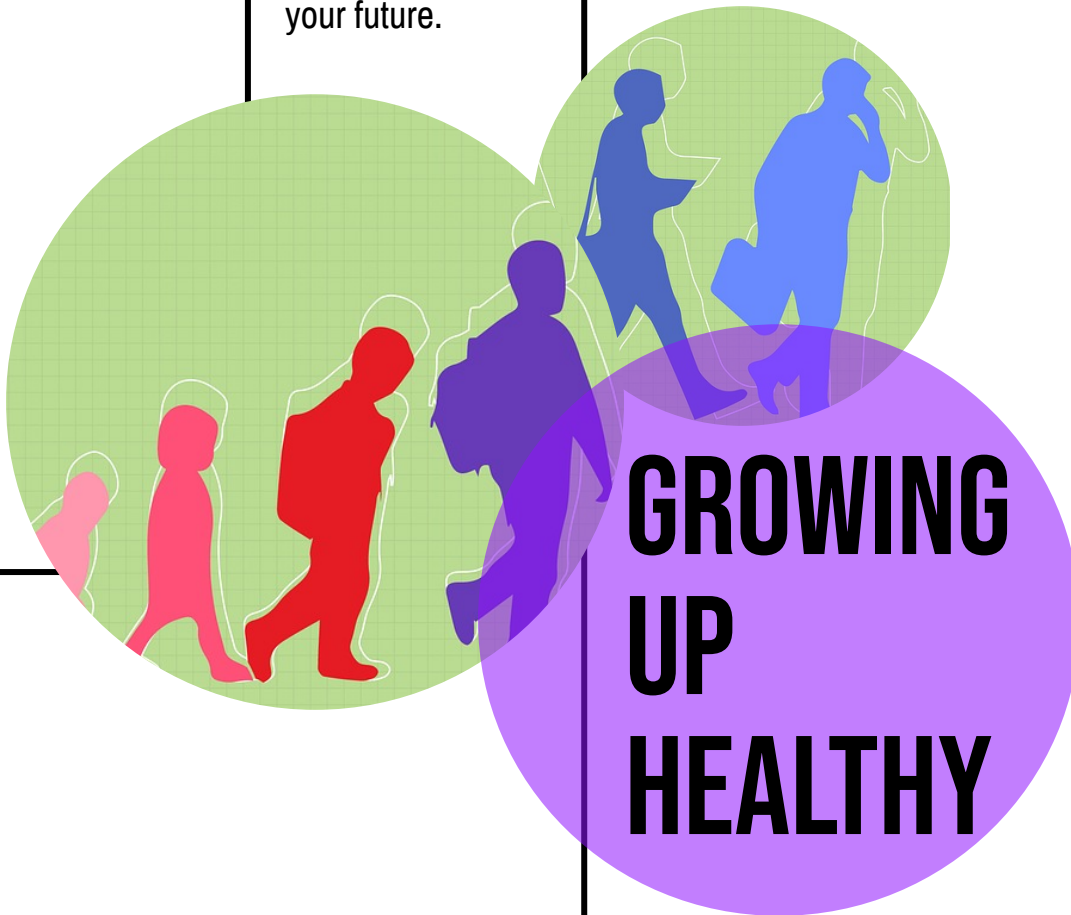


Expand your knowledge, protect your future.



GROWING UP HEALTHY

Growing up can be hard for both parents and teens. This workshop will help families learn more about reproductive health and gain tools to more effectively communicate with their family about health choices.

Those who attend will learn about physical changes that occur during the teen years, how to talk about health and hygiene, statistics regarding reproductive health concerns, and ways to reduce risky behaviors.

Recommended for ages 10-15 and their caregivers. Childcare, snacks and lunch will also be provided by our event partners.

**This event will be held on
Saturday, February 8, 2020
from 11am-2pm
at
Buckner Family Hope Center
located at
1510 S Loop 289,
Lubbock, TX 79412**

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Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in Extension sponsored meetings are encouraged to contact the County Extension Office at 775-1740, one week prior to the program meeting to determine how reasonable accommodations can be made.

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