



## Lubbock County 4-H News



Lubbock County Extension Office • (806) 775-1740 • Fax (806) 775-1758 • http://lubbock.agrilife.org/ Physical Address: 916 Main, Suite 201 ● Lubbock, TX 79401 ● Mailing Address: P.O. Box 10536 ● Lubbock TX 79408

November - December, 2017

### IN THIS ISSUE

### Page 1

4-H Membership

2017 Children's 4-H Barnyard

### Page 2

4-H Foundation Scholarship Training

Parent-Leaders Association

Texas 4-H Center Website

Are You a Member?

Take Care of Texas

Teen Council

Lubbock County 4-H On-Line

Club Managers

### Page 3

Countywide 4-H Christmas Activity

4-H Adult & Youth Advisory Board

School Excuse Policy

Annual Pet Food Drive for Meals on Wheels

4-H Recordbooks

4-H Schwann's Fundraiser

### Page 4

Feed a friend - It's as Easy as Pie

LaQuinta

4-H Clover Kid Opportunities

Lubbock Model Railroad Association

4-H Projects Shooting Sports

Page 5

Page 6

Archery, Rifle, Shotgun

Photography Project

◆ 4-H Consumer Decision-Making

Livestock Projects - Major Show Entries, Non-Livestock Show Entries,

Swine Project Validation, Livestock

Judging, Horse Quiz Bowl, Rabbit

Show

Accidental/Medical Insurance

Page 7 & 8 Kay's Korner

Page 9 & 10

November / December Calendars

Lubbock County Goat Jackpot flyer

Page 12

Schwann's Fundraiser flyer

### 4-H MEMBERSHIP

If you have not completed your 4-H membership on 4-H Connect it is time to do so. An enrollment fee of \$25 per year, per member (official 4-H age 9 or in the 3<sup>rd</sup> grade through age 18) is now required for participation in any 4-H meeting, contest or activity. To join, please visit the county website <a href="http://lubbock.agrilife.org/">http://lubbock.agrilife.org/</a>; and click on enrollment/4-H Connect. If you have previously enrolled, please use your past profile.

This will be your last 4-H Newsletter until the 4-H enrollment is completed. Please contact Ronda if you have any questions.



### 2017 CHILDREN'S 4-H BARNYARD

The Lubbock County Extension Staff would like to say "THANKS" to everyone who assisted with the 2017 Children's 4-H Barnyard at the South Plains Fair.

We also want to thank our sponsors for this year: the South Plains Fair and Purina Mills - for providing the feed for the animals.

And finally, we want to thank each of the families and individuals who provided animals and exhibits for the Barnyard. Without these individuals and their animals, we would not be able to operate. Thank you to: the Verkamp's, the Townsend Agency, the Jackson's, Caprock BeeKeepers Association, the Kendrick's, the Martins, the DeSautel's and Gipsy Heart Rescue.

We were also excited to be in our new building for the second year! The new facility was made possible through grant funding from the CH Foundation and the Talkington Foundation and the South Plains Fair.

### **SCHOLARSHIPS**

### 4-H Foundation Scholarship Training

Scholarship applications are currently available on line at the 4-H Foundation website. A county scholarship preparation meeting will be held on **Tuesday, December 12 at 6:00 p.m.** at the County Extension Office. Please RSVP to Ronda by *Monday, December 11* if you plan to attend the training. Any youth in High School and their parents will find this training helpful. For anyone planning on applying for a scholarship this year please review the scholarship guidelines; for 4-H purposes, you will need to complete the FAFSA information prior to December 1.

Andy Hart, District 4-H Specialist will also be conducting 4-H Scholarship Training. We do not have a date yet, but please let us know if you are interested.

### PARENT- LEADERS ASSOCIATION

Parent Leaders will not meet in November or December.

### **TEXAS 4-H CENTER WEBSITE**

While you are surfing the web, don't forget to visit the Texas 4-H Center's website: <a href="http://texas4hcenter.tamu.edu/">http://texas4hcenter.tamu.edu/</a> You never know what you might find. You might even want to do a little Christmas shopping.

### ARE YOU A MEMBER?

The Texas 4-H Friends and Alumni Association would like to have you as a member! To find out more about them, visit <a href="www.texas4hfriends.org">www.texas4hfriends.org</a>

### TEEN COUNCIL

### November Recreation

Mark your calendars for **Sunday, November 12.** Teen Council will meet at Ronda's house from 6:30-8:30 p.m. for movie night and snacks; bring your favorite snack. All 4-H Teens are welcome. Email or Text Ronda to RSVP by *November 9* and for the address. Soda's and water will be provided.

### **December Community Service- Wrapping Presents**

For our fall community service activity, Teen Council members will be wrapping Christmas presents at the Lubbock State School on **Sunday, December 10 from 3-5 p.m.** Please RSVP by *Friday, December 8* if you plan to

participate. We will be at the volunteer office [after entering the grounds (entrance from University just North of the North Loop) turn right at the first stop sign, Volunteer Center will be on the right at the next stop sign].

### 4-H Teen Leadership Retreat

The Texas 4-H Center will be hosting a Teen Leadership Retreat **January 5-7** at the Texas 4-H Center at Lake Brownwood. The Retreat is for Senior age 4-H'ers in grades 8-11. Registration is \$120 for youth and \$90 for adults, from *November 1 - December 22* on the 4-H Center's website (not 4-H Connect). Adult chaperones are required to attend. Visit the Texas 4-H Conference Center website for more information.

### December Community Service -Salvation Army Bell Ringer's

Last year Teen Council members volunteered as Bell Ringer's at the 19<sup>th</sup> and Quaker Market Street. We will be doing this again this year on **Saturday, December 16** from 10 a.m. - 6 p.m. We need 2 people per shift. Please call Ronda to sign up for a shift: 10-12 p.m., 12-2 p.m., 2-4 p.m., and 4-6 p.m.

### **LUBBOCK COUNTY 4-H ON-LINE**

If you lose your 4-H newsletter, there's still hope. You may now access the 4-H newsletter as well as various other sources of information at: http://lubbock.agrilife.org/

### **CLUB MANAGERS**

Club Managers, as you get started with the new 4-H club year, please give Ronda a call if you have any questions, she'll be happy to assist you with the information that you need. Also, if you would like to schedule her to come to your club meeting or to present a program for your club, please contact her as soon as possible. She would like to attend at least one meeting of each 4-H club in the Fall and the Spring.

Please also mark your calendars for the next Club Managers Training which will be held on **Monday**, **November 27 at 6:30 p.m.** at the County Extension Office.

Parents and 4-H'ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.

### COUNTYWIDE 4-H CHRISTMAS ACTIVITY

This year instead of a 4-H Christmas Party, we will be assisting with the Salvation Army Angel Tree project sorting their donations. We are tentatively planning for December 16 in the morning. They do not have a date scheduled yet. If you would like to assist, please sign-up and we will let you know the details when we receive them.

### 4-H ADULT & YOUTH ADVISORY BOARD

Monday, November 27 at 5:30 p.m. will be the date of our next 4-H Adult and Youth Advisory Board meeting. The meeting will be held at the County Extension Office Conference Room. Any interested 4-H'ers or leaders are welcomed to serve on this Board, please let Ronda know of your interest, prior to the meeting.

### SCHOOL EXCUSE POLICY

4-H members who plan to participate in livestock shows and miss school classes must sign up for the livestock shows at sign-up.



The Extension Office will make a request for your school absence prior to the event (livestock show). This request will list only your intent to attend a certain stock show. All the dates will be listed on the excuse for the particular stock show. It is the 4-H member's responsibility to notify the school of the exact dates you will be missing. This request will also indicate a check for the 4-H members academic eligibility for extracurricular

activities; the 4-H'er, their parents and the sponsoring show will be notified. Any non-compliance by such 4-H'ers will be penalized by the school districts policy (Discipline Management System).

4-H members and families need to take the following actions—

- 1. Complete the 4-H school excuse form.
- 2. Work with school instructors on homework, tests, etc. prior to the absence;
- 3. Check with school officials at least 7 days prior to absence to see that you are on the request list and determine eligibility; and notify the school officials of the exact days you will be absent.
- 4. Monitor your own personal 10 day / 90% absence / attendance requirements as outlined by your school district; and

5. Thank school officials for their cooperation. Any changes in procedures/policies will be noted at sign up.

### ANNUAL PET FOOD DRIVE FOR MEALS ON WHEELS

Alyssa Elmore will be continuing the Pet Food Drive that was started by Carolyn Benitez. Donations of cat food and dog food are taken to Meals on Wheels for their senior clients.

The pets of the elderly and disabled in many cases are the only companionship these people have and they will give their own food to the pet instead of eating it themselves. By providing the pet food with their meals the clients' lives are made better.

Alyssa will be collecting pet food and/or donations from **November 13 through December 15.** You can drop your donations off at the County Extension Office or call 787-6356 or 252-0727 to make arrangements for donations. Thank you for your assistance. You may also make a monetary donation and she will purchase pet food for you.

### 4-H RECORDBOOKS

If you are interested in 4-H recordbooks and record keeping, please make sure to attend the County training on **Tuesday, November 28** at 6:00 p.m. at the County Extension Office. *Please RSVP by noon on November 27*, if you plan to attend. If you can't make this one, there will be more scheduled in the Spring or you may have one scheduled specifically for your 4-H Club.

## 4-H SCHWANN's FUNDRAISER

Through the holidays, Lubbock County 4-H will be participating in the Schwann's Fundraiser. Our fundraising date will be November 15 through December 30. To support us, simply use our code "35496" for online purchases or for the online purchase of a gift card. See the flyer in the newsletter for more information. Be sure to share our code with your neighbors, friends and family. This works for any location - not just the Lubbock area.

This Holiday Season,
"Feed a Friend - It's as Easy as Pie!"
November 11-18



Don't forget to support our friends at Meals on Wheels!

For a \$5 donation to Lubbock Meals on Wheels, donors will receive a coupon for a Sara Lee pie.

Donations can be made at any local United Supermarkets location (through the cashier, at the customer service counter, or to the Meals on Wheels' representative in the store) or at the Meals on Wheel' office, 2304-34th Street. Coupons are redeemable at Lubbock United Supermarkets through December 31, 2017. Sponsored by united Supermarkets/Market Street, KLBK-13 and KAMC-28.

### LaQuinta



15% Discount for Texas 4-H Supporters



La Quinta Inns & Suites® is proud to be part of a Alliance Agreement with the Texas 4-H Organization. Supporters can enjoy a 15% discount at any of our 700-plus locations in the United States, Canada and Mexico.

Visit LQ.com (code TX4H) or call 800-SLEEPLQ (753-3757) (ask for "TX4H Youth Discount")

\*15% discount is available at participating hotels for Texas 4-H Organization members, their families, and supporters. Tax not included, some blackout dates may apply, cannot be used in conjunction with any other discounts or special offers. Subject to availability. LA QUINTA is registered in the U.S. Patent and Trademark Office. #2009 LO Management L.L.C.

Don't forget to use your LaQuinta discount card the next time you travel. You will receive a 15% discount as well as provide a reward to the Texas 4-H program. See the discount card below. If you are calling to make reservations, be sure to ask for the "TX 4H Youth Discount". Anyone is welcomed to use the discount, so be sure to share this information with your family and friends!

### 4-H CLOVER KID OPPORTUNITIES

Did you know that 4-H is for everyone! As the new school year is upon us, Lubbock County is creating new, fun and exciting ways to incorporate the 4-H Clover Kids into our program. Clover Kids are available for children ages 5 to 8 years (K-2). At each meeting there will be an activity and a 4-H project learning experience for each youth to be involved in. Clover kids do not pay an enrollment fee, but they do need to be enrolled in 4-H.

Our next Clover Kid meeting will be held on **Wednesday, November 8 from 5:30-6:30 p.m.** at the County Extension Office. Our topic will be on Quiz Bowls and we will make a Thanksgiving decoration. For December, we will meet on **Wednesday, December 6** from 5:30 - 6:30 p.m., and will be doing a community service activity. There is no cost to attend, however we do request that you *RSVP by Tuesday, November 7* if you will be able to attend for the November Meeting or *December 5* for the December meeting.

### LUBBOCK MODEL RAILROAD ASSOCIATION

For any interested youth, the Lubbock Model Railroad Association is interested in involving youth in their program. They have monthly meetings as well as "swap meets." Their next meeting will be held on **Monday, November 6 at 7:30 p.m.** at the Hope Lutheran Church. If you have questions, please contact Lawrence Ertner at 789-1234 or email him at Lwertner@sbcglobal.net.

### **4-H PROJECTS**



### SHOOTING SPORTS PROJECTS AIMING FOR THE BULL'S EYE



The 4-H Shooting Sports project is one that is not designed for individual study. Due to safety concerns, a minimum of one certified coach is required to supervise any 4-H Shooting Sports event or practice session. We offer 3 discipline trainings in Lubbock County. They include 3-Position Smallbore Rifle, Archery, and Shotgun. Because of the popularity of the Shooting Sports project, we must reserve the right to limit participation if necessary to maintain a safe shooting environment.

### 2018 4-H Archery Program

The Lubbock County 4-H Archery Program will be begin in February. Levels of Competition available:

- District 4-H Archery Contest in May
- Invitational Shoots
- State 4-H Indoor Archery Match
- State Postal League

To register for this project, first contact the Lubbock County extension Office at 775-1740.

This is a very popular project, so be sure that you sign up early.

### 2018 3-Position Rifle Program

The spring 3-position rifle project involves indoor .22 cal. Rifle shooting in the prone, standing, and kneeling positions. Firearms are provided. Mid January through April.

Competition includes:

- County and District competition all age levels.
- Optional Statewide Postal League Competition -Intermediate and Seniors Only.
- State Rifle Match Competition Seniors Only qualifying event. Top 3 teams at District.

If you are interested in the 3-position rifle project, contact us at the Lubbock County Extension Office at 806-775-1740 and put your name on the interest list.

2018 Shotgun Program

This is a summer program scheduled to begin in May, 2018.



### PHOTOGRAPHY PROJECT

### Senior Photography Contest Rules

It is never to early to begin thinking about and taking photos for the Senior Photography contest. You may pick up the new rules from the Extension Office or you may access them at

http://texas4-h.tamu.edu/projects/photography-video/

Just a reminder photos must place 1<sup>st</sup> at the county contest in order to advance to state. The county contest is held mid-March. Watch the newsletter for more details. Juniors and Intermediates will have the same categories, although specifics about District haven't been determined yet. You can start taking photos now.



### 4-H Consumer Decision-Making

If you haven't signed up for the Consumer Decision-Making project, it isn't too late. The District Contest is **December 9** in Lubbock. Practices are being held at the Extension Office on **Thursday - November 2**, **9**, **Wednesday Nov 15 and Thursday, December 7 at 5:30 p.m.** District contest registration deadline is November 29, call Ronda to be sure you get registered for the competition. We will also have a practice contest to prepare for District which will be held on **Tuesday**, **November 28 at 5:30 p.m.** 



### LIVESTOCK PROJECTS

Major Show and County
Stock Show Entries
Monday through Thursday
November 6, 7, 8, & 9, 2017
8 a.m. - 4:30 p.m.
County Extension Office, 916 Main,
Suite 201

Dates for the 2018 Livestock Shows can be found on our website <a href="http://lubbock.agrilife.org/">http://lubbock.agrilife.org/</a>. Click on Links - Major Stock Shows.

## Entries for Non-Livestock Show Contests at Major Livestock Shows

DEADLINE IS NOV 9<sup>th</sup>

If you plan to compete in a Major Livestock Show, in a non-livestock show competition (i.e. public speaking, horse judging, food challenge, etc.) please do not wait until the posted stock show deadline to complete your entry at the County Extension Office. The majority of these entries must go through the County Extension Office and be submitted when stock show entries are sent in. This requires some time and expense to send these entries in. Please contact us early, to let us know you plan to enter and we will let you know when the office deadline is. Robert does not wait until the last day to send in entries, therefore if you miss the county entry submission, you will have to pay any

additional expenses, as well as postage for this to be sent in. Some Livestock Shows also include an office/paperwork fee in addition to the contest entry fee. If you have questions, please contact us immediately - DO NOT WAIT UNTIL THE LAST DAY TO ENTER!



### **SWINE PROJECT**

### Validation

All swine projects (barrows) must be validated for ownership in late November. This includes barrows which will be shown at Lubbock County and all major livestock shows.

Validation consists of ear tagging, hair samples, recording ear notches and completion of the appropriate forms. The validation process will be conducted similar to last year.

All members with swine will be notified of validation times and locations. If you are not notified by *November* 21 - call the office for details.

District 2 Livestock Ambassadors will have a Lamb, Goat, Steer and Swine Showmanship Clinic on. **December 16, 2017**, 10am-12 noon at the Texas Tech Arena. Admission Free. Call Robert at the County Extension Office for details.

### Livestock Judging

If you are interested in participating contact Robert to get on the list. Watch the Lubbock 4-H Livestock FACEBOOK page for details and on Twitter @4hLubbock

### **HORSE PROJECT**

### Horse Quiz Bowl

We currently have 4-H Horse Quiz Bowl practices being held. If you are interested in participating, please contact Ronda for contact information. The District Contest will be held in Lubbock on **December 9** in the afternoon, with registration due on 4-H Connect by *November 29*. Please notify Ronda if you have a team competing, so that she can register you for the competition on 4-H connect.

### District Contest Registration Information

If you plan to compete in the District Horse Quiz Bowl, Meat Judging, Beef Quiz Bowl, or Consumer Education Contest – be sure to let Ronda know by the registration due date listed with the contest information. She will enter members on 4-H Connect.

### 4-H RABBIT PROJECT

### Youth Rabbit Show

Potter and Randall counties will host a 4-H Rabbit Jackpot Show on **Saturday, December 9** at the Randall County Event Center in Amarillo. Entry deadline is *December 1*; late entries will be taken day of show until 8:30 a.m. The show starts at 9 a.m. Please contact Ronda for entry information.

### ACCIDENTAL/MEDICAL INSURANCE

The Texas 4-H Youth Development Program is pleased to announce that an accidental/medical insurance policy has been purchased through American Income Life for all 4-H members and volunteers for the 2017-18 4-H year. This policy provides blanket coverage for all enrolled 4-H members and approved 4-H volunteers for all 4-H events, including 4-H events and activities that require travel across county and state lines. Therefore, counties no longer have to purchase an annual policy or a policy for individual events and activities throughout the year. Please keep in mind that this policy is only for enrolled and active 4-H members and approved 4-H volunteers. Therefore, you may want to consider an additional policy for individual events and activities that involve non-4-H members or adults that are not approved 4-H volunteers. American Income Life is a nationally recognized insurance provider for many 4-H activities and events. However, other companies offering similar insurance coverage can be explored.

The policy purchased is also an excess (secondary) policy. For 4-H members and volunteers that have health insurance, their personal policies will be the primary insurance provider for treatment/care with the American Income Life policy providing secondary coverage for costs incurred that were not covered by their primary insurance provider. For 4-H members and/or volunteers that do not have health insurance, this American Income Life policy will provide primary coverage. Those for which this policy will serve as primary coverage, the Policy Number (found on the claim form) will need to be provided to the medical facility providing care for the 4-H youth/adult volunteer.

If any accident, injury or illness occurs at a 4-H event in which insurance coverage must be accessed, you are asked to complete the attached claim form and submit it to Courtney Dodd (cfdodd@ag.tamu.edu) within 10 days of the incident. This form may also be accessed on the publications page of the Texas 4-H Website or at the following direct link: http://texas4-h.tamu.edu/files/2015/09/Texas-4-H-Claimform.pdf

If any accident, injury or illness occurs at a 4-H event in which insurance coverage must be accessed, you need to

contact Ronda immediately so that claim information can be properly submitted.

### KAY'S KORNER

### TEN FALL PRODUCE PICKS TO ADD TO YOUR PLATE

Fall is here! The nights are getting chilly and the sun is setting sooner. Cozy sweaters and boots are starting to sound like a great idea. This is the perfect time to start incorporating those seasonal foods of autumn! Head to the local grocery store or farmers market and start filling your cart with these nutritious fall produce picks!

### 1. Apples

Apples are sweet or tart, and satisfying to eat when raw or baked in delicious dishes. Remember to eat the skin—it contains fiber and heart-healthy flavonoids (antioxidants) that boost your immune system.

#### 2. Beets

The entire beet is edible from their leafy greens down to the bulbous root. Red beets are the most common but other interesting varieties can be found at your local farmers



market. Beets are rich in naturally occurring nitrates and may help to support healthy blood pressure.

### 3. Cranberries

Cranberries are known for their tart taste and their wealth of nutritional benefits. They may help prevent urinary tract infections because they contain a compound



(proanthocyanidin) that prevents harmful bacteria from sticking to the bladder wall. Fresh and dried cranberries pair well with a variety of meats and poultry, and be eaten raw, cooked, or dried. Dried may have a good amount of added sugar, however.

### 4. Kale

Kale is a nutrient powerhouse food that can survive a snowstorm. One cup of raw kale has only 8 calories and is loaded with vitamin A, C and K as well as Manganese. Kale



is great sauteed, cooked in soups, and excellent raw in salads; simply remove tough stems, slice into thin slivers and pair with something a bit sweet such as carrots or apples.

#### 5. Okra

Often okra is found fried, but it is also wonderful in more nutritious dishes such as in stews, gumbos, curries, or stir-fries. Okra is high in vitamin K and C, a good source of fiber and folate, and



low in calories. In the grocery store, look for pods that are no longer than 4 inches and are bright green and firm to touch.

### 6. Parsnips

Parsnips are similar to carrots—they have the same root shape but with white flesh. They are usually eaten cooked, but can also be eaten raw. One-half cup of cooked



parsnips contains 3 grams of fiber and more than 10% of the daily values of vitamin C and folate. Try roasting, pureed into soups or even mashed.

### 7. Pears

Pears are available year-round, but they are most delicious in the fall. Check to see if the fruit near the stem gives to a little pressure – this indicates they are ripe. And, like apples they are excellent fresh, but can also be cooked, grilled, poached, pureed, or canned for the winter. Remember, don't skip out on the peel, as one medium pear has 6 grams of fiber – that's 20% of the daily recommendation!

### 8. Pumpkin

Pumpkins are more than just a holiday decoration! They are a rich, hearty vegetable that can be used in a variety of recipes. It is also full of fiber and vitamin A, and these nutrients are a good way to boost immunity as flu season rolls around.

### 9. Spaghetti Squash

Spaghetti squash is a fun, kid-friendly vegetable that is a lower-calorie and glutenfree alternative to grain-based pasta. Cut it in half to reveal a pocket of seeds; scoop



those out and pop it in the microwave or oven and cook until tender. Scrap a fork into the flesh and spaghetti-like strands appear. It contains important nutrients such as vitamin A and potassium. Try it with pesto, marinara, or alfredo sauce for a quick veggie dish.

### 10. Sweet Potato

When compared to white potatoes, sweet potatoes have a little extra punch in terms of fiber, vitamin A and potassium. They are also high in vitamin B-6 and

C. They are great for any meal and can be cooked in just about any way possible!

#### Source:

http://www.eatright.org/resource/food/nutrition/healthyeating/fall-produce-picks

"A Produce Reference Guide to Fruits and Vegetables from Around the World" by Donald D. Heaton

Created by: Jacquelyn Valle, TTU Dietetic Intern 2016-17

### **Apple Crumble**

1/3 cup flour
1/2 cup nonfat dry milk powder
1/3 cup sugar
3 cups sliced apples
1 tsp cinnamon
1/4 tsp nutmeg
3 Tbsp margarine

Preheat oven to 350°F. In a bowl, mix flour, milk, sugar, cinnamon, and nutmeg. Blend in margarine with fork until mixture is crumbly. Spread apples evenly in 9-inch pie pan. Top with crumb mixture. Bake for 25 minutes or until apples are tender.

Yield: 6-8 servings

### **Apple Leather**

3 cups applesauce ½ cup sugar ¼ tsp nutmeg Powdered sugar

Mix applesauce, nutmeg and sugar. Spread ½" thick in shallow pan and bake at 250°F for 3 hours. Remove when nearly dry and sprinkle lightly with powdered sugar. Roll jell-roll style, slice thin and serve. Yield: 32 pieces

### **Honey Apple Rings**

1/2 cup honey
2 Tbsp vinegar
1/4 tsp salt
1/4 tsp ground cinnamon
4 medium cooking apples, unpeeled, cored, and cut into 1/2" rings

Combine honey, vinegar, salt and cinnamon in a large skillet; bring to a boil. Add apple rings; reduce heat and simmer 8 to 10 minutes, turning apples once. Yield: 8 servings

Ronda Alexander
County Extension Agent, 4-H
Lubbock County

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E. Kay Davis CEA-Family & Community Health Open Position CEA-Agriculture

Vikram Baliga CEA-Horticulture Robert Scott CEA-Agriculture

Katelyn Kesheimer EA-Integrated Pest Management

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.



P.O. Box 10536, Lubbock TX 79408; 916 Main, Suite 201, Lubbock TX 79401

Phone: (806) 775-1740 FAX (806) 775-1758

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4-H Cale	ndar*					
			1 •6-7 p.m. Vet Science Project Mtg, CEO	2 •5:30-6:30 p.m. Consumer Practice, CEO	3	4
5	6 ●6:30 p.m. Nutrition Quiz Bowl Practice, CEO	7 •RSVP if attending Clover Kids Mtg on 11-8	8 ●5:30-6:30 p.m. 4-H Clover Kids Mtg, CEO	9 •RSVP for 11-12 Teen Council •5:30-6:30 p.m. Consumer Practice, CEO	10 ●County Holiday CEO Closed	11 District Food Show & Nutrition Quiz Bowl  VETERANS DAY
		8:00 a.m 4:30 p.m. Lives	tock Show Sign-Up, Lubbo	ck		
12 •6:30-8:30 p.m. Teen Council Recreation night	13	14	15 •5:30-6:30 p.m. Consumer Practice, CEO	16	17	18
19	20	21 Swine Validation	22	County Holiday	24 ys - Thanksgiving	25
26	27 ●5:30 p.m. 4-H Youth. Bd, CEO ●6:30 p.m. Club Mgr Mtg, CEO ●RSVP for Recordbook Tr 11-28	28 •5:30 p.m. County Consumer Contest •6:00 p.m. 4-H Recordbook Training, CEO	29	30		
		Swine Validation	11-31			



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4-H Ca	lendar*	1	2			
3	4	5 •RSVP for Clover Kids Mtg on 12-6	6 5:30-6:30 p.m. Clover Kids Meeting	7	8 •RSVP for Community Service Project on 12-10	9 •District Consumer Decision-Making & Horse Quiz Bowl Contests
10 ●3-5 p.m. Teen Council Community Service - Wrapping presents	11	12 ●6 p.m. 4-H Foundation Scholarship Training, CEO	13	14 •RSVP for Angel Tree on 12-16	15	16  ●10 a.m6 p.m. Teen Council Bell Ringers Call Ronda to sign up ●10-12 p.m. D2 Livestock Ambassadors Showmanship Clinic, TTU
17	18	19	20	21	22	23
24	25 Christmas Day	26 /- CEO Closed	27	28	29	30
31						

CEO = Lubbock County Office of the Texas AgriLife Extension Service, 916 Main, Suite 201, Lubbock TX







# LUBBOCK COUNTY GOAT JACKPOT

JUDGE: TBD

# = 1/10/18-6pm=

Location......TTU Livestock Pavilion
Entry Deadline......Day of Show
Official Weigh-in......5:00-6:00pm (no weigh back)
Entry Fee.......\$25

Showmanship starts at 6:00pm

### SHOW RULES AND GUIDELINES

- 1. Open to any 4H or FFA member in Lubbock County (Pewees do not have to be members)
- 2. Goats must be state validated
- 3. Weathers and/or does allowed
- 4. Minimum weight 50 lbs. -no maximum
- 5. Horns allowed, but must be tipped
- 6. Must be uniformly slicked sheared, no longer that 3/8 inch above the hocks
- 7. No tooth rule
- 8. OFFICIAL WEIGH IN. NO WEIGH BACK.
- 9. Buckles awarded for Grand, Reserve Grand Champions
- 10. Buckles to Showmanship Winners
  Show order: Pewee (2nd grade and under), Junior (3rd-5th grade), Intermediate (6th-8th grade), Sr. (9th-12th grade),

Contact Robert Scott for more information

# SCHWANN'S Lubbock County 4-H Fundraiser



Timeframe: November 15-December 30, 2017

### Process:

- 1) Log onto www.schwanns.com
- 2) Enter Promotional Code: 35496
- 3) Order desired products online and they will be delivered to your location
- 4) Or place your order by phone at 1-855-870-7208.

Lubbock County 4-H will receive credit for 20% of all products ordered through this Schwann's promotion and 40% for gift card purchases.

Please share with family, friends and co-workers.