



Media Advisory - FOR IMMEDIATE RELEASE

September 7, 2018

Contact: Ronda Alexander, 806-775-1740
rd-alexander@tamu.edu

4-H 101: Everything You Need to Know About 4-H

If you've heard of 4-H, but really don't know much about it, then 4-H 101 is for you! Mark your calendar for Tuesday, September 11 at 6pm. 4-H 101 will be held at the Lubbock County 916 Main Building in the lobby meeting room. Lubbock County 4-H'ers will also have various project information set up for those interested, to learn more about the different projects that are offered through 4-H.

4-H 101 is for anyone who wants to learn more about the opportunities available through involvement in the Lubbock County 4-H program; as well as 4-H families who want to get their children involved in the 4-H program. 4-H isn't just about showing livestock, although that is one area that youth can participate in. 4-H projects include, but are not limited to: public speaking, food and nutrition, shooting sports, leadership, community service, rabbits, housing and consumer education, just to name a few of the over 40 projects available for youth to participate in.

Youth Kindergarten through 2nd grade may participate in the 4-H program as Clover 4-H'ers, there is no membership fee for Clovers to participate. Regular 4-H membership is for youth 3rd - 12th grade, with a \$20 fee per child per year required.

4-H is about having fun, meeting new people, developing life-long skills and helping others, plus many other opportunities. For more information, contact the Lubbock County Texas A&M AgriLife Extension Office at 775-1740. Otherwise - we'll see you at 4-H 101.