

4-H Clothing and Textiles Project Lubbock County - Fall 2020

Dear 4-H Family,

Your child is invited to participate in the 4-H Clothing and Textiles Project. Not all 4-H clubs have clothing project groups meeting, therefore there are a variety of county-wide activities that have been planned. Youth must be enrolled through 4-H Connect to participate in any of these activities.



What Is A Clothing and Textiles Project?

A "Project" is a series of educational experiences that 4-H'ers may participate in for in-depth learning about a specific project area. The "Project" may be conducted in a couple of sessions or all in one day. If your club does not currently have a project group meeting, you may form your own project group or project activities may be done on an individual basis. Please let me know if you have any questions or need assistance in coming up with project activities.

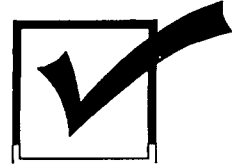
A variety of clothing and textiles project resources and materials are available from the Extension Office. Please check these out from Ronda.

Opportunities

There are several experiences a 4-H'er can participate in that go along with the project. These include tours, demonstrations, project tables, and news articles. These activities may be done as a group or as an individual. Just write it down so that you can keep up with what is done for the project record form.

What Can Parents Do?

Parents can assist in many ways. Contact your project leader or club manager and ask them if there is anything that can be done to assist. Also, be timely in taking and picking up your kids from project meetings. You will also need to assist your children in preparing their entry for the Fashion Show, if they choose to participate.



Clothing and Textiles Objectives:

4-H'ers will:

- develop self-confidence and poise by enhancing personal appearance.
- develop skills in wardrobe planning, selection, storage and care.
- develop skills in purchasing clothing and accessories.
- learn sewing skills by making clothing for themselves and others.
- understand fibers, yarns and processes for making fabric.
- explore careers in clothing, textiles, and related fields.
- develop skills in evaluating garments quality, fit and fashion interpretation.

PROJECT RECORD FORMS

Project record forms may be completed at the end of any 4-H project. At least one form is required to be turned in to be eligible for year end project and year pins. These forms are filled out at the beginning, during and at the completion of any 4-H project. Forms may be picked up at any time at the Extension Office. This is an excellent way for 4-H'ers to begin developing their record-keeping skills. Completed forms are also used in compiling the 4-H Record Book. Please call if you have questions.

COUNTY-WIDE WORKSHOPS

“Beginner’s Sew Sessions”



For 4-H’ers who want to develop their sewing skills, we will be offering a series of “Sewing Workshops.” Projects take approximately 3-4 hours to complete. You may come as soon as school is out.

This year we will offer 5 different sewing projects, however 4-H’ers may only sign up for one weeknight session. Sessions are limited to six 4-H’ers per session, and are available on a first-come/first sign-up basis; an adult must also plan on attending with the 4-H’er. Adult’s are asked to attend in order to assist the 4-H’er (as well as possibly themselves) in learning to sew. Please do not bring additional family members to the workshop. 4-H’ers will leave with a completed garment. We will not be taking a dinner break, so you will want to bring your own snacks!

Sign-up for sessions will begin on October 21, by calling the Extension Office at 775-1740.

The finished garment may be entered in the appropriate category at the County Fashion Show for Junior and Intermediates; Seniors must complete an entire outfit in order to compete in the Fashion Show.

Sewing machines and sewing kits (scissors, pins/pin cushions, measuring tapes) are available for you to use, so you don’t have to go purchase these items; however if you want to sew with your own machine and supplies, please feel to bring your own. *There are some fabrics available to use for these projects at the Extension Office. Please contact Ronda to find out what is available prior to your workshop.*



WHAT SHOULD YOU BRING?

Straight Skirt

- October 26 - 4 - 8 pm

- no pattern required
- one yard cotton, cotton/polyester or denim; more or less dependent upon the child’s size, discuss with Ronda for specifics; width must be able to go around child’s waist and hips
- matching thread
- ½" or 1" elastic (enough to go around waist)

Pajama Pants Workshop

- October 27 - 4 - 8 pm

- pattern - Simplicity 3935, 8022 or 2290
- fabric - read back of pattern envelope to determine fabric amount based on size (preferably fleece, so seams don’t have to be finished-NO KNIT)
- matching thread
- ½" elastic (enough to go around waist)

Recycled Jean Denim Skirt

- November 4 - 4 - 8 pm

- no pattern required!
- one or two pair of men’s jeans (the legs will be cut to make them into a skirt; they should be wide enough to go around your hip/waist with 4-5"
- matching thread
- ½" elastic



Kimono Long Vest

- November 10 - 4 - 8 pm

- adult pattern A6378 (Walmart New Look) (Multi-size pattern - check with Ronda for child size)
 - New Look A8001 or Simplicity 8707
 - matching thread
 - fabric: fleece, faux fur, sherpa, lace or jersey-knit, we want something that doesn’t require finished seams (view pattern-back for amount)
- **FYI - patterns are less expensive at Walmart, if you can find them; also check for the weekly special at Hobby Lobby. I purchased one A6378, that will be a small size that can be used at the workshop.**

Recycled T-Shirt Dress

- November 12 - 4-8 pm

- no pattern required
- bring 2-3 different colored/patterned t-shirts; 1 t-shirt should fit at the shoulders, the other shirts will be cut and sewn together to make the dress
- matching thread

COUNTY COMMUNITY SERVICE PROJECT

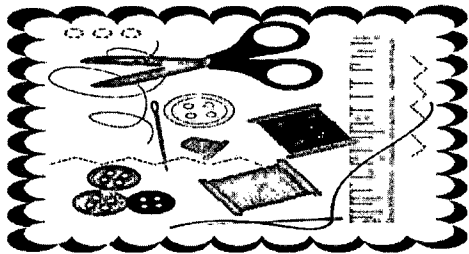
Mac Chaloupka is coordinating this years Clothing Community Service project - **UNDIES FOR EVERYONE**. You may bring your donation of new underwear for children through teenagers to the county Fashion Show or to a Workshop. Donations will be sent to a state-wide project.

COUNTY-WIDE CLOTHING TOUR

- Fashions Under \$15

Mark your calendars for Saturday, November 14 from 2-4 pm; we have a great activity planned for this year. We will meet at Plato's Closet (4835 50th) and then travel to Thrift Store for the Blind. We will have a lesson on consumer suggestions for purchasing garments. For this year's activity, each 4-H'er will be selecting an outfit with a budget of \$15; this could include accessories and shoes - just depends on what you find. You may purchase the outfit or just try it on and take a picture in it. If you decide to purchase the outfit, you may take a picture wearing your outfit and email it to Ronda by Monday, November 16 at noon. She will then prepare a slide show with all of the outfits and show it at the County Fashion Show.

Please RSVP to the Extension Office by Friday, November 15, if you plan to attend. Parents are welcomed to participate as well.



4-H FASHION STORYBOARD CONTEST AND WORKSHOP

The 4-H Fashion Storyboard is an industry-inspired method of displaying original designs. The storyboard "tells the story" of the designer's idea. The storyboard includes original illustrations and flats, as well as additional materials (such as photos from the internet or magazines, paper, fabric swatches, patterns, etc.) that have influenced the unique design.

The purpose of the Fashion Storyboard contest is to give 4-H members an opportunity to create a storyboard of their original design. It also provides the members an opportunity to gain knowledge of the career responsibilities of a fashion designer and illustrator, enhance creativity and originality, and develop visual communication skills.

This year's theme is: "Reinventing Fashion with History."

A county-wide workshop to help put together your Storyboard entry will be held on **Monday, November 23 from 10-3 pm at the County Extension Office**. We think most schools are out this week.

We do have some decorating materials available that you can use (fabrics, trims, fashion magazines, decorative scissors and colored paper), however 4-H'ers must bring the following: 20" by 30" foam core or mat board, scissors, and modge podge/brush; other items to bring include fabric scraps, fashion magazines, decorative scissors, colored/scrapbook paper. Entries may also be prepared digitally; we will discuss both options at the workshop. To learn more about 4-H Fashion Storyboards, you may want to visit the state website at:

<http://fcs.tamu.edu/clothing/4h/packet/index.php>.

We will also have a county contest this year for Storyboard entries. They are due to the County Extension Office by Monday, November 30 at noon; all entries will then advance to District. For District, entries must be submitted virtually through 4-H Online by December 1.

DUDS TO DAZZLE

For Seniors - this contest will be held in the Spring; more details will be shared as they become available.

For Juniors and Intermediates - the District Contest is planned for July 15; the County practice contest will be held prior to that date.

The Duds to Dazzle competition utilizes the 4-H'ers knowledge and skills learned in the clothing and textiles project, while increasing their awareness of the impact of the clothing industry on the environment. In this competition, teams consisting of 3-5 4-H'ers, will redesign and repurpose discarded garments or textiles into a recycled product. The three categories include: wearable, non-wearable and accessory/jewelry. Teams compete as Juniors, Intermediates (may have combined junior and intermediate teams), and Senior teams.

Team members must furnish their own equipment kit for the competition (we have kits available for checkout.)

COUNTY FASHION SHOW

This is an optional activity, in which 4-H'ers construct or purchase a garment and participate in an interview with judges to demonstrate what they have learned through their project.

WHEN: Monday, November 15
(judging to begin at 5:00 pm.)
Awards Program held following completion of judging.

WHERE: Lubbock County Extension Office

ENTRY DEADLINE: Monday, November 9 - 5 pm

If you have special circumstances for judging times, please contact Ronda to determine if an alternate time is available.

According to UIL rules for extra-curricular activities, 4-H'ers must meet school eligibility requirements in order to participate in any competitive event.

AGE DIVISIONS

Junior - 3rd grade -5th grade as of August 31.
Intermediate - 6th - 8th grade as of August 31.
Senior - 9th-12th grade as of August 31.
Clover - K-2nd grade as of August 31; may participate, but do not advance to District.

Visit the following link for the District 4-H Participant Guide:

https://docs.google.com/document/d/1fW7HCsPtQBc8E-deZxVEDUNiNImwCXuJ2_f_WB6s5IE/edit?usp=sharing

SENIOR CATEGORIES

CONSTRUCTION (all garments visible must be constructed):

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends

- **ReFashion:** result of modifying existing clothing or fabric item into something more fashionable; main purpose is creativity and sewing skills; member designs and sews a wearable garment from previously used garments or fabric items; completed

garment is different from original use - not just an alteration; (examples: neck ties sewn together for a skirt or old t-shirts made into a skirt;) Must submit a before and after picture of garment entered.

- **Semi-formal to Formal:** Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same; original material must be fabric and not from recycled items.

- **Theatre/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable.

BUYING (all garments that are visible, must be purchased and included on the buying worksheet;

- **Business/Interview Attire:** entry should be an outfit you would wear for a job interview, scholarship interview, job fair or other professional event. 1. Professional - more traditional, conservative approach; e.g. business suit or blazer, tie and dress slacks for men; business suit, pantsuit, or jacket and dress for women; 2. Business Casual - this trend is more relaxed and comfortable but demonstrates good judgement in choices and displays a neat appearance; e.g. polo shirt with a collar or sweater, khakis or other slacks, dress; moderate length dress or skirt for women.

- **Fantastic Fashions Under \$25:** category designed to expand 4-H'ers shopping experience to include different shopping venues; Outfits must be purchased at a garage sale, consignment sale, Goodwill, Salvation Army or other retail business. Receipts are required for everything that is visible during the interview, except shoes - including accessories; receipts from garage sales may be handwritten; do not need to account for sales tax.

- **Semi-Formal to Formal:** entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. This includes men's suits and tuxedos and women's dressy dresses, formal gowns, wedding dresses, and bridesmaid dresses.



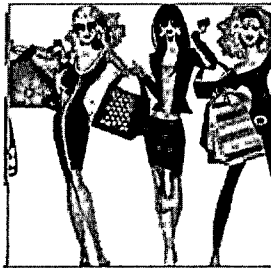
- **Special Interest:** entry should be a specific outfit that you NEED to know how to purchase wisely; should be something that reflects a special interest of the participant such as equestrian clothing and riding apparel, dance costumes, hiking clothing or rock climbing clothing.

NATURAL FIBERS (SENIORS ONLY):

Cotton - each garment entered must contain a minimum of 60% cotton; may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.

Wool/Mohair/Alpaca - Each garment entered must contain a minimum of:

- 60% wool and 40% other fiber.
 - 60% mohair and 40% other fiber.
 - 60% blend of the two fibers and 40% other fiber.
 - 100% wool/mohair blend is also acceptable;
- may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.



JUNIOR and INTERMEDIATE CATEGORIES
(a minimum of one garment is all that is necessary to enter the construction or buying category - participant must specify on entry form garment to be judged)

CONSTRUCTION:

- **Casual Everyday Living, Dressy, Theatre/Costume, or ReFashion and Embellished/Recycled**

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends.
- **Theatre/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these

garments may be made from unusual or innovative materials; imaginative but wearable.

- **Dressy:** ensembles to be worn to church, dinner dates, theater, banquets, job/scholarship interviews.

- **ReFashion or Embellished/Recycled:** any purchased or constructed garment that has been embellished with various trims, beads, paints, etc. or has been re-made for another purpose or look. Iron-ons are allowed if used with other embellishments; no additional items may be carried except for props. Must submit a before and after picture of garment.

BUYING:

- **Casual Everyday Living, Fantastic Fashions Under \$25, Dressy, or Special Interest;**
- refer to above category descriptions.

CLOVER:

- may participate with constructed purchased, or embellished/recycled garment.
-only participates at the county level.

ENTRY REQUIREMENTS

SENIORS

- Entry Form with Narration
- Construction or Buying Division Worksheet (may be picked up from the CEO or downloaded from the County website under 4-H publications, must be submitted with entry)

JUNIOR AND INTERMEDIATE

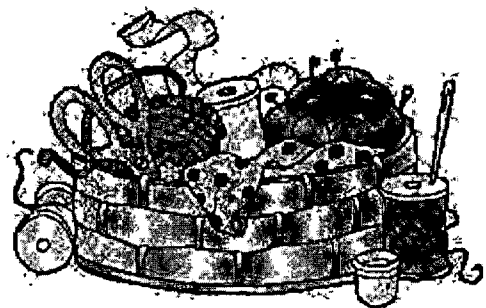
- Entry Form with Narration

CLOVER

- Entry Form with Narration

Entry materials for the Fashion Show are due no later than 5:00 p.m. on Monday, November 9, to the County Extension Office.

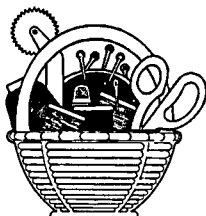
Entry form is included with this newsletter.



OTHER CLOTHING RELATED OPPORTUNITIES

4-H PROJECT SHOW

This year we will not be having a County project show.



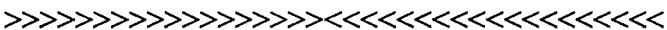
4-H Recordbooks

There is also a clothing and textiles recordbook category. In submitting the recordbook for this category, a 4-H'er would include all of their information related to their clothing and textiles activities, as well as other 4-H projects. Check out the March 4-H Newsletter for the next Recordbook training, if you haven't been to one yet.



Public Speaking/County 4-H Roundup

There are several other opportunities for a 4-H'er to continue their clothing and textiles activities. In the Public Speaking project, a 4-H'er may put together a demonstration or illustrated talk. There are a variety of categories available for almost any educational subject matter, including clothing and textiles or even being a consumer (and using those shopping skills). A Public Speaking Project training will be held on November 5 at 6 pm to help you in preparing the speech.



District Educational Exhibit/Display/Demonstration

This year, 4-H'ers will have the opportunity to put together a virtual exhibit with either a picture of your exhibit or a power point/slide show. It can either be uploaded as a slide, google doc or YouTube slide show; visit the link for the upload information:

https://docs.google.com/forms/d/e/1FAIpQLSfyFFjis_oqXDTTwaKj40RftYuOyMvnSmJYWTA_VivkfJY3w/viewform?usp=sf_link

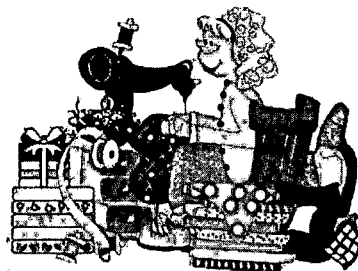
DISTRICT 4-H FASHION SHOW

This year, all 4-H'ers will be able to compete in the District Fashion Show, regardless of county placings. For Junior and Intermediates, District entries will be due on December 1, with a virtual (video-taped) entry of their fashion show garment and interview questions, uploaded to 4-H Online. More information will be provided at the County Fashion Show.

For Seniors - the District Fashion Show will be held in the Spring, closer to State 4-H Roundup. All Seniors are welcomed to participate in the County Fashion Show with the Juniors and Intermediates.

TOP 5 REASONS TO PARTICIPATE IN THE COUNTY 4-H CLOTHING PROJECT

- 5 - It is a reason to go get new clothes!
- 4 - Learning how to sew!
- 3 - Explore your creativity!
- 2 - Improve your posture, self-esteem and self-confidence and develop public speaking skills.
- 1 - You might learn something new!



Please give me a call or make an appointment to come in and visit with me if you have any questions.

Sincerely,

Ronda Alexander
CEA 4-H



LUBBOCK COUNTY 4-H FASHION SHOW ENTRY FORM

Entry Form Due to CEO by November 9, 2020

Name _____
Address _____ City, Zip _____
Phone Number _____ Date of Birth _____
School Name _____ Principal's Name _____
4-H Club _____
Description of Fashion Show Entry _____

Division:

Junior _____

Construction: Casual Everyday Living _____ *ReFashion/Embellished/Recycled _____
Dressy _____ Theatre/Costume _____

Buying: Casual Everyday Living _____ Fantastic Fashions Under \$25 _____
Dressy _____ Special Interest _____

Intermediate _____

Construction: Casual Everyday Living _____ *ReFashion/Embellished/Recycled _____
Dressy _____ Theatre/Costume _____

Buying: Casual Everyday Living _____ Fantastic Fashions Under \$25 _____
Dressy _____ Special Interest _____

Senior _____

Construction: Casual Everyday Living _____ *ReFashion _____
Semi-Formal to Formal _____ Theatre/Costume _____

Buying: Business/Interview Attire _____ Fantastic Fashions Under \$25 _____
Semi-Formal to Formal _____ Special Interest _____

Natural Fiber: Cotton _____ Wool/Mohair/Alpaca _____

* Before/After Photo Required for entry _____

Clover Kid _____

NARRATION: Please keep to less than 30 words. List name, parents, county and one thing about 4-H/favorite thing about 4-H/or something you are looking forward to.)

EXAMPLE: Rae Johnson, daughter of Jim and Sue Johnson of Lubbock County has really enjoyed her first year in the clothing project and learning how to cover buttons. (List
