand Prep		LCJLS Swine Show, SPF  4-H Concession Stand	
22	23 ●6 pm Capital Citizenship tour meeting, CEO ●6:30 pm PLA & Teen Council mtgs, CEO	24 ●5:30 pm 4-H Clothing Project Leader Training, CEO ●RSVP if attending Vet Science mtg on 1-25.	25 ●5:30 pm 4-H Vet Science Project Meeting, CEO ●Archery Orientation, Lubbock Indoor Archery	26	27	28 ●5pm Buyers Meal ●6pm Premium Auction, Texas Tech Livestock Arena.
29	30 ●6:30 pm 4-H Recordbook Training ●RSVP if attending Jan or Feb Recordbook trainings	31				<b>NOTE: Not all dates are listed on this calendar.</b>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Texas A&M AgriLife Extension Service Lubbock County 4-H <b>FEBRUARY 2017</b>			
			1 Sign up to attend Photography workshop series held in Feb. and Mar.	2	3	4
5	6	7	8	9	10	11
12	13	14 	15 ●5:30 pm 4-H Clover Project Meeting, CEO ●Aubrey Russell and TEEA 4-H Scholarship Applications DUE	16	17	18
19	20	21	22 ●5:30 4-H Advanced Recordbook Training, CEO	23	24	25
26	27 ●2017 Beekeeping Essay Contest Entry Deadline	28	<i>March 1 - TEEA Alumnae Young Scholarship Applications DUE</i> <i>March 20 - Co. 4-H Photography Entries DUE</i>  <i>April 20 - D2 Fashion Show &amp; Duds to Dazzle Contest</i>  <i>June 26 - 4-H Awards Applications &amp; Recordbooks DUE</i>			<b>NOTE: Not all            dates are listed            on this calendar.</b>

# Lubbock County 4-H

## County 4-H Awards Summary Sheet

\*Specific Details in Criteria Guidelines\*

It is the applicants responsibility to turn in a separate application form, in addition to a Record Book, if needed.

Award Name	Age Division	Date Due to CEO	Materials to Submit
4-H RECORD BOOK	Junior, Intermediate and Senior	June 26, 2017	Completed Current Year 4-H Record Book; must be judged at County to receive t-shirt or to advance to District; 1 <sup>st</sup> place Record Book at County advance to District; Others may wildcard into open categories, as available;
PARADE OF CHAMPIONS (POC)	Junior, Intermediate and Senior	July 6, 2017	Compete in at least one County/District/State Competition and participate in either a project meeting, tour, workshop or community service during 2016-2017 4-H year; Submit "POC" form;
ACHIEVEMENT AWARD (One Award)	Junior, Intermediate, or Senior	June 26, 2017	4-H Recordbook - (First Year Member Only)
OUTSTANDING JUNIOR (One or More Awards)	Junior (3 <sup>rd</sup> - 5 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
OUTSTANDING INTERMEDIATE (One or More Awards)	Intermediate (6 <sup>th</sup> - 8 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
BRONZE STAR AWARD (One or More Awards)	Junior (3 <sup>rd</sup> - 5 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
SILVER STAR AWARD (One or More Awards)	Intermediate (6 <sup>th</sup> - 8 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
OUTSTANDING SENIOR AWARD (One or More Awards)	Senior (9 <sup>th</sup> - 12 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
TEEN LEADER (One or more awards)	Senior (9 <sup>th</sup> - 12 <sup>th</sup> Grade)	June 26, 2017	4-H Recordbook
DANFORTH "I DARE YOU" AWARD (One or more awards)	Senior (9 <sup>th</sup> - 12 <sup>th</sup> Grade)	June 26, 2017	Current year or State winning 4-H Record Book. [Senior State winning Record book applicants MUST write an update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside cover of the record book.]
LUBBOCK COUNTY 4-H SCHOLARSHIP (# based on eligible applicants)	Graduating Senior	June 26, 2017	Lubbock County 4-H Scholarship Application (Application available from County Extension Office) Applicants must meet qualifications senior year and two of their other three high school years. Scholarship is funded by South Plains Fair, as funds are available. Recordbook must be submitted senior year to be eligible.

<b>Award Name</b>	<b>Age Division</b>	<b>Date Due to CEO</b>	<b>Materials to Submit</b>
4-H SCHOLARSHIPS	Graduating Senior		For a 4-H'er to receive any 4-H scholarship awarded at the County level, they must be in attendance at the County Achievement Banquet, or have a valid reason for their absence approved by the Awards and Recognition Committee or the scholarship will not be awarded.
GOLD STAR AWARD (Number of awards based on District quota)	Senior (15-18 years old as of 8-31-16)	June 26, 2017 (Interviews TBA)	Current year or State winning 4-H Record Book and Gold Star Information Form.[Senior State winning Record book applicants MUST write a concise update letter about their 4-H participation since they won state (1 page maximum). Attach the update to the inside front cover of the record book.]
FRIEND OF 4-H AWARD (One or more awards)	Businesses or Individual NOT actively involved in 4-H Clubs	June 1, 2017	Lubbock County 4-H Nomination Form
CAREER LEADER AWARD (One or more awards)	Adult Leaders actively involved 10 or more years	June 1, 2017	Lubbock County 4-H Nomination Form
ADULT LEADER AWARD (One or more awards)	Adult Leaders in Lubbock County who are Actively Involved	June 1, 2017	Lubbock County 4-H Nomination Form
CLOVER AWARD (One or more awards)	New Adult Leader (3 or less years of involvement)	June 1, 2017	Lubbock County 4-H Nomination Form
MODEL CLUB AWARD (One or more awards)	Lubbock County 4-H Club involved in various projects and activities.	August 1, 2017	Club Manager must submit the "Texas 4-H Club Standards of Excellence" Report (found in the Club Management Guide).
PROJECT and YEAR PIN	Junior, Intermediate and Senior	June 1, 2017	Complete a Lubbock County 4-H Record Form or a Recordbook and a pin request form; and submit to Club Manager or CEO.
CLOVER KID CERTIFICATE AND PIN	Clover Kids (K-2nd Grade)	July 1, 2017	Clover Participants must complete a Clover Participation Form and submit to the CEO.

12-20-16

awardpkt.17

\*\*Awards and Recognition Committee will make final adjustments of awards. (No duplication of awards, etc.)

\*\*Disclaimer – If any 4-H member breaks the Code of Conduct at any time throughout the year, they may not be eligible for County Awards.

**Plan to attend the Lubbock County 4-H Achievement Banquet – August 13, 2017**  
**All awards, pins and certificates will be awarded at this event.**