

Extension At A Glance - Lubbock County

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Agriculture & Natural Resources / 4-H and Youth Development / Family and Consumer Sciences / Community Development

MISSION

**Improving the lives of people, businesses, and communities across Texas and beyond
through high-quality, relevant education.**

Volume 28, Issue III

2021 September/December

Dec. 2021

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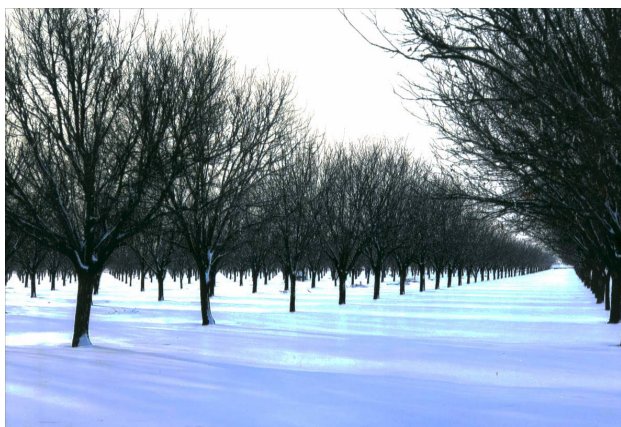
Christina Reid, County Extension Agent - Horticulture

• 2021 Lubbock Master Gardener Association Intern Class

On September 2nd, LMGA began their intern class with fourteen (14) adults entering into the program. The program requires fifty (50) hours of both education and volunteering. Classes continued until October 21, 2021.

• Hub City Garden Tour

On September 5th, The Lubbock Master Gardener Association hosted the first annual Hub City Garden Tour that allowed interested citizens the chance to see behind the gates of six (6) local gardens. Three-hundred sixty (360) tickets were sold.



Reese Bading, Shallowater 4-H Club

- **Oak Wilt Presentation**

On September 11th, Agent Reid gave a presentation on Oak Wilt to the Lubbock Memorial Arboretum's Second Saturday participants.

- **Fall Gardening Presentation**

On September 14th, Lubbock Master Gardeners presented "Fall Gardening" to participants at Godeke Library.

- **Pear Rescue**

On September 30th, Agent Reid rescue harvested 30 pounds of pears and donated them to local Lubbock school cafeterias for students to learn about fall tree fruits. The pears were not going to be able to be harvested and were left to rot on the tree.

- **South Plains Horticulture Newsletter**

On October 1st, Agent Reid began writing a monthly newsletter for those interested in horticulture. To be added to the email distribution list, please email Agent Reid at christina.reid@ag.tamu.edu.

- **2021 Tomato Variety Trial**

Agent Reid conducted a tomato variety trial beginning in April 2021 and ended on November 1st. Results for twenty-five varieties were compiled and put into info-graphics. These are available to view on our website: <http://lubbock.agrilife.org> – Horticulture



- **Star Garden Construction Update**

Agent Reid is assisting Preston Smith Elementary school with the addition of a school garden to provide better hands on horticulture education for students. Construction has continued successfully with the deadline of February 1, 2022.

- **Preston Smith Career Fair**

On October 20th, Agent Reid participated in a professional Career Fair at Preston Smith Elementary school to help introduce students to horticulture and the possible career paths associated with it.

- **Tree ID Walk & Talk Series**

Beginning October 22nd, Agent Reid conducted a new program leading participants through Charles Hoel Park, Texas Tech University Athletics Complex and the Lubbock Memorial Arboretum to learn how to identify and assess tree varieties, health and value.

TREE ID
Walk & Talk Series

AN OUTDOOR LEARNING TREE ADVENTURE

TREE ID
Join in the fun of identifying and assessing tree health on public properties around Lubbock. The data collected will be used by the Texas Forestry Service to calculate our local trees annual monetary value through the Tree Trails App. Smart phone is required.

Walking Tours
Throw on your comfortable walking shoes, fill up your water bottle, and get ready to enjoy the crisp fall Lubbock weather as we will be on foot while learning about trees! Join Lubbock County Horticulture Extension Agent, Christina Reid, while she leads the group through this fun, outdoor educational experience. Please dress for the weather.

Meeting Dates & Locations
Friday, 10/22 1:00pm Phil Hoel Park (tennis courts) 91st & Chicago Avenue Lubbock
Friday, 10/29 1:00pm Texas Tech University (east side of Jones stadium) 2526 Mac Davis Lane Lubbock
Friday, 11/5 1:00pm Lubbock Memorial Arboretum (patio area) 4111 University Avenue Lubbock

REGISTRATION REQUIRED TO ATTEND PLEASE CALL: TEXAS A&M AGRILIFE EXTENSION
CHRISTINA REID, CEA- HORTICULTURE (806) 775-1740

- **Winter Gardening Presentation**

On October 26th, Lubbock Master Gardeners presented "Winter Gardening" to participants at Godeke Library.

4-H and Youth Development

Ronda Alexander, County Extension Agent - 4-H and Youth Development

- **District 4-H Gold Star and Leader Recipients**

On Monday, November 22, four Lubbock County 4-H'ers and two volunteer leaders were honored at the 64th Annual Gold Star Banquet held at the Eberly Brooks Events Center in Lubbock. Gold Star recipients recognized this year were Frenship 4-H Club members - Luke Stutzman and Wyatt Mandrell, Shallowater 4-H Club member - Cutter Bishop, and Wildcat 4-H Club member - Bax Edwards. Also recognized as Distinguished Leaders for Lubbock County were Wyatt and Melissa Crawford, Wildcat 4-H Club Leaders.

- **2021 County 4-H Scholarship Recipients**

This past year, \$20,000 was awarded to Lubbock County 4-H'ers through their 4-H involvement.

Receiving Texas 4-H Foundation Scholarships were: Audrey Crawford - \$10,000 and Bryce Hutson - \$10,000. At the County Achievement Banquet held in August recipients of the \$500 South Plains Fair Scholarships were Bryce Hudson and Audrey Crawford.

- **Texas 4-H Salute to Excellence Recipient**

At Texas 4-H Roundup, Jenny Verkamp, Lubbock 4-H Club Leader was recognized as a recipient of the Texas 4-H Salute to Excellence award. Jenny has served the 4-H community for the past eighteen years and been involved as an active 4-H volunteer for the past 11 years, serving in many different leadership roles for the Wildcat 4-H Club and through Lubbock County 4-H.

- **2021 State 4-H Recordbook Winners**

Winning first place with their State 4-H Recordbooks were Ashlynn Messer - Consumer Education and Mac Chaloupka - Plant and Soil Science. Seven 4-H'ers total had recordbooks which advanced to State judging. Lubbock County also had a total of 40 recordbooks which were submitted for County judging.

- **4-H Youth Ambassadors**

This past year, Lubbock County 4-H had 4-H'ers who stepped up their leadership skills to serve as Texas 4-H Ambassadors. To be a 4-H Ambassador, 4-H'ers must complete approximately hours of training and then return at least 40 hours in service back to the community. Serving Lubbock County this year were: Healthy Texas Youth Ambassadors: Wyatt Mandrell, Mac Chaloupka, and Aaron Chaloupka; Horse Ambassador: David Kendrick; and Photography Ambassador: Joseph Fritz; and Pollinator Ambassadors: Ashlynn Messer, Mac and Aaron Chaloupka.

- **Texas Livestock Ambassadors**

Robert Scott, County Extension Agent - Agriculture

Twenty-five students were selected to participate in the 2021 Texas Livestock Ambassador Program. The Program was held July 27th-30th. The students participated in the Texas 4-H Livestock Ambassador Program to increase their understanding of livestock production knowledge, career development, and higher education and leadership development. After completing the course, the students must contribute 50 hours to youth livestock projects and Texas animal

agriculture. Livestock Ambassadors worked at the South Plains Fair as well as assisting with the market and breeding shows.

- **Grilling Games School**

The 2021 Grilling Games was held on October 16th. This year United Supermarkets agreed to be our Corporate Sponsor. They provided all the awards and food for the contest. Contestants from all across District 2 participated in the event.

Goal were to:

- Implement safe food handling practices.
- Observe and demonstrate basic rules of kitchen safety.
- Select appropriate seasonings.
- Identify nutrients.
- Operate a grill correctly.
- Differentiate between various grills and cleaning methods.

For the 2021 Grilling Games, 44 4-H members competed, representing eight counties in District 2. We had ten seniors (grades 9-12), eighteen intermediates (grades 6-8) and sixteen junior (grades 3-5). Upon arrival, all competitors built their fires on a variety of grills, with parental supervision. They were provided a pork chop, hamburger/chicken/corn. For each category, competitors to season, cook, garnish their boxes, and submit for judging. Each age group and category were blind judged by three volunteers.

Family and Community Health

Cory Edwards, County Extension Agent - Family & Community Health

- **Walk Across Texas!**

Walk Across Texas! Adult is an eight-week program designed to help Texans establish the habit of regular physical activity. Each adult team may include up to 8 team members, all working together to reach the 832-mile goal to make their way across the state of Texas. This year the WAT! Program celebrated it's 25 year anniversary. Lubbock County kicked off a Fall Challenge to join in on the fun on October 4th. Eleven teams and 69 participants "Walked" Across Texas for 8 weeks. The result of this friendly competition was a total of 10,110.88 miles logged as teams "walked" from El Paso to Longview, TX and back.

- Texas Extension Education Association**

The mission of the Texas Extension Education Association, Inc. is to work with the Texas A&M AgriLife Extension Service to strengthen and enrich families through educational programs, leadership development, and community service. The Lubbock Lunch Bunch has lost several members over the past few years but has gained new strength this year with five new members joining. This group meets monthly for an educational program and lunch. In October, Agent Edwards presented a program over internet safety. We will be hosting the state meeting in Lubbock County in September 2022.

- Maintain No Gain**

Agent Edwards, CEA-FCH, was excited to offer a program called Maintain No Gain to Lubbock County employees this holiday season. The goal of the program is to encourage participants to maintain and not gain weight over the holidays.

This 6-week program kicked off on Friday, November 19, 2021 in the Human Resources meeting room from 12:15-1:30 p.m. (come-and-go). At that time, participants registered, paid the \$20 fee, filled out a pre-survey, tried a healthy recipe sample, got an initial weight, and received course materials.



After the initial kick-off, weekly come-and-go sessions and weigh-ins are held on Mondays beginning November 29th and ending January 3rd - same time, same place. At each session, participants may earn up to 3 tickets to be entered into the weekly incentive prize drawing and the grand finale prize drawing for not gaining more than 2 pounds, filling out a fruit and vegetable log, and filling out an exercise log. Our first door prize drawing took place after the kick-off for those who



registered. Asia Rushing was the first winner of a Thyme & Table Wood Board & Silicone Baking Set. Thirty Lubbock County employees have registered and are participating in this program.

Better Living for Texans



- Growing & Nourishing Healthy Communities**

The Growing and Nourishing Healthy Communities Garden Course, which is funded in part, by the Supplemental Nutrition Assistance Program (SNAP), helps increase the availability of fresh produce through teaching participants how to grow fruits and vegetables in community and backyard gardens.

The gardening series includes topics such as how to select the right garden location, planting and watering techniques, controlling insects, and composting. By incorporating cooking demonstrations using the produce grown, participants learn how to prepare the produce they harvest.

A winter garden course began at the Lubbock Dream Center on October 27th, and is continuing through December. Nine participants have planted cool season vegetables in their raised bed gardens. Vegetables planted include cauliflower, broccoli, lettuce, swiss chard, and garlic. Agents Reid and Edwards have collaborated on this project.

Other

- Meet the New Assistant FCH Extension Agent**

Ashlyn Aljoe earned her Bachelor's Degree in Health Science, with a Minor in Management from West Texas A&M University. She will be graduating August 2022 with her MBA in healthcare management from West Texas A&M University.

Previously, she was a gymnastics coach for 8 years in Lubbock, TX and was a substitute teacher at Monterey High School for 5 years.

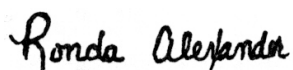


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Ashlyn Aljoe, Asst. EA- Family and Community Health

Christina Reid, CEA-Horticulture
Robert Scott, CEA-Ag & Natural Resources
Brant Baugh CEA-Ag & Natural Resources
Open, EA-BLT
Open, CEA-UYD

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