

## 4-H Clothing and Textiles Project Lubbock County - SPRING 2022

### Dear 4-H Family,

Your child is invited to participate in the 4-H Clothing and Textiles Project. Not all 4-H clubs have clothing project groups meeting, therefore there are a variety of county-wide activities that have been planned. Youth must be enrolled through 4-H Online to participate in any of these activities.



### What Is A Clothing and Textiles Project?

A "Project" is a series of educational experiences that 4-H'ers may participate in for in-depth learning about a specific project area. The "Project" may be conducted in a couple of sessions or all in one day. If your club does not currently have a project group meeting, you may form your own project group or project activities may be done on an individual basis. Please let me know if you have any questions or need assistance in coming up with project activities.

A variety of clothing and textiles project resources and materials are available from the Extension Office. Please check these out from Ronda.

### Opportunities

There are several experiences a 4-H'er can participate in that go along with the project. These include tours, demonstrations, project tables, and news articles. These activities may be done as a group or as an individual. Just write it down so that you can keep up with what is done for the project record form.

### What Can Parents Do?

Parents can assist in many ways. Contact your project leader or club manager and ask them if there is anything that can be done to assist. Also, be timely in taking and picking up your kids from project meetings. You will also need to assist your children in preparing their entry for the Fashion Show, if they choose to participate.



### Clothing and Textiles Objectives:

4-H'ers will:

- develop self-confidence and poise by enhancing personal appearance.
- develop skills in wardrobe planning, selection, storage and care.
- develop skills in purchasing clothing and accessories.
- learn sewing skills by making clothing for themselves and others.
- understand fibers, yarns and processes for making fabric.
- explore careers in clothing, textiles, and related fields.
- develop skills in evaluating garments quality, fit and fashion interpretation.

### PROJECT RECORD FORMS

Project record forms may be completed at the end of any 4-H project. At least one form is required to be turned in to be eligible for year end project and year pins. These forms are filled out at the beginning, during and at the completion of any 4-H project. Forms may be picked up at any time at the Extension Office. This is an excellent way for 4-H'ers to begin developing their record-keeping skills. Completed forms are also used in compiling the 4-H Record Book. Please call if you have questions.

## COUNTY-WIDE WORKSHOPS



### “Beginner’s Sew Sessions”

For 4-H’ers who want to develop their sewing skills, we will be offering a series of “Sewing Workshops.” Projects take approximately 3-4 hours to complete. You may come as soon as school is out.

This year we will offer 4 different sewing projects, however 4-H’ers may only sign up for one weeknight session. Sessions are limited to six 4-H’ers per session, and are available on a first-come/first sign-up basis; an adult must also plan on attending with the 4-H’er. Adult’s are asked to attend in order to assist the 4-H’er (as well as possibly themselves) in learning to sew. Please do not bring additional family members to the workshop. 4-H’ers will leave with a completed garment. We will not be taking a dinner break, so you will want to bring your own snacks!

**Sign-up for sessions will begin on February 14, by calling the Extension Office at 775-1740 or emailing Ronda at: [rd-alexander@tamu.edu](mailto:rd-alexander@tamu.edu).**

Sign-up on the day before each workshop is required.

The finished garment may be entered in the appropriate category at the County Fashion Show for Junior and Intermediates; Seniors must complete an entire outfit in order to compete in the Fashion Show.

Sewing machines and sewing kits (scissors, pins/pin cushions, measuring tapes) are available for you to use, so you don’t have to go purchase these items; however if you want to sew with your own machine and supplies, please feel to bring your own. *There are some fabrics available to use for these projects at the Extension Office. Please contact Ronda to find out what is available prior to your workshop.*



## WHAT SHOULD YOU BRING?

### Straight Skirt

**- February 16 - 4:30 - 8 pm**

- one yard cotton, cotton/polyester or denim; more or less dependent upon the child’s size, discuss with Ronda for specifics; width must be able to go around child’s waist and hips; (no pattern required)
- matching thread
- ½" or 1" elastic (enough to go around waist)

### Pajama Pants Workshop

**- February 22 - 4:30 - 8 pm**

- pattern - Simplicity 3935, 8022 or 2290
- fabric - read back of pattern envelope to determine fabric amount based on size (preferably fleece, so seams don’t have to be finished-NO KNIT)
- matching thread
- ½" elastic (enough to go around waist)

### Recycled Jean Bell Bottoms

**- March 8 - 4:30 - 8 pm**

- one pair jeans that fit at the waist; jean legs will be cut and fabric inserts will be added to make the bell bottoms/flare; (no pattern required)
- ½ yard fabric (for inserts)
- matching thread

### Recycled T-Shirt Dress

**- March 24 - 4:30 - 8 pm**

- bring 1 t-shirt that fits at the shoulders
- bring 1 coordinating woven cotton shirt for bottom of dress (may want to use a man’s shirt - must be wide enough for bottom of dress - no pattern required)
- matching thread

## COUNTY COMMUNITY SERVICE PROJECTS

The Chaloupka Family is coordinating: **UNDIES FOR EVERYONE.** Please bring new underwear for children through teenagers. Donations will be sent to a state-wide project.

The Messer Family is coordinating: **SOCK IT TO YOU.** Please bring men’s, women’s or children’s socks to donate to Grace Campus in Lubbock.

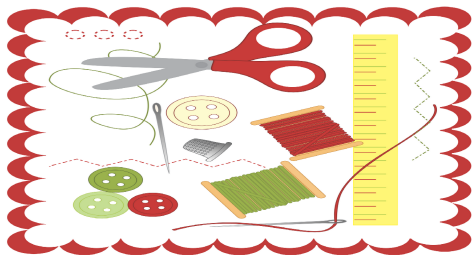
**Donations for either/both projects may be brought to the County Extension Office, to a workshop or to the County Fashion Show.**

## COUNTY-WIDE CLOTHING ACTIVITY

- Fashions Under \$25

Mark your calendars for Friday, February 11 from 5:15 - 6:45 pm; we have a great activity planned for this year. We will meet at Plato's Closet (4835 50th). We will have a lesson on consumer suggestions for purchasing garments. For this year's activity, each 4-H'er will be selecting an outfit with a budget of \$25; this could include accessories and shoes - just depends on what you find. You may purchase the outfit or just try it on and take a picture in it and email it to Ronda by Monday, March 21 at noon. She will then prepare a slide show with all of the outfits and show it at the County Fashion Show.

Please RSVP to the Extension Office by Thursday, February 10, if you plan to attend. Parents are welcomed to participate as well.



## 4-H STORYBOARD CONTEST AND DESIGNER WORKSHOP

The 4-H Storyboard is an industry-inspired method of displaying original designs. The storyboard "tells the story" of the designer's idea. The storyboard includes original illustrations and flats, as well as additional materials (such as photos from the internet or magazines, paper, fabric swatches, patterns, etc.) that have influenced the unique design.

The purpose of the Storyboard contest is to give 4-H members an opportunity to create a storyboard of their original design. It also provides the members an opportunity to gain knowledge of the career responsibilities of a designer and illustrator, enhance creativity and originality, and develop visual communication skills.

This year's theme is: "Get Out and Explore."

A county-wide meeting to help you get your Storyboard started will be held on **Thursday, February 17 from 4:45 - 6:15 pm at the County Extension Office.**

We will cover the Storyboard information and how to put one together, as well as have an interior designer provide us with basic information about design, colors and patterns. Entries may be prepared digitally or using actual fabric, boards and accessories; we will discuss both options at the meeting. To learn more about 4-H Storyboards, you may want to visit the state website at:

<http://fcs.tamu.edu/clothing/4h/packet/index.php>.

We will also have a county contest this year for Storyboard entries. They are due to the County Extension Office by Monday, March 21; all entries will then advance to District. For District, entries must be submitted virtually through 4-H Online by April 11. Only one entry may be submitted for District.



## DUDS TO DAZZLE

The Duds to Dazzle competition utilizes the 4-H'ers knowledge and skills learned in the clothing and textiles project, while increasing their awareness of the impact of the clothing industry on the environment. In this competition, teams consisting of 3-5 4-H'ers, will redesign and repurpose discarded garments or textiles into a recycled product. The three categories include: wearable, non-wearable and accessory/jewelry. Teams compete as Juniors, Intermediates (may have combined junior and intermediate teams), and Senior teams.

Team members must furnish their own equipment kit for the competition (we do have some kits available for checkout on a first-come basis.)

The County Duds to Dazzle practice contest will be held on April 11 at 6 pm at the County Extension Office; entries to participate are due by April 4. The District Contest will be held on Thursday, April 21 at 9 am at the Lubbock County Extension Office.

## COUNTY FASHION SHOW

This is an optional activity, in which 4-H'ers construct or purchase a garment and participate in an interview with judges to demonstrate what they have learned through their project.

**WHEN:** Monday, March 28  
(judging to begin at 5:00 pm.)  
Awards Program held following completion of judging.

**WHERE:** Lubbock County Extension Office  
**ENTRY DEADLINE:** Monday, March 21 - 5 pm

If you have special circumstances for judging times, please contact Ronda to determine if an alternate time is available.

*According to UIL rules for extra-curricular activities, 4-H'ers must meet school eligibility requirements in order to participate in any competitive event.*

### AGE DIVISIONS

Junior - 3rd grade - 5<sup>th</sup> grade as of August 31.  
Intermediate - 6<sup>th</sup> - 8<sup>th</sup> grade as of August 31.  
Senior - 9th-12th grade as of August 31.  
Clover - K-2nd grade as of August 31; may participate, but do not advance to District.

All Junior, Intermediate and Senior entries may advance to the District competition.

### **SENIOR CATEGORIES**

**CONSTRUCTION** (all garments visible must be constructed):

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends

- **ReFashion:** result of modifying existing clothing or fabric item into something more fashionable; main purpose is creativity and sewing skills; member designs and sews a wearable garment from previously used garments or fabric items; completed garment is different from original use - not just an alteration; (examples: neck ties sewn together for a skirt or old t-shirts made into a skirt;) **Must submit a before and after picture of garment entered.**

- **Semi-formal to Formal:** Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same; original material must be fabric and not from recycled items.

- **Theatre/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable.

**BUYING** (all garments that are visible, must be purchased and included on the buying worksheet - for District a worksheet is not required, but is required for State Qualifying entries);

- **Business/Interview Attire:** entry should be an outfit you would wear for a job interview, scholarship interview, job fair or other professional event. 1. **Professional** - more traditional, conservative approach; e.g. business suit or blazer, tie and dress slacks for men; business suit, pantsuit, or jacket and dress for women; 2. **Business Casual** - this trend is more relaxed and comfortable but demonstrates good judgement in choices and displays a neat appearance; e.g. polo shirt with a collar or sweater, khakis or other slacks, dress; moderate length dress or skirt for women.

- **Fantastic Fashions Under \$25:** category designed to expand 4-H'ers shopping experience to include different shopping venues; Outfits must be purchased at a garage sale, consignment sale, Goodwill, Salvation Army or other retail business. **Receipts are required for everything that is visible during the interview**, except shoes - including accessories; receipts from garage sales may be handwritten; do not need to account for sales tax.

- **Semi-Formal to Formal:** entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same. This includes men's suits and tuxedos and women's dressy dresses, formal gowns, wedding dresses, and bridesmaid dresses.



- **Special Interest:** entry should be a specific outfit that you NEED to know how to purchase wisely; should be something that reflects a special interest of the participant such as equestrian clothing and riding apparel, dance costumes, hiking clothing or rock climbing clothing.

#### **NATURAL FIBERS (SENIORS ONLY):**

**Cotton** - each garment entered must contain a minimum of 60% cotton; may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.

**Wool/Mohair/Alpaca** - Each garment entered must contain a minimum of:

- 60% wool and 40% other fiber.
  - 60% mohair and 40% other fiber.
  - 60% blend of the two fibers and 40% other fiber.
  - 100% wool/mohair blend is also acceptable;
- may be constructed or purchased; must be a complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric.



#### **JUNIOR and INTERMEDIATE CATEGORIES**

(a minimum of one garment is all that is necessary to enter the construction or buying category - participant must specify on entry form garment to be judged)

#### **CONSTRUCTION:**

- **Casual Everyday Living, Dressy, Theatre/Costume, or ReFashion and Embellished/Recycled**

- **Casual Everyday Living:** includes casual sportswear, sleepwear, clothing for school, casual after-school events or hanging out with friends.

- **Theatre/Costume:** garment intended for use as a costume, which would include stage production. May be sewn from fabric or another garment; these garments may be made from unusual or innovative materials; imaginative but wearable.

- **Dressy:** ensembles to be worn to church, dinner dates, theater, banquets, job/scholarship interviews.

- **ReFashion or Embellished/Recycled:** any purchased or constructed garment that has been embellished with various trims, beads, paints, etc. or has been re-made for another purpose or look. Iron-ons are allowed if used with other embellishments; no additional items may be carried except for props. **Must submit a before and after picture of garment.**

#### **BUYING:**

- **Casual Everyday Living, Dressy, or Special Interest;**

- refer to above category descriptions.

**Fantastic Fashions Under \$25:** This category is designed to expand the 4-H member's shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories. Do not need to account for sales tax.

**COPY OF RECEIPTS REQUIRED FOR ENTRY!**

#### **CLOVER:**

- may participate with constructed purchased, or embellished/recycled garment.
- only participates at the county level.

#### **ENTRY REQUIREMENTS**

- Entry Form with Narration

**Entry materials for the Fashion Show are due no later than 5:00 p.m. on Monday, March 21 to the County Extension Office.**

**Entry form is included with this newsletter.**

#### **District Educational Exhibit/Display/Demonstration**

This year, 4-H'ers will have the opportunity to display an exhibit at the District Fashion Show, during the Fashion Show. Please complete the attached link by April 11 for your exhibit:  
<https://forms.gle/TmZqHe4sffN34NAH7>



## 4-H PROJECT SHOW

- Yarn: Crocheting, Knitting and Weaving
- Counted Cross Stitch
- Sewing: Apron, Pillow/case, Household, and Personal Use
- Quilting: Machine Pieced Quilt - Hand Quilted and Machine Pieced Quilt - Machine Quilted
- Crafts: Holiday, Wood Working, Leather Work, Jewelry, Paper Work, Home Decor and Misc.
- Embroidery: Hand Embroidery, Machine Embroidery
- Art Work: Drawing - Black and White, Color; Painting - Oil, Water Colors

## 4-H Recordbooks

There is also a clothing and textiles recordbook category. In submitting the recordbook for this category, a 4-H'er would include all of their information related to their clothing and textiles activities, as well as other 4-H projects. Check out the March 4-H Newsletter for the next Recordbook training, if you haven't been to one yet.

[illegible]

5 - It is a reason to go shopping!

#### 4 - Learning how to sew and have fun!

### 3 - Explore your creativity!

2 - Improve your posture, self-esteem and self-confidence and develop public speaking skills.

1 - You might learn a life-long skill!

Curious on how to style your favorite piece of clothing and become the next trend setter? This is the class for you! This series will cover the consumer aspect of Fashion Show. The series will be held on Thursdays, February 24, March 3 and March 10 from 4:45 - 6 pm, each week.

We will cover the different styles of clothing, plus what to wear for different occasions. There will be fun games to build the perfect outfit for an event and how to style different patterns and colors. Lastly, we will let you make your own design, by tie-dyeing a t-shirt. Participants will need to bring their own white t-shirt for the activity.

Bring your favorite piece of clothing to class! We will talk about how to style your favorite shirt, skirt or even shoes. We will be covering how to shop on a budget and get your money's worth.

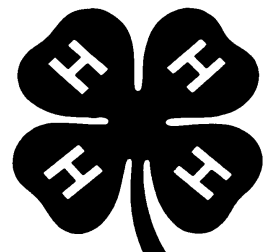
Place to be determined.



Please give me a call or make an appointment to come in and visit with me if you have any questions.

Sincerely,

Ronda Alexander  
CEA 4-H



# LUBBOCK COUNTY 4-H FASHION SHOW ENTRY FORM

Entry Form Due to CEO by March 21, 2022

Name \_\_\_\_\_  
Address \_\_\_\_\_ City, Zip \_\_\_\_\_  
Phone Number \_\_\_\_\_ Date of Birth \_\_\_\_\_  
School Name \_\_\_\_\_ Principal's Name \_\_\_\_\_  
4-H Club \_\_\_\_\_  
Description of Fashion Show Entry \_\_\_\_\_

## Division:

Junior \_\_\_\_\_

Construction: Casual Everyday Living \_\_\_\_\_ \*ReFashion/Embellished/Recycled \_\_\_\_\_  
Dressy \_\_\_\_\_ Theatre/Costume \_\_\_\_\_

Buying: Casual Everyday Living \_\_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_\_  
Dressy \_\_\_\_\_ Special Interest \_\_\_\_\_

Intermediate \_\_\_\_\_

Construction: Casual Everyday Living \_\_\_\_\_ \*ReFashion/Embellished/Recycled \_\_\_\_\_  
Dressy \_\_\_\_\_ Theatre/Costume \_\_\_\_\_

Buying: Casual Everyday Living \_\_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_\_  
Dressy \_\_\_\_\_ Special Interest \_\_\_\_\_

Senior \_\_\_\_\_

Construction: Casual Everyday Living \_\_\_\_\_ \*ReFashion \_\_\_\_\_  
Semi-Formal to Formal \_\_\_\_\_ Theatre/Costume \_\_\_\_\_

Buying: Business/Interview Attire \_\_\_\_\_ Fantastic Fashions Under \$25 \_\_\_\_\_  
Semi-Formal to Formal \_\_\_\_\_ Special Interest \_\_\_\_\_

Natural Fiber: Cotton \_\_\_\_\_ Wool/Mohair/Alpaca \_\_\_\_\_

\* Before/After Photo Required for entry \_\_\_\_\_

Clover Kid \_\_\_\_\_

NARRATION: Please keep to less than 30 words. List name, parents, county and one thing about 4-H/favorite thing about 4-H/or something you are looking forward to.)

EXAMPLE: Rae Johnson, daughter of Jim and Sue Johnson of Lubbock County has really enjoyed her first year in the clothing project and learning how to cover buttons. (List

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## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_

4-H Club \_\_\_\_\_

Age Division:

Clover ☐

Intermediate ☐

Junior ☐

Senior ☐

Embroidery:      Hand Embroidery ☐  
Machine Embroidery ☐

Yarn:              Crocheting ☐  
Knitting ☐  
Weaving ☐

Counted Cross Stitch ☐

Sewing:           Apron ☐  
Pillow/case ☐  
Household ☐  
Personal Use ☐

Machine Pieced Quilt:      Hand Quilted ☐  
Machine Quilted ☐

Crafts:            Holiday ☐  
Wood Working ☐  
Leather Work ☐  
Jewelry ☐  
Paper Work ☐  
Home Decor ☐  
Misc. ☐

Art Work:          Drawing (black & white/color) ☐  
Painting (oil/water color) ☐

## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_

4-H Club \_\_\_\_\_

Age Division:

Clover ☐

Intermediate ☐

Junior ☐

Senior ☐

Embroidery:      Hand Embroidery ☐  
Machine Embroidery ☐

Yarn:              Crocheting ☐  
Knitting ☐  
Weaving ☐

Counted Cross Stitch ☐

Sewing:           Apron ☐  
Pillow/case ☐  
Household ☐  
Personal Use ☐

Machine Pieced Quilt:      Hand Quilted ☐  
Machine Quilted ☐

Crafts:            Holiday ☐  
Wood Working ☐  
Leather Work ☐  
Jewelry ☐  
Paper Work ☐  
Home Decor ☐  
Misc. ☐

Art Work:          Drawing (black & white/color) ☐  
Painting (oil/water color) ☐

## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_

4-H Club \_\_\_\_\_

Age Division:

Clover ☐

Intermediate ☐

Junior ☐

Senior ☐

Embroidery:      Hand Embroidery ☐  
Machine Embroidery ☐

Yarn:              Crocheting ☐  
Knitting ☐  
Weaving ☐

Counted Cross Stitch ☐

Sewing:           Apron ☐  
Pillow/case ☐  
Household ☐  
Personal Use ☐

Machine Pieced Quilt:      Hand Quilted ☐  
Machine Quilted ☐

Crafts:            Holiday ☐  
Wood Working ☐  
Leather Work ☐  
Jewelry ☐  
Paper Work ☐  
Home Decor ☐  
Misc. ☐

Art Work:          Drawing (black & white/color) ☐  
Painting (oil/water color) ☐

## 4-H COUNTY PROJECT SHOW

Name \_\_\_\_\_

4-H Club \_\_\_\_\_

Age Division:

Clover ☐

Intermediate ☐

Junior ☐

Senior ☐

Embroidery:      Hand Embroidery ☐  
Machine Embroidery ☐

Yarn:              Crocheting ☐  
Knitting ☐  
Weaving ☐

Counted Cross Stitch ☐

Sewing:           Apron ☐  
Pillow/case ☐  
Household ☐  
Personal Use ☐

Machine Pieced Quilt:      Hand Quilted ☐  
Machine Quilted ☐

Crafts:            Holiday ☐  
Wood Working ☐  
Leather Work ☐  
Jewelry ☐  
Paper Work ☐  
Home Decor ☐  
Misc. ☐

Art Work:          Drawing (black & white/color) ☐  
Painting (oil/water color) ☐