



Lubbock County 4-H News



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LUBBOCK COUNTY 4-H IS ON FACEBOOK

Be sure to "like" the Lubbock County 4-H Facebook page. Visiting the page will help remind you about upcoming 4-H activities and events. Our page will also inform you about meeting changes, cancellations or notices. For example, if you are signed up for recordbook training (or thinking about attending) and we have "bad or iffy" weather - check the facebook page to see if we are still going to have the meeting. This will hopefully save extra phone calls, missing the meeting or coming to the office and finding out the meeting was cancelled. We hope this will become a more efficient way to communicate with each of you!

4-H AWARDS AND RECOGNITION

Parents and Leaders, please mark your calendars for **Wednesday, April 15 at 5:30 pm** for the next Awards and Recognition Committee Meeting. We will begin plans for the County Achievement Banquet. The meeting will be held at the County Extension Office.

4-H Project Forms

Just a reminder that 4-H'ers need to complete at least one project form, found in your 4-H Handbook in order to receive a project and year pin at the County 4-H Achievement Banquet in August. These forms may be picked up from the Extension Office. *Once forms and projects are completed, they need to be turned in to club managers or to the County Extension Office.



Let us know if you have questions about completing these forms. The forms are also at the website under 4-H publications.

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Ronda Alexander at 806-775-1740 at least 2 weeks prior to the program or event.

4-H TEENS

Teen Council

The March 4-H Teen Council Meeting will be held on Monday, **March 23*** at 7:00 pm at the County Extension Office following the County Fashion Show. April's meeting will be at the County Extension Office on **April 20** at 6:30pm. *Due to Spring Break this is a different date from our regularly scheduled meeting. Just a reminder that we will elect 2020-21 officers at the April meeting. All 4-H'ers age 13 and older are invited to participate in Teen Council activities. If you would like more information about this group, please give Ronda a call at 775-1740.

District 4-H Council Officer Applications

Senior age 4-H'ers may want to consider running for an office on the District 4-H Council. To run, you must submit an officer application to District by mid-April, elections will be conducted during Power Camp. Please contact us if you are interested, we do not have full details yet.

“Ranch Day” Agriculture Awareness with the Ranching and Heritage Center

Lubbock County 4-H has been asked to assist with an agriculture awareness day at the Ranching and Heritage Center on **Saturday, April 25** from 10 am - 4 pm. We will be manning the leather crafting station. Please contact Ronda by *April 22* to sign-up to volunteer; 2 hour time slots are available.

Healthy Texas Youth Ambassador Program

The Healthy Texas Youth Ambassador Program is looking for teens that are ***motivated, excited, and ready to make a change in their community!*** This program is designed for high school age youth who have a passion for health and wellness. These youth will be trained at the regional level to become youth health experts who can motivate others to make a change in their lifestyle to improve their health. More importantly, ***these ambassadors will assist local county extension agents with program efforts, project activities, and much more!***

Youth do not have to be current 4-H members, but must be willing to join 4-H. Eligibility requirements include:

- Be in at least the 9th grade at beginning of the 2020-2021 school year
- Submit completed application to the local county extension office by May 1, 2020

- Have an interest and passion to serve others in the area of health education which includes nutrition, physical activity, passenger safety, and safe environments!

After youth are accepted to the local program, they must fulfill the following obligations:

- Complete and report 40* hours of leadership, program efforts, or community service annually. **This is a reduction in previous hours to be consistent with other ambassador programs.*
- Attend a Regional Healthy Texas Youth Ambassador Summit in a location nearest to them.
- Attend face-to-face and online trainings.
- Remain academically eligible.
- Must agree to the obligations and requirements outlined in the HT Youth Ambassador Handbook.
- Ambassadorship is a 12-month commitment, beginning June 2020. Ambassadors who fulfill the minimum (40) hours of service will be invited to reapply for the following year. New and returning ambassadors **MUST** complete a new application annually.
- To meet all commitments for which the Ambassador volunteers and to complete those commitments with excellence.

Ambassadors who are selected will be required to pay the estimated registration fee of \$75-\$100 for the regional Healthy Texas Youth Ambassador Summit. They will also be responsible for any travel costs related to this or other trainings established by the county extension agent or regional Healthy Texas Youth Ambassador Team. Actual program costs will vary from county to county and be dependent on activities and trainings offered. Interested youth will apply to the local office of Texas A&M AgriLife Extension ***no later than May 1***. Ambassadors should be selected by a local committee and be notified of acceptance by **June 1**. Those selected will be expected to attend the regional training on **July 21**. Please contact Ronda for more information or to apply.

YOUTH LEADERSHIP OPPORTUNITIES

There are several leadership opportunities which are available for youth to assist with. 4-H'ers participating will assist Ronda at these specific activities. If you are interested, give her a call to find out exact details (775-1740).

4-H PARENT LEADERS ASSOCIATION

All parents and leaders are invited and encouraged to attend the Parent Leaders Meetings which are held monthly. This month's meeting will be on **Monday, March 23** at 7:00 pm (tentative), at the County Extension Office, following the County Fashion Show. April's meeting will be held on **April 20** at the County Extension Office at 6:30pm. If you really want to know what all is going on in the Lubbock County 4-H program or if you just want to get involved, then plan on attending these meetings. Make sure that your club is represented so your club will know what all is going on. Spring gets really busy and there are many opportunities for both youth and adults to participate in. So, don't be left out and get involved today!

4-H CLUB MANAGER TRAINING

We will have a 4-H Club Manager training on **Wednesday, April 15** at 6:30 pm at the County Extension Office. The training topic for the meeting will be on "Managing and Operating Concession Stands."

DISCOVER SCIENCE - POSTER CONTEST

Details for the Discover Science Technology Poster Contest are now available on the Texas 4-H Website. There are some changes to this year's competition, so you definitely want to check out the details. Entries are due to state in *May* and must be scanned and uploaded through 4-H Connect when Roundup registration is due. Please contact Ronda by *May 1* if you are interested in competing in this event which is held during State 4-H Roundup. Both Intermediates and Seniors are eligible to compete. For specific information, visit the State 4-H website Texas 4-H Roundup webpage.

<https://texas4-h.tamu.edu/events/roundup/>

JUDGING TEAMS/CONTESTS

4-H'ers are reminded that if they are interested in participating on a judging team, they need to call the Extension Office to sign up and find out about practice schedules. County teams will be determined prior to participation at the District Contest. District 4-H Judging Contest dates are tentatively set for:

Horse - **April 17** - West Texas A&M at
Canyon (This is a Friday contest)
Livestock - **April 24** - SPC Levelland

Wool - **April 21** - Texas Tech
Livestock Skill-A-Thon - **June 2**

Other District Contests:

Rifle - **April 25** - Levelland
Grass ID - **April 27** - am (location TBD)
Entomology - **April 27** - am (location TBD)
Archery - **May 16** - Floyd Co.

If you are interested in participating on a judging team and you have not signed up yet, you need to do so immediately. Practices are getting started and you don't want to miss out.

Livestock Judging

If you would like to participate in Livestock Judging, please contact Robert Scott, CEA-Agriculture, at the Lubbock County Extension Office 806-775-1740 or email him at Rscott@ag.tamu.edu. The first practice is **April 6th** at 6:00 pm at the County Extension Office. Watch the Lubbock 4-H Livestock Facebook page for details.

4-H Soils Judging /Grass ID Contest

Soil Judging will start meeting **Tuesday, March 10** at 4:30 pm at the Extension Office (916 Main, Suite 401). Mark Brown will continue to serve as our Project Leader/Coach. This is now an invitational contest for State (not qualifying). Instead of a District Contest this year we will have a mock contest - details will be announced at practices.

CAMPS, CAMPS, CAMPS

Summer Camp Sign-Up

Registration and payments must be made utilizing 4-H Connect. The following summer camp dates and costs are tentative:

South Plains 4-H Leadership Camp, **May 26-28** \$170
Registration opens on April 2 at 7am; last year camp was full within 1 hour, it will close when camp is full.
Youth Grades 3rd-7th grade
South Plains College, Levelland

Senior 4-H Leader Lab, **June 22-24** \$150 (tentative)
Registration deadline is June 1-15, or when full.
Youth Grades 8th - 12th grade
High Plains Retreat Center, Canyon

Prime Time #1, **July 12-15** \$250
Texas 4-H Center, Brownwood

Prime Time #2, **July 15-18** \$250
Texas 4-H Center, Brownwood

Horizons, **June 28-July 2** \$300
-Wildlife, Robotics, Vet Science, Woodworking
Youth Grades 4-8
Texas 4-H Center, Brownwood
*Camp Registration for the Texas 4-H Center are completed through their registration system.

4-H Fishing Camp, **June 17-19** \$240
Youth 3rd grade and up
Texas 4-H Center, Brownwood

*Adult supervision may be required for youth attending camp at the Texas 4-H Center

Visit the 4-H Center website for details on each camp

Youth Range Workshop, **June 22-26** (tentative) . . \$400
Youth 14-18
Junction, TX - TTU Campus
Applications available at
<http://tinyurl.com/2017YouthRangeWorkshop>

STEM Camp, **June 17-19** \$240
Texas 4-H Center, Brownwood

Mission Possible Mentor Training, **June 28** \$125
Texas 4-H Center, Brownwood

Mission Possible Camp, **June 29 - July 1** \$175
Texas 4-H Center, Brownwood

Outdoor Adventure Camp, **July 8-10** \$200
Texas 4-H Center, Brownwood

South Plains 4-H Leadership Camp Counselor Applications

Senior age 4-H'ers grades 9-12 are invited to apply to serve as camp counselors at South Plains Leadership Camp. Counselors must be available from **May 24-28**, to plan and conduct camp activities. To apply, counselors must submit an online application to the District 4-H Specialist by *April 1*. Please contact Ronda for the link and she will forward to you.

County 4-H Camp at Texas 4-H Center

Tour sessions will be offered this year for County 4-H Camp at the Texas 4-H Center.

Session I - **July 2-4**, youth \$200/adult \$110;

Session II - **July 6-8**, youth \$200/adult \$100;

Registration information is available on the Texas 4-H Center Website.

We must also have adults who will volunteer to serve as chaperones for this event. If you are interested in attending camp please call Ronda to find out about reserving your spot.

4-H Center Staff Opportunities

Do you want a summer job where you can play with kids, swim, dance, and have fun while gaining valuable leadership experience? Consider applying for a Texas 4-H Center Summer Staff position. The 4-H Conference Center provides an opportunity for you to work in an atmosphere where you will not only impact the lives of young people, but also learn a lot about yourself and make life-long friends. Each position provides valuable leadership training, work experience, fun and profit for individuals who truly desire to be part of a positive summer experience for over 3,000 youth.

Requirements of applicants:

* Successful completion of one year of college or other work by June 1, 2020.

* Be enthusiastic, creative, hardworking and dependable

* Be able to get along with others and work as a team

If are interested in being a part of the summer staff at the 4-H Center, please visit our website at:

<http://texas4hcenter.tamu.edu/about-2/employment/> to fill out an application. ***Applications are due March 22, 2020.***

Lamb and Goat Camp

Howard College will be conducting Lamb Camp - **June** (date not yet available), and Goat Camp - **June 7-9**. Cost is \$100 and applications are currently being accepted, until each camp is full. Registration is available on the Howard College website; just google Howard College Lamb/Goat Camp.

Texas Brigades Wildlife Leadership Camp

4-H'ers may submit applications to be considered to attend either of the Texas Brigades Wildlife Camps. Tuition is \$500 per camp, which covers meals, lodging and supplies. Applications are due by *March 15*. Camps are available to youth ages 13-17.

Rolling Plains Bobwhite Brigade, **June 5-9**, Rising Star;
South Texas Bobwhite Brigade, **June 20-24** at McCoy;
Bass Brigade, **July 14-18**, outside of Santa Anna;
South Texas Buckskin Brigade, **June 14-18**, Sinton;
Ranch Brigade, **July 20-24**, Santa Anna;

North Texas Buckskin Brigade, **July 26-30**, Santa Anna;
Coastal Brigades, **July 28-Aug. 1**, Galveston

Application information is available at

www.texasbrigades.org

Vet Science

Exciting News! The Veterinary Science Certificate Program summer camps are now open. Attached is the survey link for interested 4-H'ers to complete. The application needs to be completed for consideration no later than April 6th. The dates for our two camps are as follows:

Texas A&M Vet Science Camp is **June 8-11, 2020** and the West Texas A&M Vet Science Camp is **July 13-15, 2020**.

Youth will be notified by April 30th whether they will be attending or not and to which camp they will be going to. If you have any questions feel free to contact Tyler Vogel at 806-677-5630 or tyler.vogel@ag.tamu.edu.

https://agrilife.az1.qualtrics.com/jfe/form/SV_eqDXqjaMPceGfMV

2020 Texas 4-H Livestock Ambassador Short Courses

TAMU Kingsville, **June 22-25** - Cost \$250

Texas A&M University **July 20-23** - Cost: \$250

Texas Tech University/West Texas A&M University **July 13-16** - Cost: \$250 **Application Due May 1, 2020**

(Students may participate/apply for either session)

Selection Criteria:

- Senior age (14-18) 4-H youth that have exhibited a superior level of ambition regarding his/her livestock projects
- Students with a profound interest in animal science, animal production and advocacy
- Students have shown advanced leadership qualities and a willingness to help others
- Top 25% class rank

Application Process:

- Applicant goes to:
https://agrilife.az1.qualtrics.com/jfe/form/SV_b9knd7h0VXkbNKB
- Student will complete the application and enter the contact information of supervising County Extension Agent
- CEA will be automatically emailed a recommendation survey
- A selection committee will review the applications and accept up to 25 participants per university

2020 Texas 4-H Equine Ambassador Short Course,
West Texas A&M - Canyon - June 14-17, 2020
Cost: \$250

For information visit: texasyouthlivestock.com

Due to the difficulty in selecting applicants based on written information, 2020 applicants will submit a 2 minute video introduction and justification video along with their online application. Two references of recommendation are required.

Selection Criteria:

- Senior age (14-18) 4-H youth that have exhibited a superior level of ambition regarding his/her horse projects
- Students with a profound interest in equine science and the horse industry in Texas
- Students who have shown advanced leadership qualities and a willingness to help others
- Top 25% class rank

Application Process:

- complete application at:
https://agrilife.az1.qualtrics.com/jfe/form/SV_eVUuz6NEngnkqsB
- Student will complete the application and enter the contact information of supervising County Extension Agent
- CEA will be automatically emailed a recommendation survey
- Applications are due **May 1, 2020**. Applicants will be notified by early **June, 2020** regarding the application result

Texas 4-H Fashion & Interior Design Ambassador Program

Texas 4-H Fashion & Interior Design Ambassador Program is a new opportunity combining the current Texas 4-H Clothing & Textiles Advisory Board and Interior Design & Green Living 4-H projects.

Criteria:

- A senior 4-H member for the 2020-21 school year
- Be passionate for, and active in the 4-H Fashion & Interior Design project
- Willing and available to serve a two-year term
- Provide a minimum of 40 hours of leadership and service
- Attend the MANDATORY ambassador training
- The deadline to apply is March 31.

Application Process:

The application is online and available on the Texas 4-H website; Contact Ronda for assistance.

4-H CLOVER PROJECT

It isn't too late to get involved in the 4-H Clover meetings. Our next meeting will be held on **Wednesday, April 1** at 5:30 pm, with the topic being Gardening. Come and join the fun. The Clover meeting is for youth K-2nd grade who are interested in learning more about 4-H.

ROUNDUP

County 4-H Roundup

April 2 has been scheduled for County 4-H Roundup. Presentations will begin at 5:00 pm; an awards ceremony will be held following all presentations. This event will be held at the County Extension Office. All 4-H participants must sign up by **March 25** by calling the Extension Office, 775-1740. 4-H'ers needing a special judging time, must notify Ronda as soon as possible. Alternate judging will be held, for any 4-H'ers who absolutely cannot participate on April 2, providing there is not competition in the designated category. ***Please remember that 4-H'ers must be eligible according to school U.I.L. rules in order to participate. For competition categories please refer to the State 4-H Roundup Guide available from the County Extension Office or the State 4-H Website.***

Junior, Intermediate and Senior District Roundup

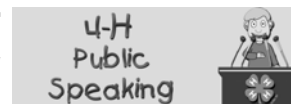
District Roundup will be held on Monday, April 27 (location TBD) beginning at 1 p.m. These competitions will include: Share the Fun, Educational Presentations, and Public Speaking. You must compete at County to advance to District; Contact Ronda for more information.

"How to Do An Educational Presentation" ***Information Meeting***

4-H'ers and parents interested in learning more about the Public Speaking Project should plan on attending this meeting. Information provided at this meeting will assist 4-H'ers and their parents in writing, presenting and preparing visuals for educational presentations, (formerly known as method demonstrations or illustrated talks); as well as covering information about the public speaking contest and share-the-fun's. Share-the-fun categories include: Celebrate 4-H, choreographed routines, poet/prose, vocal and musical/band. The meeting will be held on **Thursday, March 12 at 6:30pm** at the County Extension Office. This project provides youth an excellent

opportunity to develop public speaking skills, even if they hate to talk in front of others. 4-H'ers will present their prepared presentations at **"County 4-H Roundup"**. Participants will advance to District 4-H Roundup.

PLEASE RSVP BY MARCH 10 IF YOU PLAN ON ATTENDING THE MEETING. (775-1740).



4-H RECORDBOOKS

A County 4-H Recordbook Workshop for Beginners will be held on **Wednesday, March 25** beginning at 6:30 pm, and **Tuesday, April 14** at 5:30 pm. The workshops will be held at the County Extension Office Conference Room. *Please RSVP the day before* if you plan to attend, or if you will be late to the meeting.

There were major changes to recordbooks this year, be sure you get the new information.

If you are interested in completing a recordbook, but are unable to attend any of the trainings, please contact Ronda to obtain the correct forms (they will also be posted on the county website.) Do not just go to the State website. For juniors and seniors we utilize different forms at the County and District level. These forms are distributed at the County Recordbook Training.

Advanced Recordbook Training

We will have another "Advanced Recordbook Work Night" on **Tuesday, April 14 at 7 p.m.** at the County Extension Office. This training is for those interested in taking their recordbook to the next level. It will not only focus on how to put the information together, but also include ideas for activities to include in the recordbook.

District and State Recordbook Judging

Attention all 4-H Leaders, if you would like to judge Recordbooks at State or District, please contact Ronda for application information. Applications are due by **June 1st**. This is one of the best ways to learn more about recordbooks.

4-H SCHOLARSHIPS

South Plains Fair/4-H Scholarship

The application for the South Plains Fair/4-H Scholarship is included in this month's 4-H Newsletter. Graduating seniors who meet the required criteria, will turn in the completed

application by *June 22*. For current Freshmen-Senior age 4-H'ers, you need to start documenting the application now – so it will be kept up with as you go through your Senior 4-H career. Please call Ronda if you have questions.

4-H Scholarship Information Meeting

On **Monday, April 20 at 5:30 pm** (After the Youth Board Meeting) we will have a 4-H Scholarship Information meeting. This meeting is for parents of 4-H'ers who are interested in learning about the different scholarships available through 4-H. Parents of any age 4-H'er are welcomed to attend—actually the younger the better, so that you will be fully prepared when it is time to start the application process.

4-H YOUTH AND ADULT ADVISORY BOARD MEETING

The 4-H Youth and Adult Advisory Board will meet on **Wednesday, March 25 at 5:30 pm** at the county Extension Office. We will discuss plans for Marketing the 4-H program. There is an appointed group of youth and adults who serve on this Board - however any youth or adult who is interested is welcome to attend.

4-H PROJECTS



CLOTHING AND TEXTILES PROJECT



4-H Clothing Project

If you are interested in the Fashion Show, Fashion Storyboard, Clothing workshops, the Clothing tour or "Duds to Dazzle" be sure to read the 4-H Clothing Project Newsletter which was mailed the week of February 5th. If you missed it, it is also posted on the County website under Program Areas, 4-H.

Upcoming dates: **March 23** - County Fashion Show, **March 30** - County Duds to Dazzle (don't forget to check out the registration deadlines).

County 4-H Fashion Show

We will have the County 4-H Fashion Show on **Monday, March 23** at the County Extension Office, in conjunction with the Parent Leaders and Teen Council meetings. Entry

materials may be picked up at the County Extension Office and are due by **March 11**. First place winners at County will advance to the District Contest on **April 16** in Lubbock.

Please remember that 4-H'ers must be eligible according to School U.I.L. rules in order to participate.

Clovers, Juniors, Intermediate and Seniors may compete. Judging will begin at 5:00 pm. If a specific judging time is needed, please call in ASAP. A clothing project newsletter was mailed to all families in February; more detailed information was included in that newsletter. The newsletter may also be found on the County website

<http://counties.agrilife.org/lubbock/files/2020/02/CTprjnwsltr20wpd2.pdf>

District 2 Fashion Show Narrator Contest

4-H'ers may apply to serve as narrators for the District 2 4-H Fashion Show. Application and audio tape is due by **April 3**, to the Border County Extension Office. Please contact Ronda for script information.



4-H ENTOMOLOGY PROJECT



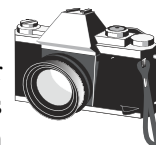
This year we will not have County project meetings for this project. If you are interested, please contact Ronda for Resource/Study materials. District will be held on **Monday, April 27** (location TBD). Registration is due by

April 16.

4-H PHOTOGRAPHY PROJECT

4-H Photography Contest

Complete rules and guidelines for the Senior and Junior/Intermediate Photography Contests are available from the County Extension Office; or may be obtained from the County Website under publications at: <http://lubbock.agrilife.org/>



JUNIOR/INTERMEDIATE CONTEST

INFORMATION: Entries for the County Junior 4-H Photography contest are due to the County Extension Office by Monday, March 23.

1st place entries at county, will then advance to the District Junior/Intermediate Photography Contest. County Awards

will be presented during County 4-H Roundup on **April 2**. **Please review the categories and entry information for specific guidelines, located in this newsletter.**

First Place entries will advance to District.

- Participants may enter only 1 photo in each category and class (for a maximum of 15 entries)
- Junior/Intermediate Entries must be 4"x6" print; they do not need to be mounted. For District this year photos will be submitted electronically; instructions will be provided to first place winners.
- Entries must be labeled on the back of the photo with the following information: Name, Grade/Age Division and Category.

Please read the D2 photo rules and guidelines to see specific requirements for each category. Information is available on the County website under publications - 4-H.

The categories and class requirements are due for both Junior/Intermediate and Senior entries.

CLASSES:

- | | |
|------------------------|-----------------------|
| 1. People; | 9. Enhanced; |
| 2. Animals-Wildlife; | 10. Theme - The |
| 3. Animals-Domestic; | Elements; |
| 4. Motion/Action; | 11. Night; |
| 5. Elements of Design; | 12. Food; |
| 6. Nature & Landscape; | 13. Dominant Color; |
| 7. Plant/flora; | 14. Catch-All; |
| 8. Details & Macro; | 15. Shadow/Silhouette |

SENIOR CONTEST INFORMATION: Entries for the County Senior 4-H Photography contest are due to the County Extension Office by **Monday, March 23**. County Awards will be presented at 7 pm at County 4-H Roundup on **April 2**. 1st place entries at county, will then advance to the State 4-H Photography Contest.

For County, any size of photo may be entered, however the 1st place winner will upload their entries on 4-H Connect, so be sure to keep up with the digital version of the photos you enter.

- Participants may enter only 1 photo in each category and class (for a maximum of 15).

4-H Photography Workshops

We will again have 2 workshops for the 4-H Photography Project. The first workshop is scheduled for **Thursday, March 12 at 5:30 pm** at the County Extension Office. The next workshop will be scheduled at the March 12

meeting. This will be a basic photography workshop conducted by Vikram Baliga.

4-H Parents - Photography Contest

This year we will offer a County Photography Contest for 4-H parents to enter. Entries are same as for 4-H'ers: due **March 23**, 4x6 print. Categories for parents: Dominant Color, Macro/Detail, Animals-Domestic, Animals - Wildlife, Elements of Design, People, Food, Nature/Landscape, Plant/Flora, and Motion. Include name, and category on the back of the photo.



AIMING FOR THE BULL'S EYE



4-H Trap & Skeet (Shotgun) Project

Plans are currently being made for the 4-H Shotgun project this summer. Participation may be limited based on availability of adequate shooting facilities as well as number of certified shooting sports coaches.

This project involves such shotgun games as Trap, Skeet, and 5-stand sporting clays. The District Contest is scheduled for **June 26-27**. Participants should be able to provide their own shotgun (usually 12 or 20 gauge), and ammunition. This project is moderately expensive, with most participants spending at least \$20 per week for ammunition and round fees, plus event registration.

If interested, contact the Lubbock County Extension Office at 806-775-1740, to place your name on the 4-H Shotgun interest list by April 13. The estimated time frame will be mid-April through June.

North Region 4-H Shooting Sports Coach Training

The Texas 4-H Shooting Sports program relies on certified volunteers to conduct project practices and District/State competitive events. If you are interested in being a certified Shooting Sports Coach, contact Ronda at the Lubbock County Extension Office at 806-775-1740.

A North Region 4-H Shooting Sports Coach training for all disciplines is scheduled for **April 4-5** in Lubbock. Registration closes *March 16*, and *volunteer screening must be completed before one can register*. The cost for the training is \$120 for early registration.



4-H HORSE PROJECT

Futurity Horse Project Nominations

All 4-H Futurity nominations are due to the County Extension Office by **April 15**.



4-H'ers must be 12 years old in order to nominate a futurity project. Please contact Ronda for more information; complete information is not currently available.

Horse Validation

Just a reminder that 4-H'ers planning on showing/competing in the District or State Horse Show or the Big 5 Horse Shows must validate their horses by April 15; late application of \$20 per horse is accepted through May 1. Late Validation May 2-5 - \$250; No validation after May 5th.

If you validated horses last year, they are still in the system, you will just need to reactivate them this year. For new families or new horses you will have to upload 3 pictures (front, left and right side views) and registration papers to the website. There is also still a \$10 validation fee per horse - which is paid online this year. Please do not wait until *April 15* to complete this! Contact Ronda for more information.

Contact Ronda if you have questions.

DISTRICT 4-H CONTEST REGISTRATION FEES

Just a reminder that registering for and paying for registration fees for all District 4-H Contests is now the responsibility of the 4-H'er/family. For most contests, registration is done through 4-H Connect. For Shooting Sports, there is also a registration through the District 4-H Shooting Sports Committee. Please pay close attention to contest sign-ups, so that you don't miss anything. Information about these deadlines and costs will be sent with the District Contest Information, following the County competition for those who have qualified or signed up to compete.

DISTRICT 4-H CONTEST REIMBURSEMENT

4-H'ers who have competed in District 4-H contests will be eligible for reimbursement of their registration fees for one Fall and one Spring contest. Those who are eligible for reimbursement will be emailed the form. Please contact Ronda if you have further questions.

4-H SHOTGUN RAFFLE

We need each 4-H families help in buying or selling 4-H Raffle tickets. The Flyer with details is included with the 4-H Newsletter. If each 4-H family would buy one ticket, that would complete our ticket sales. If we are not able to raise funds through this fundraiser, we may have to look at families paying for their own District entry fees for each District 4-H Contest. These fees range from \$10-\$15 per contest, per 4-H'er. We might also have to charge a project fee for County 4-H Projects and contests in order to assist in paying for supplies, equipment and awards. Lubbock County 4-H has been fortunate in the past, that we are able to provide these project activities at a limited or no cost. Please do your part to help in this fundraising process.

Lubbock County 4-H Parent Leaders Association Fundraiser!

*Grand Prize: Weatherby 18i
Waterfowl Semi-Auto Shotgun*



Second Drawing: \$250 Gift Card

\$10 per Ticket

**Tickets may be purchased from
Lubbock County 4-H'ers, Parents or Leaders
Contact Lubbock County Extension Office at 806-
775-1740 for more information**

Drawing will be held on March 23, 2020
(Do not have to be present to win)



Parents and 4-H'ers:

If you have questions about the Lubbock County 4-H program, need assistance or need more information about an event, activity or project, please give us a call. We're here to serve you, but you must let us know when you need assistance or have special interest areas.



Ronda Alexander
County Extension Agent, 4-H
Lubbock County

Lubbock County Extension Staff
P.O. Box 10536, Lubbock, TX 79408
916 Main, Suite 401, Lubbock TX 79401
(806) 775-1740 Fax: (806) 775-1758

E. Kay Davis
CEA-Family & Community Health

Robert Scott
CEA-Agriculture

Nancy Trevino
CEA-Urban Youth Development

Christina Reid
CEA-Horticulture

Cory Edwards
EA-Better Living for Texans

Open
CEA-Agriculture

The information given herein is for educational purposes only. References to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by the Extension Service is implied.

We will seek to provide reasonable accommodations for all persons with disabilities for any of our meetings. We request that you contact Texas A&M AgriLife Extension Service - (806) 775-1740, as soon as possible to advise us of the auxiliary aid or service that you will require.

KAY'S KORNER

by: Kay Davis, CEA-Family and Community Development

Parental Involvement Contributes to Children's Academic Success

Caregivers, teachers, peers, extended family, media, heredity, and the environment all contribute to a child's development; however, parents (if present) are the most powerful influence in the lives of their children. Parental involvement not only shapes development during the initial years of life, but also during the adolescent and adult years.

Given this important role, to what extent should parents be involved in their children's development? According to the National PTA, "Parental involvement is the participation of parents in every facet of the education and development of children from birth to adulthood, recognizing that parents are the primary influence in their children's lives." Parents have a tremendous responsibility to be involved with their children both inside and outside the home

Decades of research have demonstrated that the more involved parents are in their children's development, the greater chance children have to succeed, particularly in their academic performance. Consistently, researchers have discovered that greater parental involvement in a child's education is associated with:

- higher student grades and test scores,
- better attendance,
- higher rates of homework completion,
- more positive student attitudes and behavior,
- higher graduation rates, and
- greater enrollment rates in post-secondary education.

When parents are involved, children achieve more regardless of their socioeconomic level, ethnic/racial background, or the parents' educational level (Henderson & Mapp, 2002).

As recent research on early brain development has shown, positive parental involvement needs to begin long before children enter into formal schooling arrangements. The early years of a child's life are critically important for healthy brain development, attachment formation, and language acquisition. When parents become actively involved with their children at an early age, they lay a foundation for learning that will benefit children for the rest of their lives.

Source: Stephen Green, Ph.D.

Henderson, A.T., & Mapp, K.L. (2002). *A new wave of evidence: The impact of school, family, and community connections on student achievement*. Austin, TX: Southwest Educational Development Laboratory.

National PTA. Online at <http://www.pta.org>

Senior 4-H Food & Nutrition Project Volunteer Leadership Opportunity

Quality Day of Play on **Saturday, March 28** is a community partnership to showcase what quality play looks like and what children can Learn through play (hands-on activities). The Lubbock County Family and Community Health Agent will have an exhibit booth at this event where kids can make their own snack size bag of trail mix. Help is needed from Senior 4-H'ers in the Food and Nutrition projects to help children with sanitizer, gloves, spooning various cereals and dried fruit into their snack size bag. Please contact E. Kay Davis at 775-1740 or Kay.davis@ag.tamu.edu if interested in one of the shifts listed below.

9:00am-11:00 am 4 volunteers needed
11:00am - 1:00 pm 4 volunteers needed
1:00 pm - 2:30 & clean-up 4 volunteers needed



QUALITY DAY OF PLAY

Partnering with:
Community Partners & Texas Rising Star Providers

This FREE event will be on
Saturday, March 28, 2020
10:00am - 2:00pm
For ages Infant to 13 years

Workforce Solutions CCS
2002 W. Loop 289
Lubbock, Texas 79407

ACTIVITIES
Free Books to the first 800 Children
Free Children's Activities
Firetruck and Police Car
Car Seat Checkpoint
Food Available for Purchase
from Food Trucks

This FREE event will showcase what
quality play looks like and what children
learn through play. Quality play matters!

Special appearances by:
Texas Tech Athletics/Cheer/Pom Squad, Daniel Tiger
Parent/Adult must attend event with children. Children cannot be left unattended.

This project is wholly funded with Federal workforce development funds.
Workforce Solutions South Plains is an equal opportunity employer/program.
Auxiliary aids and services are available upon request to individuals with disabilities.
Relay Texas: 711 (Voice) 800-735-2889 (TDD) or Relay Texas Spanish 800-862-4954. A proud partner of the American Job Center network.

NOTES FROM NANCY

by: Nancy Trevino, CEA - Urban Youth Development

Child Abuse Prevention and You

April is National Child Abuse Prevention Month. National Child Abuse Prevention month highlights the importance of working together to prevent child abuse and neglect and promote the well being of children and families. According to the South Plains Coalition for Child Abuse Prevention, there were 1,032 confirmed cases of child abuse in Lubbock County in 2017. This number is double the average number of cases reported for Texas. There were also 172 confirmed child deaths due to child abuse or neglect in Texas in 2017. We also know that an average of 3 children experience child abuse or neglect each day. It is important to reduce the number of Adverse Childhood Experiences (ACES) or traumatic events that a child or teen experiences before age 18. ACES include all forms of child abuse such as physical abuse, sexual abuse, emotional abuse, and neglect. ACES also include parent mental illness, substance use, incarceration, and exposure to domestic violence. It has been well documented since the early 1900's that the greater the number of ACES an individual experiences, the greater their risk for negative outcomes. Negative outcomes linked with ACES include, but are not limited to, poorer physical and mental health, greater substance use, increased risky behaviors, and these

can have lasting negative outcomes well into adulthood. For more information on ACEs, please visit the CDC website for the ACEs Study.

There are several ways that you can get involved in our local Lubbock Community to prevent child abuse and promote the well being of families.

- If you suspect child abuse, please call the Child Abuse Hotline at 1-800-252-5400. Your call could save the life of a child.
- *Go Blue for Child Abuse* by wearing a blue shirt during the month of April and post a picture on your social media pages to bring awareness to child abuse.
- Get out into the community and attend one of the events that helps support groups that work with children and families.
- Participate in the GO BLUE Lubbock Kickoff Event on March 27th at 8:30 am at Covenant Women and Children's Hospital.
- You can attend the 2020 Child Maltreatment Conference presented by the South Plains Coalition to Prevent Child Abuse and Covenant Children's Hospital on **April 3-4, 2020**. Tickets are available online and preregistration is required.
- Sponsor or coordinate a drive for new toys, blankets, or snack supplies for the children who are served by the Children's Advocacy Center of the South Plains. You can find more information at www.safeplace4kids.org.
- Become a Court Appointed Special Advocate (CASA) for a young person who is involved in the foster care system due to experiencing abuse, neglect, or another ACE. To get information about CASA, you can contact Kristen at kristenm@castofthesouthplains.org or call her (806) 763-2272.

We all have heard the adage that it takes a village to raise a child. Please get involved and help support the children and families that live in our local Lubbock community.



Source:
<http://www.covenanthealth.org/about-us/newsroom/news-and-announcements/2019/covenant-childrens-hosts-7th-annual-child-abuse/>



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(Do not have to be present to win)





HEALTHY TEXAS Y • O • U • T • H AMBASSADORS

Become trained and recognized as
a student health and wellness
leader in your community!

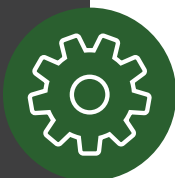
WHO CAN JOIN?

Membership is open to all youth entering at least 9th grade regardless of socioeconomic level, race, color, sex, national origin or disability. Ambassadors will serve a two-year term beginning summer prior to the start of the school year.



WHEN IS TRAINING?

During the summer, ambassadors will attend one of the "Building Healthy Youth to Build a Healthy Texas" Summits. These Summits will lay the foundation for ambassadors to implement health, wellness, nutrition, and safety programs across the state.



WHERE WILL YOU SERVE?

Once training is complete, youth ambassadors will provide 50 hours of service to their community. Hours can be earned through peer-to-peer education, school programs, community programs, and service learning opportunities.



WHAT IS IT ALL ABOUT?

This program is designed for high school age youth who have a passion for health and wellness. Youth will be trained at the local & regional level to become youth health experts who can motivate others to make changes in their lifestyle and improve overall health. More importantly, ambassadors will assist local county extension agents with program efforts, project activities, and much more!

WHY CHOOSE US?

Become a trained student assistant to Texas A&M AgriLife Extension agents, helping to provide leadership with programs.

Become knowledgeable and skilled in the healthy lifestyles subject matter.

Learn to coordinate and present educational events that will encourage better health in your community.

Give 40 hours of service to improve the health of your community.

For more information please contact your local county extension agent or visit the website below.

<https://healthytexas.tamu.edu/youth-ambassadors/>



QUALITY DAY OF PLAY

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Partners



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Providers

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A proud partner of the **AmericanJobCenter** network

Lubbock County 4-H Scholarship Application

Name _____

Address _____ Zip Code _____

4-H Club _____ Years in 4-H _____

Telephone Number _____

4-H member must answer yes to all questions below to be a qualified applicant!

Have you graduated from high school or equivalent during this school year? _____

If yes, from what school? _____

Do you have a current 4-H enrollment profile on 4-H Connect?

Have you completed a recordbook during three of the four years of your Senior 4-H career? _____ If yes, in what category? _____

Have you been an active member of Lubbock County 4-H and your local club for at least three years of your Senior 4-H Career? _____

Have you attended at least five meetings of your local club during your Senior 4-H Career including your Senior year in high school? _____

Date: _____

Signature of 4-H Member

Date: _____

Signature of Parent or Guardian

Date: _____

Signature of Club Manager

Date: _____

Signature of County Agent

Lubbock County 4-H Scholarship Application




4-H'er must complete requirements for the 4-H Barnyard and submit a Recordbook three of the four years of High School, and senior year. Please have an adult leader, club manager or County Extension Agent verify your participation by signing and dating each activity. Try to fill in this information (have club manager /leader/agent sign) as you complete the tasks, rather than waiting until the end. It is much easier to keep up with everything that you do. You could also keep one form for each year.

Event	20 -20	20 -20	20 -20	20 -20
REQUIRED EACH YEAR: South Plains Fair Children's Barnyard OR Extension Sponsored Exhibit (minimum 5 hours/year)	Initial/Date	Initial/Date	Initial/Date	Initial/Date
REQUIRED 3 OUT OF 4 YEARS: Recordbook (completing at least 3 recordbooks as a Senior 4-H'er); must submit graduating senior year;				

4-H'er must complete a minimum of six of the following qualifications three of their four high school years.


Event	20 -20	20 -20	20 -20	20 -20
South Plains Fair Youth Department Entries (minimum 5 entries each year)	Initial/Date	Initial/Date	Initial/Date	Initial/Date
Local 4-H Club Meetings (min. 5/year)				
Teen Council Meetings (min. 5/year)				
Work in Lubbock County 4-H Livestock Show Concession Stand				
Other County-wide 4-H Fundraiser				
County/District 4-H Food & Nutrition Event				
County/District 4-H Clothing & Textiles Event				
County/District 4-H Roundup				
Other District 4-H Competitive Event				
State 4-H Roundup or State Event				
Lubbock County Jr. Livestock Show Exhibitor				
Major Livestock Show Exhibitor				
District/State 4-H Horse Event				
County Veterinary Science Project				
Outreach or other 4-H Community Service Project (approved by CEA)				
Other CEA Approved Projects/Competitions				
Other CEA Approved Leadership Activity				
Camp Staff: County, Electric or Leadership				

**funding is dependent upon available funds

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H MARCH 2020</p>						NOTE: Not all dates are listed on this calendar.
1	2 ●4:30-8pm Clothing Wkshop (Straight Skirt)	3	4	5 ●4:30-6:30 Storyboard Wkshop	6	7
8 Daylight Savings Time - move clocks up 1 hour 	9	10 ●RSVP for 3-12 Public Speaking Meeting ●2:30-6pm Clothing Wkshop (UpCycle T-Shirt) ●4:30 Soils Judging Practices start, CEO	11 ●County Fashion Show entries DUE to CEO	12 ●5:30pm Co. Photography Workshop, CEO ●6:30pm Public Speaking Project Meeting, CEO	13	14
15	16 ●4-8pm Clothing Wkshop (Kimono Long Vest) ●9-5pm Sr./Adv Sewing Workshop	17 Happy St. Patrick's Day 	18 ●9-12:30 Clothing Wkshop (Upcycle T-Shirt) ●2-6pm Clothing Wkshp (Men's Upcycle Dress Shirt)	19	20	21
22	23 ●5pm Co. Fashion Show ●Photos DUE for Co Photography Contest (4-H & Adult) ●PLA Fundraising Shotgun drawing!	24 ●5:30pm Clothing Community Service Project ●RSVP due fo Beg. RB workshop 3-25	25 ●Sign up deadline for Co. Roundup on 4-2 ●5:30pm 4-H Youth & Adult Advisory Board Meeting, CEO ●6:30pm Beginner Recordbook Workshop, CEO	26	27	28 ●Quality Day of Play - Senior 4-H Volunteers Needed - Contact Kay Davis
29	30 ●5pm Duds to Dazzle Practice Contest	31 ●5:30-6:3-pm County-Wide Clothing Tour				

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in Extension-sponsored meetings are encouraged to contact the County Extension Office at 775-1740 to determine how reasonable accommodations can be made.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Texas A&M AgriLife Extension Service Lubbock County 4-H APRIL 2020</p>						NOTE: Not all dates are listed on this calendar.
			1 ●5:30 4-H Clover Project Meeting, CEO	2 ●Co 4-H Roundup, CEO 5pm Presentations 7pm Co. Photo Awards	3	4
5	6 ●6pm Livestock Judging Practice, CEO	7	8	9	10 COUNTY HOLIDAY - Good Friday - CEO Closed	11
12	13 ●RSVP due for Beg. RB workshop on 4-14 ●Call to place name on 4-H Trap & Skeet Interest List	14 ●5:30 Beginner Recordbook Workshop, CEO ●7pm Advanced Recordbook Work Night, CEO	15 ●Furty Horse Proj. Nominations DUE ●Deadline for Horse Validations ●5:30 4-H Awards & Recognition Committee Meeting, CEO ●6:30 4-H Club Manager Training, CEO	16 ●District Fashion Show Contest	17 ●District Horse Judging Contest, Canyon	18 ●District Rifle Contest
19	20 ●5:30 Scholarship Info. Meeting, CEO ●6:30 PLA/Teen Council Meetings, CEO	21 ●District Wool Judging Contest, TTU	22 ●Sign up due for Ranch Day on 4-25	23	24 ●District Livestock Judging Contest, Levelland	25 ●10-4pm Ranch Day at Ranching Heritage Center
26	27 ●District Roundup, Abernathy	28	29	30	MAY 1 Healthy TX Youth Ambassador Program Appl. Due 1 Contact Ronda if Interested in Discover Science Technology Poster Contest 16 District Archery Contest, Floyd Co.	