

CURRICULUM FEATURES:

Your students will love learning about plants, why they need to grow, how plants provide for our needs, and how a class can work together to provide for the garden.

LEARN!



Help your class create an easy-to-build and even easier-to-maintain thriving garden that they will help plant, care for and harvest.

GROW!

Give your class a taste of what's growing in their garden. Together, students will describe their senses when sampling fresh fruits and vegetables and the classroom-friendly Garden Kitchen Recipes they have helped prepare.

EAT!



From garden yoga poses to running up and down the stem of a plant, your class will enjoy the fun as well as the brain and body-boosting benefits of the weekly activities featured in the "GO" activities of the curriculum.

GO!

RESOURCES:

Early Childhood Learn, Grow, Eat & Go Website & Teacher Resources:

www.JMGkids.us/earlychildhood

Order Curriculum:
www.JMGkids.us/store 979-985-5259

Social Media:

Facebook:

@juniormastergardener

Instagram: @JMGkids

Twitter: @JMGKids



PARENT ENGAGEMENT

Connecting learning at school to your students' homes can make the *Early Childhood Learn, Grow, Eat & Go!* Curriculum and garden project more effective, more meaningful, more sustainable, and more fun. Novel and proven parent engagement resources inform families about what their students are doing in the classroom and empower them to be a part of it at home!



When young students are engaged, active learners & can get their hands dirty growing vegetables with a school garden project, they'll also be growing a host of academic/social/emotional gains, health benefits, their parents will be more engaged & schools will be connecting enthusiastic learning to students' homes/families.

ABOUT EARLY CHILDHOOD LEARN, GROW, EAT & GO!

The *Early Childhood Learn, Grow, Eat & GO!* curriculum project of the Junior Master Gardener® Program combines **plant and garden learning**, **food exposure**, **brain & body-boosting physical activities**, and novel **parental/school community engagement**.



Each day of the *Early Childhood Learn, Grow, Eat & Go!* curriculum provides rich, engaging lessons, group

activities, and a host of proven, teacher developed around supporting weekly plant part themes:

- **Week 1: Plant Needs & Plant Parts**
- **Week 2: Seeds & Roots**
- **Week 3: Stems & Leaves**
- **Week 4: Flowers & Fruit**

To maximize student learning, a weekly featured song, literature connections, and garden journal prompts are incorporated into each day of the *Early Childhood Learn, Grow, Eat & Go!* curriculum.

TIME FOR COMPLETION

This is a 4-week garden-based unit incorporating a daily lesson, group activity & garden journal prompt. All lessons and group activities are designed to be completed within 10 to 15 minutes. Depending on the growing season, vegetable gardens can continue to be harvested long after the initial 4 weeks.



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.



HOW TO START

By following the step-by-step *Early Childhood Learn, Grow, Eat & GO!* curriculum and using teacher-friendly resources makes starting a successful garden curriculum project easier than you might think!

EARLY CHILDHOOD CLASSES

Early Childhood LGEG is specifically designed for teachers of 4 & 5-year-old students. Content of this curriculum has been written by Head Start teachers, kindergarten teachers, and content experts. All lessons and activities have been reviewed, tested, and creatively presented to maximize age-appropriate cognitive learning, while encouraging positive behavioral change for better health.

