

Obtain knowledge and skills to live a healthier lifestyle and encourage others to do the same.

Receive 40 hours of training and give back 40 hours of service!



MASTER WELLNESS VOLUNTEER PROGRAM

allows those who have a passion about health and wellness to share that passion with others via worksite wellness programs, community events and more!

Cost:

Regular: \$75

College Student: \$25

2020 Series Dates:

January 21 - First Session

February - Online Study

March 3 - Final Session

Session Times:

9:30 AM - 3:30 PM

Registration Opens: November 15, 2019 at <https://agrilife.org/mwv>

Registration Deadline: January 14, 2020

For More Information and Session Location

Contact Kay Davis, CEA-FCH at 806-775-1740

**TEXAS A&M
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EXTENSION**