



Lubbock County 4-H News



Lubbock County Extension Office • (806) 775-1740 • Fax (806) 775-1758 • <http://lubbock.agrilife.org/>
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November - December, 2019

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4-H MEMBERSHIP

If you have not completed your 4-H membership on 4-H Connect it is time to do so. An enrollment fee of \$30 per year, per member (official 4-H age 9 or in the 3rd grade through age 18) is now required for participation in any 4-H meeting, contest or activity. To join, please visit the county website <http://lubbock.agrilife.org/> and click on enrollment/4-H Connect. If you have previously enrolled, please use your past profile.

This will be your last 4-H Newsletter until the 4-H enrollment is completed. Please contact Ronda if you have any questions.



2019 CHILDREN'S 4-H BARNYARD

The Lubbock County Extension Staff would like to say "THANKS" to everyone who assisted with the 2019 Children's 4-H Barnyard at the South Plains Fair.

We also want to thank our sponsors for this year: the South Plains Fair and Purina Mills - for providing the feed for the animals.

And finally, we want to thank each of the families and individuals who provided animals and exhibits for the Barnyard. Without these individuals and their animals, we would not be able to operate. Thank you to: the Verkamp's, the Townsend Agency, the Jackson's, Caprock BeeKeepers Association, the Kendrick's, the DeSautel's, Billy Scott family, the Kendrick's and the Martin's.

Parents and 4-H'ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

*Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity.
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating*

SCHOLARSHIPS***4-H Foundation Scholarship Training***

Scholarship applications are currently available on line at the 4-H Foundation website. A county scholarship preparation meeting will be held on **Tuesday, December 10 at 6:00 p.m.** at the County Extension Office. Please RSVP to Ronda by *Monday, December 9* if you plan to attend the training. Any youth in High School and their parents will find this training helpful. For anyone planning on applying for a scholarship this year please review the scholarship guidelines; for 4-H purposes, you will need to complete the FAFSA information prior to December 1.

PARENT- LEADERS ASSOCIATION

Parent Leaders will not meet in November or December.

TEXAS 4-H CENTER WEBSITE

While you are surfing the web, don't forget to visit the Texas 4-H Center's website: <http://texas4hcenter.tamu.edu/>. You never know what you might find. You might even want to do a little Christmas shopping.

ARE YOU A MEMBER?

The Texas 4-H Friends and Alumni Association would like to have you as a member! To find out more about them, visit www.texas4hfriends.org

TEEN COUNCIL***December Community Service- Wrapping Presents***

For our fall community service activity, Teen Council members will be wrapping Christmas presents at the Lubbock State School on **Sunday, December 15 from 3-5 p.m.** Please RSVP by *Friday, December 13* if you plan to participate. We will be at the volunteer office [after entering the grounds (entrance from University just North of the North Loop) turn right at the first stop sign, Volunteer Center will be on the right at the next stop sign].

4-H Teen Leadership Retreat

The Texas 4-H Center will be hosting a Teen Leadership Retreat **January 3-5** at the Texas 4-H Center at Lake Brownwood. The Retreat is for Senior age 4-H'ers in grades 7-12. Registration is \$140 for youth and \$110 for adults, open through *December 20* on the 4-H Center's website (not 4-H Connect). Adult chaperones are required to attend. Visit the Texas 4-H Conference Center website for more information.

***December Community Service -
Salvation Army Bell Ringer's***

Last year Teen Council members volunteered as Bell Ringer's at the 19th and Quaker Market Street. We will be doing this again this year on **Saturday, December 7** from 10 a.m. - 6 p.m. We need 2 people per shift. Please call Ronda to sign up for a shift: 10-12 p.m., 12-2 p.m., 2-4 p.m., and 4-7 p.m.

LUBBOCK COUNTY 4-H ON-LINE

If you lose your 4-H newsletter, there's still hope. You may now access the 4-H newsletter as well as various other sources of information at: <http://lubbock.agrilife.org/>

CLUB MANAGERS

Club Managers, as you get started with the new 4-H club year, please give Ronda a call if you have any questions, she'll be happy to assist you with the information that you need. Also, if you would like to schedule her to come to your club meeting or to present a program for your club, please contact her as soon as possible. She would like to attend at least one meeting of each 4-H club in the Fall and the Spring.

Please also mark your calendars for the next Club Managers Training which will be held on **Monday, December 16 at 5:30 p.m.** at the County Extension Office.

**COUNTYWIDE 4-H CHRISTMAS
ACTIVITY**

This year instead of a 4-H Christmas Party, we will be assisting with the Salvation Army Angel Tree project sorting their donations. We do not have a scheduled date yet; but call in if you want to volunteer and we will contact you when a date is scheduled.

CHRISTMAS COMMUNITY SERVICE AT BAYER AG MUSEUM

4-H has been asked to assist with a kids Christmas Event at the Bayer Museum of Agriculture on **Sunday, December 8th**, 2-5p.m. to assist with the children's activities. 4-H'ers will assist the younger children attending with the activities. So 4-H'ers need to be Intermediate or Senior age in order to assist. Please *RSVP by December 6*, if you would like to volunteer.

4-H ADULT & YOUTH ADVISORY BOARD

Monday, December 16 at 6:30 p.m. will be the date of our next 4-H Adult and Youth Advisory Board meeting. The meeting will be held at the County Extension Office Conference Room. Any interested 4-H'ers or leaders are welcomed to serve on this Board, please let Ronda know of your interest, prior to the meeting.

SCHOOL EXCUSE POLICY

4-H members who plan to participate in livestock shows and miss school classes must sign up for the livestock shows at sign-up.



The Extension Office will make a request for your school absence prior to the event (livestock show). **This request will list only your intent to attend a certain stock show. All the dates will be listed on the excuse for the particular stock show. It is the 4-H member's responsibility to notify the school of the exact dates you will be missing.** This request will also indicate a check for the 4-H members academic eligibility for extracurricular activities; the 4-H'er, their parents and the sponsoring show will be notified. Any non-compliance by such 4-H'ers will be penalized by the school districts policy (Discipline Management System).

4-H members and families need to take the following actions—

1. Complete the 4-H school excuse form.
2. Work with school instructors on homework, tests, etc. prior to the absence;
3. **Check with school officials at least 7 days prior to absence to see that you are on the request list and determine eligibility; and notify the school officials of the exact days you will be absent.**
4. Monitor your own personal 10 day / 90% absence / attendance requirements as outlined by your school district; and

5. Thank school officials for their cooperation. Any changes in procedures/policies will be noted at sign up.

ANNUAL PET FOOD DRIVE FOR MEALS ON WHEELS

Alyssa Elmore will be conducting the Pet Food Drive. Donations of cat food and dog food are taken to Meals on Wheels for their senior clients.

The pets of the elderly and disabled in many cases are the only companionship these people have and they will give their own food to the pet instead of eating it themselves. By providing the pet food with their meals the clients' lives are made better.

Alyssa will be collecting pet food and/or donations from **November 11 through December 20**. You can drop your donations off at the County Extension Office or call 787-6356 or 252-0727 to make arrangements for donations. Thank you for your assistance. You may also make a monetary donation and she will purchase pet food for you.

SMILE.AMAZON.COM

Please sign up through "smile.amazon.com" to help raise money for Lubbock County 4-H. Please use the following link to sign up: <https://smile.amazon.com/ch/75-2316167> They will donate a portion of your purchase to Lubbock County 4-H.

4-H RECORDBOOKS

If you are interested in 4-H recordbooks and record keeping, please make sure to attend the County training on **Monday, December 2** at 6:00 p.m. at the County Extension Office. *Please RSVP by noon on December 2*, if you plan to attend. If you can't make this one, there will be more scheduled in the Spring or you may have one scheduled specifically for your 4-H Club. There are changes to the Recordbook forms, so everyone needs to attend a training to get the updated information.

This Holiday Season,
"Feed a Friend - It's as Easy as Pie!"
 November 16-23



Don't forget to support our friends at Meals on Wheels!

For a \$5 donation to Lubbock Meals on Wheels, donors will receive a coupon for a **Sara Lee pie.**

Donations can be made at any local United Supermarkets location (through the cashier, at the customer service counter, or to the Meals on Wheels' representative in the store) or at the Meals on Wheel' office, 2304-34th Street. Coupons are redeemable at Lubbock United Supermarkets through December 31, 2019.

Sponsored by United Supermarkets/Market Street, KLBK-13 and KAMC-28.

They are also in need of volunteers to man a table in the United Stores to ask for \$5 donations for this campaign. To sign up please contact Brittainy@Lubbockmow.org.

4-H CLOVER KID OPPORTUNITIES

Did you know that 4-H is for everyone! As the new school year is upon us, Lubbock County is creating new, fun and exciting ways to incorporate the 4-H Clover Kids into our program. Clover Kids are available for children ages 5 to 8 years (K-2). At each meeting there will be an activity and a 4-H project learning experience for each youth to be involved in. Clover kids do not pay an enrollment fee, but they do need to be enrolled in 4-H.

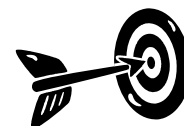
Our next Clover Kid meeting will be held on **Wednesday, November 20 from 5:30-6:30 p.m.** at the LISD School Ag Farm.

For December, we will meet on **Wednesday, December 11 from 5:30 - 6:30 p.m.** at the County Extension Office, and will be doing a community service activity. There is no cost to attend.

4-H PROJECTS



SHOOTING SPORTS PROJECTS AIMING FOR THE BULL'S EYE



The 4-H Shooting Sports project is one that is not designed for individual study. Due to safety concerns, a minimum of one certified coach is required to supervise any 4-H Shooting Sports event or practice session. We offer 3 discipline trainings in Lubbock County. They include 3-Position Smallbore Rifle, Archery, and Shotgun. Because of the popularity of the Shooting Sports project, we must reserve the right to limit participation if necessary to maintain a safe shooting environment. If you are interested in Rifle or Archery, *please call the Extension Office to get your name on the list.* The January Newsletter will have specifics for information about meetings.

2020 4-H Archery Program

The Lubbock County 4-H Archery Program will be begin in February. There is a weekly project fee for this project. Levels of Competition available are:

- District 4-H Archery Contest in May
- Invitational Shoots
- State 4-H Indoor Archery Match
- State Postal League

To register for this project, first contact the Lubbock County extension Office at 775-1740.

This is a very popular project, so be sure that you sign up early.

2020 3-Position Rifle Program

The spring 3-position rifle project involves indoor .22 cal. Rifle shooting in the prone, standing, and kneeling positions. Firearms are provided. Practices are held Mid January through April. Cost to participate in this project include weekly range, ammunition and equipment fees.

Competition includes:

- County and District competition - all age levels.
- Optional Statewide Postal League Competition - Intermediate and Seniors Only.
- State Rifle Match Competition - Seniors Only - qualifying event. Top 3 teams at District.

If you are interested in the 3-position rifle project, contact us at the Lubbock County Extension Office at 806-775-1740 and put your name on the interest list.

2020 Shotgun Program

This is a summer program scheduled to begin in April, 2020. Sign up for this project will be in the March/April 4-H Newsletter.



PHOTOGRAPHY PROJECT

Photography Contest Rules

It is never too early to begin thinking about and taking photos for the 2019-20 Photography contest. You may pick up the new rules from the Extension Office or you may access them at

<https://texas4-h.tamu.edu/projects/photography-video/>

Just a reminder photos must place 1st at the county contest in order to advance to state. The county contest is held mid-March. Watch the newsletter for more details. Juniors and Intermediates will have the same categories, although specifics about District haven't been determined yet. You can start taking photos now.

Categories for 2019-20 will include:

animals-domestic	landscape & nature
animals-wildlife	motion/action
catch-all	night
details & macro	people
dominant color	plant/flora
elements of design	shadow/silhouette
enhanced	Theme-the Elements
food	

For county - entries are due the Monday after Spring Break; 4-H'ers may submit a 4x6 print in each category.



4-H Consumer Decision-Making

If you haven't signed up for the Consumer Decision-Making project, it isn't too late. The District Contest is **December 14** in Lubbock. Practices are being held at the Extension Office on **Wednesdays at 6 p.m.** *District contest registration deadline is December 9, call Ronda to be sure you get registered for the competition.* We will also have a practice contest to prepare for District which will be held on **Wednesday, December 4 at 4:30-6:30 p.m.**; 4-H'ers may come during this time to complete the contest.



LIVESTOCK PROJECTS

Major Show and County Stock Show Entries Monday through Wednesday November 4, 5, 6, 2019 8 a.m. - 4:30 p.m. County Extension Office, 916 Main, Suite 401
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Dates for the 2020 Livestock Shows can be found on our website <http://lubbock.agrilife.org/>. Click on the 4-H Livestock tab at the top and scroll to the bottom for Major Stock Shows.

Entries for Non-Livestock Show Contests at Major Livestock Shows

If you plan to compete in a Major Livestock Show, in a non-livestock show competition (i.e. public speaking, horse judging, food challenge, etc.) please do not wait until the posted stock show deadline to complete your entry at the County Extension Office. The majority of these entries must go through the County Extension Office and be submitted when stock show entries are sent in. This requires some time and expense to send these entries in. Please contact us early, to let us know you plan to enter and we will let you

DEADLINE IS NOV 6th !

know when the office deadline is. Robert does not wait until the last day to send in entries, therefore if you miss the county entry submission, you will have to pay any additional expenses, as well as postage for this to be sent in. Some Livestock Shows also include an office/paperwork fee in addition to the contest entry fee. If you have questions, please contact us immediately - **DO NOT WAIT UNTIL THE LAST DAY TO ENTER!**



SWINE PROJECT

Validation

All swine projects (barrows) must be validated for ownership in late November. This includes barrows which will be shown at Lubbock County and all major livestock shows.

Validation consists of ear tagging, hair samples, recording ear notches and completion of the appropriate forms. The validation process will be conducted similar to last year.

All members with swine will be notified of validation times and locations. If you are not notified by November 21 - call the office for details.

Lamb, Goat, Steer and Swine Showmanship Clinic

District 2 Livestock Ambassadors will have a Lamb, Goat, Steer and Swine Showmanship Clinic on **December 7, 2019**, at the Texas Tech Arena. Time TBD. Admission Free. Call Robert at the County Extension Office for details.

Livestock Judging

If you are interested in participating contact Robert to get on the list. Watch the Lubbock 4-H Livestock FACEBOOK page for details and on Twitter @4hLubbock

HORSE PROJECT

Horse Quiz Bowl

County-wide Horse Quiz Bowl practices are being held on Sundays, beginning on **November 3** from 3-5pm at the Shallowater Ag Classroom. All Lubbock County 4-H'ers are welcomed to participate in this group. If your club would like to have your own practice group, please contact Ronda for information and the District contest registration information. District will be held on December 14 at 1 p.m. at Christ the King School.

DISTRICT CONTEST REGISTRATION INFORMATION

This year registration for District contests will be done by 4-H families instead of the Extension Office. This will also include paying the registration fee.

Upcoming contests will include:

District Meat Judging - Nov 19 - \$15 registration fee

4-H Connect: Oct 30 - Nov 14 deadline

District Horse Quiz Bowl - Nov 14 - \$15 reg. fee

4-H Connect: Nov 25 - Dec 9 deadline

District Livestock Quiz Bowl - Dec 14 - \$15 reg. fee

4-H Connect: Nov 25 - Dec 9 deadline

District Consumer - Dec 14 - \$15 reg. fee

4-H Connect: Nov 25 - Dec 9 deadline

4-H RABBIT PROJECT

We have had some interest this year in having Rabbit Project Meetings. A date has not been scheduled, however if you are interested in attending workshops, please contact Ronda. If there is enough interest we will schedule a workshop series.

ACCIDENTAL/MEDICAL INSURANCE

The Texas 4-H Youth Development Program is pleased to announce that an accidental/medical insurance policy has been purchased through American Income Life for all 4-H members and volunteers for the 2019-20 4-H year. This policy provides blanket coverage for all enrolled 4-H members and approved 4-H volunteers for all 4-H events, including 4-H events and activities that require travel across county and state lines. Therefore, counties no longer have to purchase an annual policy or a policy for individual events and activities throughout the year.

Please keep in mind that this policy is only for enrolled and active 4-H members and approved 4-H volunteers. Therefore, you may want to consider an additional policy for individual events and activities that involve non-4-H members or adults that are not approved 4-H volunteers. American Income Life is a nationally recognized insurance provider for many 4-H activities and events. However, other companies offering similar insurance coverage can be explored.

The policy purchased is also an excess (secondary) policy. For 4-H members and volunteers that have health insurance, their personal policies will be the primary insurance provider for treatment/care with the American Income Life policy providing secondary coverage for costs incurred that were not covered by their primary insurance

provider. For 4-H members and/or volunteers that do not have health insurance, this American Income Life policy will provide primary coverage. Those for which this policy will serve as primary coverage, the Policy Number (found on the claim form) will need to be provided to the medical facility providing care for the 4-H youth/adult volunteer.

If any accident, injury or illness occurs at a 4-H event in which insurance coverage must be accessed, you are asked to complete the attached claim form and submit it to Courtney Dodd (cfddodd@ag.tamu.edu) within 10 days of the incident. This form may also be accessed on the publications page of the Texas 4-H Website or at the following direct link: <http://texas4-h.tamu.edu/files/2015/09/Texas-4-H-Claim-form.pdf>

If any accident, injury or illness occurs at a 4-H event in which insurance coverage must be accessed, you need to contact Ronda immediately so that claim information can be properly submitted.

County 4-H Food Show Results

Jr. Breads and Cereals

Lucy Fritz 1st

Jr. Main Dish

Jack Brewer 1st
Rylan Messer 2nd tie
Hadley Payne 2nd tie
Dane Johnson 3rd

Jr. Nutritious Snacks

Lauryn Ellison 1st

Int. Breads and Cereals

Brynlee Edwards 1st
Reese Bading 2nd

Int. Main Dish

Keegan Martin 1st
Nate Gumaer 2nd
Lainey Johnson 3rd

Int. Nutritious Snacks

Paige Chowning 1st
Kyndra Messer 2nd
Seth Crump 3rd

Sr. Fruits and Vegetables

Ashtyn Ellison 1st

Sr. Main Dish

Joseph Fritz 1st
Ashlynn Messer 2nd

Clover Participants: Brynn Bading, Bristol Chowning, Brix Edwards, Maci Johnson, Josiah Rektenwald, Harley McWilliams, Zane Schwenk, and Addison Crump

Lubbock County 4-H Food Challenge County Results

Junior - Fruits & Vegetables

Shallowater #6 - 1st place
Abi Brownd, Lilah Groves, Ellie Shoaf
Wildcat #2 - 2nd place
Dane Johnson, Kylee McDonald, Cutter Griffis
Shallowater #4 - 3rd place
Lainey Kate Barker, Presley Kute, Landri House, Raeleigh Stephenson

Junior - Nutritious Snacks

Shallowater #3 - 1st place
Nealee Ayers, Taylor Dennis, Landrie Thompson
Wildcat #1 - 2nd place
Lucy Fritz, Kate Winegeart, Mason Winegeart
Shallowater #5 - 3rd place
Kendall Arney, Lainey Wilson, Lily Schenk

Int. - Main Dish

Wildcat #2 - 1st place
Paige Chowning, Jenny Sullivan, Reese Williams
Shallowater #4 - 2nd place
Emma Caudle, Emma Caballero, Logan House, Sadie Cole

Int. - Breads & Cereals

Shallowater #5 - 1st place
Reese Bading, Dalton Baldrige, Keira Mullins
Shallowater #3 - 2nd place
Lana Brickey, Mackenzie Hopkins, Ryleigh Rinker
Wildcat #1 - 3rd place
Brynlee Edwards, Emma Clawson, Lainey Johnson, Nate Gumaer

Senior - Fruits & Vegetables

Shallowater #2 - 1st place
Taylor Everitt, Colton Baldrige, Ashlynn Messer
Wildcat #1 - 2nd place
Bax Edwards, Brier Griffis, Joseph Fritz and Aubree Ayers

KAY'S KORNER

The Influences of Childhood Obesity

Over the past four decades, the rise in childhood obesity has significantly impacted many children, adolescents, and adults. The Centers for Disease Control states that 1 in every 5 children in the United States has obesity. Children with obesity are at a higher risk for developing chronic health conditions, such as asthma, joint and bone complications, sleep apnea, and type 2 diabetes. They are also at a higher risk for developing heart disease, due to potential high blood pressure and high cholesterol. Children with obesity are more likely to be obese as adults which increases the risk Type 2 Diabetes and heart disease, as well and many types of cancers.

There are many factors that have a major influence on obesity in children. Eating behaviors, lack of physical activity, metabolism and family genetics are the most individualized factors; however, home environment and social factors play a huge role. "One of the most influential risk factors of them all is screen time," says Elaine Montemayor-Gonzalez, a Health Specialist with Texas A&M AgriLife Extension. "Too much time spent being inactive while watching television, scrolling social media or playing video games may also lead to lack of sleep for some children, which is also a risk factor for obesity," says Montemayor-Gonzalez. There is a cycle of events that all lead to the development of obesity. Over the years there has been a trend of inactivity and easy accessibility to inexpensive, high calorie foods and empty calorie beverages.

How can we help support the healthy growth and development that children need to become healthy adults? It is most important to be a health role model for your family, says Montemayor-Gonzalez. "Making health a priority and caring about the quality of the food that your family eats, and how much activity they get is really the first step" says Montemayor-Gonzalez. She continues, "Seek out help and resources so that you feel supported when making changes for yourself and your family." Try making some of the following changes and look at these helpful resources from Texas A&M AgriLife Extension.

- **Physical Activity** - School-aged youth are recommended to achieve a minimum of 60 minutes or more of physical activity throughout the day. Make a family activity calendar at home and motivate each other to be active together. Enjoy the outdoors and take a walk, ride bikes, build a garden, practice stretching, or play a basketball game in your driveway. Engage in a friendly competition with other families and see who can "Walk Across Texas" first. For more information on a free 8-week physical activity program, visit <http://walkacrosstexas.tamu.edu/>
- **Healthy Nutrition** - Always plan out your meals before grocery shopping to limit the temptations of unhealthy foods. Choose more fruit and vegetables as snacks throughout the day and make them half of your plate for

meals. Drink plenty of water to avoid dehydration and limit sugary beverages. Invite your children to help you prepare and cook a meal, not only is this fun for them, but they are learning about healthy foods. To try some quick and healthy recipes, visit <https://dinnertonight.tamu.edu>

- **Screen Time** - Boundaries for screen time and social media should always be followed daily. A good balance will help limit inactivity. It is recommended that children 6 years and older should limit their screen time from 1-2 hours a day. Set automatic limits on phones and tablets, and motivate your child to engage in youth development programs such as 4-H. To learn more about the hands-on activities in science, health, and agriculture, visit: <https://texas4-H.tamu.edu/>

As parents, grandparents, and guardians we must make positive changes for our children. We are the most important influencers in their lives. The positive change for a healthy lifestyle must come from us.

Sources: Elaine Montemayor-Gonzalez, Extension Program Specialist, 361-668-5705. Email: elaine.montemayor-gonzalez@ag.tamu.edu

<https://www.cdc.gov/features/childhoodobesity/index.html>

<https://pediatrics.aappublications.org/content/138/5/e20162593>

https://health.gov/paguidelines/second-edition/pdf/physical_Activity_Guidelines_2nd_edition.pdf#page=46

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/American-Academy-of-Pediatrics-Announces-New-Recommendations-for-Childrens-Media-Use.aspx>



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The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>Texas A&M AgriLife Extension Service Lubbock County 4-H NOVEMBER 2019</div>						
					1	2
3 ●3-5pm Horse Quiz Bowl practices start, Shallowater Ag Classroom	4	5	6 ●6pm Consumer Practice	7	8	9
8:00 a.m. - 4:30 p.m. Livestock Show Sign-Up, Lubbock						
10	11 ●County Holiday CEO Closed 	12	13 ●6pm Consumer Practice	14	15	16
17	18 	19	20 ●5:30-6:30 p.m. 4-H Clover Kids meeting, LISD School Ag Farm ●6pm Consumer Practice	21	22	23
Swine Validation						
24	25	26	27 	28 	29	30
Swine Validation			County Holidays - Thanksgiving			

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in Extension-sponsored meetings are encouraged to contact the County Extension Office at 775-1740 to determine how reasonable accommodations can be made. Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H DECEMBER 2019</p>						
1	2 ●6:00pm 4-H Recordbooks Co. Training, CEO - RSVP by noon if attending	3	4 ●4:30-6:30 Co. Consumer Practice Contest, CEO	5	6 ●RSVP if attending Christmas Comm Service at Bayer Ag Museum on 12-8	7 ●10am-6pm Teen Co. Bell Ringers ●D2 Livestock Ambassadors Showmanship Clinic, TTU Arena
8 ●2-5pm Community Service at Bayer Ag Museum	9 ●RSVP if attending Scholarship Training on 12-10 ●D2 4-H Consumer contest Registration Deadline-Call Ronda	10 ●6pm 4-H Foundation Scholarship Prep Training, CEO	11 ●5:30-6:30 4-H Clover Kids Meeting, CEO	12	13 ●RSVP if attending Teen Co. Community Service on 12-15	14 ●am-D2 4-H Consumer Contest, Lubbock ●1pm D2 4-H Horse Quiz Bowl Contest, CTK School
15 ●3-5pm Teen Council Community Service, Lubbock State School	16 ●5:30pm Club Managers Training, CEO ●6:30pm 4-H Adult & Youth Advisory Board, CEO	17	18	19	20 ●Registration Deadline for 2020 4-H Teen Leadership Retreat	21
22	23	24	25  Christmas Day	26	27	28
County Holiday - CEO Closed						
29	30	31				



LUBBOCK COUNTY GOAT JACKPOT JUDGE: Mason Weadock

==1/15/20-6pm==

Location.....TTU Livestock Pavilion
Entry Deadline.....Day of Show
Official Weigh-in.....5:00-6:00pm (no weigh back)
Entry Fee..... \$25

Showmanship starts at 6:00pm

SHOW RULES AND GUIDELINES

1. Open to any 4H or FFA member in Lubbock County (Pewees do not have to be members)
 2. **Goats must be state validated**
 3. Weathers and/or does allowed
 4. Minimum weight 50 lbs. –no maximum
 5. Horns allowed, but must be tipped
 6. Must be uniformly slicked sheared, no longer that 3/8 inch above the hocks
 7. No tooth rule
 8. OFFICIAL WEIGH IN. NO WEIGH BACK.
 9. Buckles awarded for Grand, Reserve Grand Champions
 10. Buckles to Showmanship Winners
- Show order: Pewee (2nd grade and under), Junior (3rd-5th grade), Intermediate (6th-8th grade), Sr. (9th-12th grade),

Contact Robert Scott for more information
806-775-1740



PET FOOD DRIVE

Alyssa Elmore of the Wildcat 4-H Club in Lubbock County will be continuing the Pet Food Drive again this year.

Donations of cat food and dog food are taken to Meals on Wheels for their senior clients.

The pets of the elderly and disabled, in many cases, are the only companionship these people have and they will give their own food to the pet instead of eating it for themselves. By providing the pet food with their meals, the clients' lives are enhanced.

Alyssa will be collecting pet food and/or donations from **November 11 through December 20.**

There will be a drop of location at the District Winter Round Up on December 14, 2019.

You can drop your donations off at the Lubbock County Extension Office or call 806-252-0727 or 806-787-6356, to make arrangements for donation drop-off in Idalou.

Thank you for your help!

You may also make a monetary donation and she will purchase pet food for you.

